



RAMSEY COUNTY

2019

COMMUNITY EVENTS and SOCIAL ACTIVITIES

FOR PEOPLE LIVING with MENTAL ILLNESS

Compiled by

The Ramsey County Citizens' Adult Mental Health Advisory Council

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This is a continuous document. If you have events to add, please contact Kristen Jackelen at (651) 266-4423 or through email at kristen.jackelen@co.ramsey.mn.us

ALL SUMMER LONG

City of Ramsey – The Draw Summer Events Series

'The Draw' Summer Event Series takes place every Thursday night from June to September. Event often featured include: concert style music, dueling pianos, comedians, live radio broadcasts and much more. Several events also featured free product giveaways from local companies. Food and drinks will be available for purchase during events. Farmers' market will be adjacent to the amphitheater in 'The Draw' every Thursday! 'The Draw' is located at 7401 E. Ramsey Parkway, Ramsey, MN 55303. The City of Ramsey Foundation coordinates and plans 'The Draw' Summer Event Series. For more information, visit <http://www.ci.ramsey.mn.us/DocumentCenter/View/2294/The-Draw-Summer-Concert-Series-Flyer-2019-PDF?bidId=>

Lowertown First Fridays

May through September

Lowertown First Fridays is an association of artists who open their studios (or have an established gallery arrangement) on the first Fridays of each month. There are 6 buildings listed on the website open to the public from 6:00 to 10:00 p.m. This event runs from May through September between the spring and fall official St. Paul Art Crawl. For information on the selected buildings open for First Friday events visit <https://lowertownfirstfridays.wordpress.com/>.

Minneapolis Parks Concert Season

Minneapolis puts on over 250 concerts at five venues covering just about every musical style. Concerts are held almost every evening beginning in early June at Lake Harriet Band Shell, Minnehaha Park, Father Hennepin Bluffs Park, Bryant Square Park and Nicollet Island Amphitheater. Concerts run from June to August. For more information, call 612-230-5400 or visit https://www.minneapolisparcs.org/activities_events/music_movies/

Movies in the Parks – St. Paul

Bring a picnic basket, blanket and lawn chair and enjoy the movie on the giant screen under the stars in the sky! Each week a new movie will be featured at one of the area parks in St. Paul and its surrounding suburbs. Movies begin at dusk and are subject to change. Some sites have pre-movie activities. All children 10 & under must be accompanied by an adult. Movies are shown from July through September. For more information, call 651-266-6400 or visit www.st.paul.gov. [2019 Movies in the Parks Flyer](#).

Music and Movies in Mears Park – Downtown St. Paul

Every Thursday June-September

This free 12-week concert series features local musicians, food, beer and wine, movies and more on Thursday nights throughout the summer in Mears Park. The event takes place in the Lowertown area of downtown Saint Paul, which is on the National Register of Historic Places. Admission is free. Concerts from mid-June until August. For information, or in the event of bad or questionable weather, call 651-248-0857 or visit www.stpaul.gov.

Nine Nights of Music Series

July-August

This popular series presents rich and vibrant rhythms and sounds of Minnesota's multi-cultural community at free outdoor performances at the Minnesota History Center. Bring a chair or blanket and a picnic, or purchase food at the History Center's Cafe Minnesota. Admission is free. For more information, visit www.mnhs.org.

Ordway's Summer Dance Series

Every Thursday June-August

This weekly dance event offers free dancing and music in Landmark Plaza in downtown Saint Paul. The series highlights a different music genre and dance technique every Thursday with basic lessons by professional dance companies and live music by local bands. Admission is free. For more information, visit www.ordway.org.

Roseville Summer Performance in the Park

Roseville's summer music and entertainment is all at Central Park. The Central Park Frank Rog Amphitheater is the venue, and from June through August there's a wide variety of music and family-friendly entertainment. For more information, visit <http://www.cityofroseville.com/parks> or call 651-792-7006.

St. Paul Music in the Parks

Hundreds of afternoon and evening concerts in just about every musical style in Como Park, Phalen Park, Raspberry Island, and Rice Park in St. Paul. All events are free, with the

exception of the Thursday, Friday and Saturday Theater Performances. Concerts runs from June through August. For more information, visit www.stpaul.gov.

Twin Cities Mobile Jazz Project

For more information, visit www.twincitiesmobilejazzproject.org or call 651-274-9956

April

St. Paul Art Crawl

The Art Crawl is held twice a year in Lowertown St. Paul. The Art Crawl features artists displaying and selling their original art at 24 building locations throughout the city, primarily in Lowertown. The St. Paul Art Crawl has extended to locations along University and Grand Avenues, and the East and Westside neighborhoods of St. Paul. Spring and fall events include special art events for the whole family, as well as musical performances. For more information, visit www.stpaulartcrawl.org.

May

Art in Bloom

Minneapolis Institute of Arts, 2400 Third Avenue South

The event features 150 displays of flower arrangements inspired by the museum's permanent art collection, free admission. For more information, visit www.artmia.org/art-in-bloom.

June

Grand Old Day

Saint Paul's annual first rite of summer, Grand Old Day, takes place along historic Grand Avenue and features activities for all ages including: sporting events, Grand Old Day Parade, an Entertainment District with over 20 local bands, an Art District showcasing regional artists, a Family Fun District, a Sporting District, and over 140 outdoor food and merchandise vendors! Attracting over 250,000 people to this one-day event, you'll have a grand time. Free Admission.

Flint Hills International Children's Festival

During the Family Weekend, downtown Saint Paul comes alive with family-friendly events! The parks around the Ordway fill with free arts activities, art exhibits and performances on the festival's two outdoor stages and in the surrounding parks...all for free. For more information, visit www.ordway.org.

North Star Grand Prix Downtown Saint Paul

Saint Paul is excited to host the North Star Grand Prix Bike Race. Pro-racing is a dazzling sport that can only be fully appreciated in person. See the colorful blur of racers fly around Rice Park and past the Xcel Energy Center, Landmark Center and Saint Paul Hotel. These racers need your energy so come prepared to cheer, clap your hands, stomp your feet and drive these racers to a higher level for free. For more information, visit <https://www.exploreminnesota.com/events/28300/north-star-grand-prix-stillwater-bicycle-festival>.

Northern Spark - Minneapolis Riverfront

Minneapolis and St. Paul rotate hosting this event.

Northern Spark is an overnight event where artists and anyone who wants to share their ideas about experimental performance art can find a venue. Events will be scattered around the Minneapolis riverfront and throughout the downtown area. Explore giant video projections, play in temporary installations, and enjoy experimental performances in green spaces and under bridges. For more information, visit: <https://2019.northernspark.org/>.

Back to the 50s Minnesota Car Show

Only in Saint Paul will you find over 11,000 slick hot rods in one location. Over 125,000 spectators join in on the action and cruise down to the State Fairgrounds to feel the vibe of America's past golden ages each year. For more information, visit <https://msrabacktothe50s.com/>

Twin Cities Pride Festival and Family Picnic

The Pride family picnic takes place the week before the festival at Midway Stadium. The Pride Festival, located in Loring Park in Minneapolis, features over 400 exhibitors, 40 food and beverage booths, 20 sponsors and 300,000+ visitors participating in this free celebration of the GLBTQ community. Admission is free. For more information, visit www.tcpride.org.

Twin Cities Jazz Festival

One of the largest free civic events in the upper Midwest, Twin Cities Jazz Festival attracts thousands of people to Mears Park annually to celebrate Jazz music for three days in the popular Lowertown neighborhood of Saint Paul. Admission is free. For more information, visit www.hotsummerjazz.com.

NAMI Ramsey County Picnic

For more information, visit www.namiramseycounty.org.

JULY

Ramsey County Fair

For more information, visit <http://www.ramseycountyfair.com/schedule.htm>.

Dragon Boat Festival

Lake Phalen Park in St. Paul, Minnesota, comes alive with two days of colorful, traditional dances and music to showcase the performance arts of Asia. Dances form the ceremonial to the theatrical and are as varied as the colors on the performers' authentic costumes! Admission is free. For more information, visit www.dragonfestival.org.

Rondo Days Celebration

The Rondo Day Festival celebrates the best and brightest of Minnesota's African-American stories, achievements and culture. It reunites a dispersed people, welcomes new neighbors and encourages everyone to be mindful of the extent to which neighborhoods nourish our souls. For more information, visit <http://rondoavenueinc.org/>.

AUGUST

Uptown Art Fair Loring Park Festival/Powderhorn Art Fair

Uptown Art Fair is held on the first weekend in August and features artists selling their work such as sculpture, painting, jewelry, ceramics, and more. The fair is located in the Uptown area of Minneapolis and partners with Loring Park Festival and Powderhorn Art Fair. Buses are available to transport patrons between the parks. For more information, visit <http://uptownartfair.com/>.

Irish Fair

The Irish Fair at Harriet Island Regional Park in St Paul, features traditional step and group dance, music and Gaelic sporting events, Celtic marketplace and food, cultural displays, native Irish hound competitions. For more information, visit www.irishfair.com.

IndiaFest

IndiaFest is the joyful celebration of the rich culture and heritage of India, by the Asian Indians with all Minnesotans. Celebrate India's Independence Day in Minnesota, where all nationalities are invited to experience the tastes, sights, and sounds of India. The festival is located at the State Capital Grounds in St. Paul and admission is free. For more information, visit <http://www.mnartists.org/event/india-fest-2019>.

Greek Festival

If you love great food and drink, and like to sample ethnic pastries, then don't miss the 2013 St. George Greek Festival in Saint Paul. "The World's Finest Greek Festival!" will feature a "Greek Café", "Bazaar", the Greek Dancers of Minnesota", music kids, activities, church tours and ore. Admission is always free. For more information, visit <http://www.stgeorgegoc.org/greekfestival/>.

Japanese Lantern Lighting Festival

Bonsai, martial arts, singing, dancing, drumming, delicious food and other aspects of Japanese culture, will be featured at the annual Como Park Japanese Lantern Lighting Festival, a family-friendly event, reminiscent of Japan's annual Obon holiday on the grounds of the Marjorie McNeely Conservatory in Como Park. Admission is free. For more information, visit <http://www.comozooconservatory.org/attractions/gardens/japanesegarden/japanese-obon-festival/#/japanese-obon-festival>.

Minnesota State Fair

The Minnesota State Fair is the second largest state fair in the country. Known as the Great Minnesota Get-Together, this celebration highlights Minnesota's finest agriculture, arts, entertainment and all the food on a stick that you can imagine. For more information, visit <http://www.mnstatefair.org/>.

SEPTEMBER

Selby Jazz Festival

A free full day of jazz from neighborhood, regional, national and international artists. Great food – Area artists' demonstration – Fun family activities. Selby Ave Jazz Fest began as a

vision of Golden Thyme Coffee Café owner and Selby community activist Mychael Wright back in the early months of 2002. The first Selby Ave JazzFest took place on Milton Avenue between Dayton and Selby Avenues. A small, but enthusiastic crowd of between 600 to 700 people enjoyed an afternoon of great local jazz, food...and much needed does of community healing. In 2003, Mychael expanded the Festival's ground to include frontage on both Selby and Milton. An estimated crowd of 2,800 enjoyed top-notch entertainment. In 2004 a crowd of approximately 4,500 were in attendance. In 2005, 6,500 people took in a sun-soaked day of great music and since this JazzFest has continued to grow with 9,500 in attendance in 2007 and 12,000 in 2009. For more information, visit <http://www.selbyavejazzfest.com>.

NAMI Walk

Every journey begins with that first step! NAMI Walks is proud to be the largest and most successful mental health awareness and fundraising event in America! Through NAMI Walks' public, active display of support for people affected by mental illness, we are changing how Americans view persons with a mental illness. This is leading to ensuring that help and hope are available for those in need. Please join us as we improve lives and our community's one step at a time. For more information, visit <http://www.namiwalks.org/minnesota> or <http://www.namihelps.org/about-nami/namiwalks.html>.

National Recovery Month

Recovery Month promotes the societal benefits of prevention, treatment and recovery for mental and substance use disorders. For more information, visit <http://recoverymonth.gov/>

OCTOBER

Artability

People Incorporated's Artability program is an annual celebration of the creativity and contributions of people with mental illness to our community. A series of art and writing workshops lead up to the multi-day Artability Show & Sale held each fall.

More than 100 artists from the Twin Cities and greater Minnesota participate in the workshops and art show each year. Artability is vital to the work of People Incorporated in helping individuals living with mental illness to work toward achieving their goals related to living independent and enriched lives. The show is a source of inspiration and pride for the area's mental health community, and encourages artists to explore their interests, share

their love of art, and gain confidence in their skills. Artists may sell their work at the show and receive 90% of the profits, with the remaining 10% going back to support the Artability program. Writers also contribute their creative work to an anthology available for sale at the show.

Artability receives support from the community through donations of money and volunteer time. To help this program survive and grow, please consider volunteering or making a gift today!

The Artability program is open to any adult (18+) with mental illness. Workshops are listed on the events page. For more information, visit <http://www.peopleincorporated.org/get-involved/artability/>.

St Paul Art Crawl

The Art Crawl is held twice a year in Lowertown St. Paul. The art crawl features artists displaying and selling their original art at 24 building locations throughout the city, primarily in Lowertown. The St. Paul Art Crawl has extended to locations along University and Grand Avenues, and the East and Westside neighborhoods of St Paul. Spring and fall events include special art events for the whole family, as well as musical performances. For more information, visit www.stpaulartcrawl.org

NOVEMBER

DECEMBER

NAMI Holiday Party (Date TBD)

For more information, visit <http://www.namiramseycounty.org>.

COMMUNITY CENTERS

Ramsey County

- Maplewood Community Center
www.ci.maplewood.mn.us
2100 White Bear Ave.
Maplewood, MN
(651) 249-2100
- Shoreview Community Center
www.shoreviewcommunitycenter.com

4580 Victoria Street N
Shoreview, MN
(651) 490-4700

- Oxford Community Center
270 Lexington Parkway North
Saint Paul, MN 55104
(651) 642-0650
<http://www.stpaul.gov/index.asp?NID=1743>
- Linwood Recreation Center
860 St. Clair Ave.
Saint Paul, MN 55105
(651) 298-5660 – contact Dave Danielson
<http://ci.stpaul.mn.us/facilities.aspx?page=detail&RID=135>

Saint Paul

Saint Paul's Recreation Centers provide our residents with a place in their neighborhood to learn and recreate. They also serve as the community's gathering spot, the focus of Saint Paul's famously strong neighborhoods. This website has lists of activities, events, and a calendar that shows up-coming opportunities. For more information, call 651-266-6400 or visit <http://www.stpaul.gov/index.aspx>.

COMMUNITY PROGRAMS in RAMSEY COUNTY

The TAP – Proudly Dis-Labeled!

The TAP is bridging the gap between our friends with disability labels and their communities. When we come together, we ALL change. We party. We make friends. We help each other. We live better. Various events are held at various locations throughout the Twin Cities. For more information, visit <https://yourtap.org/>

Ramsey County Parks and Recreation

Talk a walk in the park – or a jog, or a bike ride, or go rollerblading, skiing or skating. At Ramsey County parks and facilities, the possibilities are endless. Activities exist for all skill levels and ages. Beginning and experienced golfers, swimmers and skaters can take lessons from trained professionals to improve skills. Residents and visitors to the area will find a variety of options for including healthy activity into daily routines. Lace up your tennis shoes or strap on some snowshoes and get active with Ramsey County Parks and Recreation! For more information, visit <https://parks.co.ramsey.mn.us/Pages/default.aspx>.

Ramsey County Historical Society – Gibbs Museum

For a list of exhibits and events: <http://www.rchs.com/exhibits.htm>

323 Landmark Center, 75 West Fifth Street, St. Paul, MN 55102

Ramsey County Libraries

Library Branch Phone Numbers – for general information regarding your library account use the phone numbers listed below. To contact a Librarian please call 651-724-6100 or visit <http://www.rclreads.org/>.

RCL – Maplewood 651-724-6003 Option #3
RCL – Mounds View 651-724-6004 Option #3
RCL – New Brighton 651-724-6002 Option #3
RCL – North St. Paul 651-724-6005 Option #3
RCL – Roseville 651-724-6001 Option #3
RCL – Shoreview 651-724-6006 Option #3
RCL – White Bear Lake 651-724-6007 Option #3
RCL – Administrative Offices 651-486-2200

St. Paul Public Library Branches

Locations, phone numbers, hours, and bus routes – For more information, visit sppl.org or call individual Libraries to find out about events for each month.

Arlington Hills Branch

1200 Payne Ave., St. Paul, MN 55130 | Phone: 651-632-3870

Hours: Mon. - Thur 10 a.m. - 8 p.m.
Fri - Sat 10 a.m. - 5:30 p.m.
Sunday 1 - 5 p.m.

Bookmobile

Hours: vary depending on location (Call above phone number for more information). Call the phone number above to see when the bookmobile will be in your area or go to http://www.sppl.org/sites/default/files/rcl/pdf/bookmobile_schedules/bk_summer.pdf

461 North Dale St. (office), St. Paul, MN 55103 | Phone: 651-266-7450

Central Library (downtown St. Paul)

90 West 4th St., St. Paul, MN 55102 | Phone: 651-266-7000

Hours: Monday 12 - 8 p.m.
Tues. - Fri. 9 a.m. - 5:30 p.m.

Saturday 11 a.m. - 5 p.m.
Sunday 1 - 5 p.m.

Dayton's Bluff Branch (shared with Metro State University)

645 East 7th St., St. Paul, MN 55106 | Phone: 651-793-1699

Hours: Monday 12 - 8 p.m.
Tues. - Fri. 10 a.m. - 5:30 p.m.
Saturday 11:30 a.m. - 5 p.m.
Sunday closed

Hamline Midway Branch

1558 West Minnehaha Ave., St. Paul, MN 55104 | Phone: 651-642-0293

Hours: Monday 12 - 8 p.m.
Tues. - Fri. 9 a.m. - 5:30 p.m.
Saturday 11 a.m. - 5 p.m.
Sunday 1 - 5 p.m.

Hayden Heights Branch

1456 White Bear Ave., St. Paul, MN 55106 | Phone: 651-793-3934

Hours: Mon. - Thurs. 10 a.m. - 8 p.m.
Fri. & Sat. 10 a.m. - 5:30 p.m.
Sun. 1 - 5 p.m.

Highland Park Branch

1974 Ford Parkway, St. Paul, MN 55116 | Phone: 651-695-3700

Hours: Mon. - Thurs. 10 a.m. - 8 p.m.
Fri. & Sat. 10 a.m. - 5:30 p.m.
Sun. 1 - 5 p.m.

Merriam Park Branch

1831 Marshall Ave., St. Paul, MN 55104 | Phone: 651-642-0385

Hours: Mon. - Thurs. 10 a.m. - 8 p.m.
Fri. & Sat. 10 a.m. - 5:30 p.m.
Sunday 1 - 5 p.m.

Rice Street Branch

1011 Rice St., St. Paul, MN 55117 | Phone: 651-558-2223

Hours: Mon. & Wed. 12 - 8 p.m.
Tue Thur Fri. 10 a.m. - 5:30 p.m.
Saturday 11:30 a.m. - 5 p.m.
Sunday 1 - 5 p.m.

Riverview Branch

1 East George St., St. Paul, MN 55107 | Phone: 651-292-6626

Hours: Mon & Wed 12 - 8 p.m.
Tue, Thur, Fri 10 a.m. - 5:30 p.m.
Saturday 11:30 a.m. - 5 p.m.
Sunday closed

Rondo Branch

461 North Dale St., St. Paul, MN 55103 | Phone: 651-266-7400

Hours: Mon - Thur 10 a.m. - 8 p.m.
Fri. & Sat. 10 a.m. - 5:30 p.m.
Sunday 1 - 5 p.m.

Saint Anthony Park Branch

2245 Como Ave., St. Paul, MN 55108 | Phone: 651-642-0411

Hours: Mon & Wed 12 - 8 p.m.
Tue, Thur, Fri 10 a.m. - 5:30 p.m.
Saturday 11:30 a.m. - 5 p.m.
Sunday closed

Sun Ray Branch

2105 Wilson Ave., St. Paul, MN 55119 | Phone: 651-272-8130

Hours: Mon - Thurs 10 a.m. - 8 p.m.
Fri. & Sat. 10 a.m. - 5:30 p.m.
Sunday 1 - 5 p.m.

West Seventh Branch

265 Oneida St., St. Paul, MN 55102 | Phone: 651-298-5516

Hours: Mon & Thur 12:30 - 8 p.m.
Tuesday 11 a.m. - 5:30 p.m.
Wed & Fri 10 a.m. - 5:30 p.m.
Sat & Sun closed

NEARBY COMMUNITIES: ON-GOING EVENTS

Monarch Festival

Kids butterfly fun run, music, dance, hands-on art, good food, and plenty of monarch butterflies. For more information, visit <http://monarchfestival.org/>.

Push Cart Derby

Teams from all over Northeast Minneapolis, and the greater Twin Cities, will have a chance to take home the title of Push Cart Champion! Stick around after the Derby for food, music and kid's games. Free for all ages. For more information, visit <http://www.waiteparkneighborhood.org/push-cart-derby.html>.

Minneapolis Bike Tour

What a better way to explore the Minneapolis Park System than on a bicycle ride! For more information, visit www.minneapolisbiketour.com.

Disclaimer: This is not a complete list. Inclusion on the list does not mean the program is endorsed by Ramsey County. Some items may be free, other items may have a cost involved. It is up to you to make a phone call and find out before you go. If you have information to add please contact Kristen Jackelen at (651) 266-4423 or through email at kristen.jackelen@co.ramsey.mn.us.