

Writing Effective Habilitative Outcomes

Step One: Habilitative Outcome Selection

The first step in writing an effective habilitative outcome is to select an area of concern (or skill deficit) that you would like to address and see improved. Note that an effective plan should only deal with a few selected concerns at a time.

Ask: “What is the skill deficit or area of concern that needs to be addressed?”

Step 2: Habilitative Outcome Definition

The second step is to define the targeted area of concern. Indicate how the targeted issue/ area of concern manifests itself.

Ask: “How specifically, is the area of concern/ skill deficit evidenced in the client or the daily life of the client?”

Step 3: Habilitative Goal Development

The third step is to create a simple solution statement that reflects your main goal. The goal statement can be indicated in broad terms that reflect your desire to see a positive outcome.

Ask: “What would I like to see change or improve in order to increase daily living skills, independence and quality of life?”

Step 4: Habilitative Outcome Creation

The fourth step is to create a statement/ plan of action that identifies how the goal will be accomplished. Construct a statement which summarizes the specific plan that will be operationalized to effectively obtain the stated goal. The statement should outline specific activities, interventions and frequency of the activities that will move the client towards successful, measurable attainment of the goal.

Ask: “In which activities and interventions will the client participate in order to effectively address the area of concern? What specific things will the client do, say. Practice? How often?”

Step 5: Diagnosis Determination

Re-evaluate the client after successful attainment of goal.

Ask: “What new issues should be addressed? What are the new goals and objectives? How can these issues/ skill deficits/ areas of concern be best addressed?”

Habilitative Outcome Plan Worksheet

Client Name: _____ **Date:** _____

Case Manager: _____

Step One: The area of concern/ skill deficit is:

Step Two: The area of concern/ skill deficit is evidenced through the following:

Step Three: My habilitative goal statement which addresses the area of concern/
skill deficit is:

Step Four: My habilitative plan of action

I will need the following materials in order to accomplish the goals and objectives:

Item	Cost
