## **RAMSEY COUNTY**

# Intellectual & Developmental Disabilities (IDD) Citizens Advisory Council (CAC)

### WHO WE ARE

- We are parents, advocates, siblings, professionals, organizational representatives, and service recipients who provide a citizen and community voice and perspective.
- We support Ramsey County initiatives related to services for people with intellectual and developmental disabilities, neurodevelopmental disorders, and other physical disabilities.
- We investigate and evaluate needs and services, identify committee
  priorities/learning topics and make recommendations for
  improvements to the Disability Services Unit of Ramsey County's Social
  Services Department and the Ramsey County Board of Commissioners.

#### Recent Accomplishments and Activities include the following:

- Developed a set of recommendations for improving the transition planning process for teens and young adults in Ramsey County,
- Sponsored Fetal Alcohol Spectrum Disorder (FASD) Awareness Event,
- Conducted a survey among parents, self-advocates and professionals to identify opportunities for improvements to transportation services and
- Learned about Person-Centered Planning and how it informs decisionmaking in the development or improvement of services.

#### WHY JOIN?

Consider joining if you live and/or work in Ramsey County and have a passion for ensuring people with intellectual and developmental disabilities, neurodevelopmental disorders, and other physical disabilities have the resources and services they need.

You will have the opportunity to meet others with similar interests, be part of social change and learn about Social Services at Ramsey County.

These are the ways you can get involved:

- Join the Committee and share your story and experience,
- Network and collaborate with community organizations, policy makers, providers, parents and each other,
- Host a Legislative visit, contact your Legislative Representatives or
- Help a self-advocate attend a meeting.





#### **MEETING SCHEDULE**

Second Monday of each month | 4:00 – 6:00 p.m.
402 University Avenue East
1st Floor Conference Room
Saint Paul, Minnesota 55130

Please contact us if you are interested in more information, attending, joining, or sharing a community perspective aligned with our focus.

