



**Often the best support comes  
from other parents....**



## **Ramsey County Adoptive Foster Kinship Parents & Youth Support Group**

**Support groups provide a confidential, non-judgemental  
environment where families can:**

- **Learn from each other**
- **Celebrate their successes**
- **Brainstorm solutions to problems and concerns**
- **Receive information on resources and training opportunities**

**Group meets the 4th Monday of the month  
6:30 - 8:00 p.m.**

**With Activities for Kids / Pizza & Snacks**

**Community Action Building  
450 Syndicate St N  
St Paul, MN 55104**

**Parent Group led by Martha Johnson  
Youth Group led by Jerome Brown**

**For more information, contact:  
Ginny Blade at [ginnyblade@nacac.org](mailto:ginnyblade@nacac.org)**