Know the facts: TUBERCULOSIS

Latent TB Infection
The TB germs are not hurting you now. They are “asleep” but still alive. The TB germs will “sleep” as long as your body can fight them off. When you have LTBI you can’t spread TB to others.

Active TB Disease
If your body stops fighting off the TB germs, they will “wake up” and start to grow. When the germs grow and spread it is called “active TB disease.” People with active TB disease can get very sick and can spread TB to others.

Tuberculosis spreads when someone with TB:
- Sneezes
- Coughs
- Talks
- Sings

NOT THROUGH:
- Touch
- Food

Visit: www.health.state.mn.us/tb