

Community Health Improvement Plan Goals and Objectives

S A I N T P A U L - R A M S E Y C O U N T Y P U B L I C H E A L T H

The Ramsey County Community Health Improvement Plan Committee (CHIPC) was convened in 2013 and identified **a healthy, equitable community for all people to live, work and play** as the vision for the county's future health. Aligned with the vision, the CHIPC created the following five priority goals, with supporting objectives and preliminary strategies, to help transform the health of the community.

Goal 1:
Create social
and physical
environments
that promote equity
and good health
for all people in
Ramsey County.

Health in All Policies Objectives

1. Reduce the percentage of the population living in poverty in Ramsey County from 17 percent to 10 percent by December 2018.
2. Reduce the percentage of children under 18 living in poverty in Ramsey County from 24 percent to 14 percent by December 2018.
3. Reduce the percentage of households paying 30 percent or more of income for monthly housing in Ramsey County from 38 percent to 28 percent by December 2018.
4. Reduce the unemployment rate for non-Hispanic white, black/African American, Asian, Hispanic age 16 and older groups in Ramsey County to 7 percent by December 2018.
5. Increase safe, accessible, efficient, affordable transportation options (transit, walking, biking) in Ramsey County by 20 percent by December 2018.
6. Increase the percentage of students in Ramsey County who graduate from high school within four years to the Healthy People 2020 goal of 82 percent by December 2018.

Goal 2:
Promote proper
nutrition, healthy
body weight and
tobacco-free living
for all people in
Ramsey County.

Healthy Eating, Active Living and Tobacco-Free Living Objectives

1. Increase the percentage of Ramsey County 9th graders who eat 4 or more servings of fruits (not including fruit juice) per day from 9 percent to 12 percent by December 2018.
2. Increase the percentage of Ramsey County 9th graders who eat 4 or more servings of vegetables per day from 6 percent to 9 percent by December 2018.
3. Increase the percentage of Ramsey County 9th graders who get moderate physical activity for 60+ minutes for 7 days per week from 18 percent to 20 percent by December 2018.
4. Increase the percentage of Ramsey County adults who eat 5 or more fruits or vegetables per day from 34 percent to 37 percent by December 2018.
5. Increase the percentage of Ramsey County adults who get moderate physical activity for 150+ minutes per week from 60 percent to 63 percent by December 2018.
6. Reduce the percentage of adult smokers from 9 percent to 7 percent by December 2018.

Goal 3:

Ramsey County residents will access the appropriate level of health care services at the appropriate time.

Access to Health Services Objectives

1. Increase the utilization of preventive services among publically funded enrollees and uninsured individuals in Ramsey County by 5 percent by December 2018.
2. Decrease potentially inappropriate emergency department services among publically funded enrollees and uninsured individuals in Ramsey County by 5 percent by December 2018.

Goal 4:

Improve mental health/mental disorders/behavioral health through prevention and by ensuring access to appropriate, quality mental health/mental disorders/behavioral health services for all people in Ramsey County.

Mental Health/Mental Disorders/Behavioral Health Objectives

1. Decrease the amount of time that persons in Ramsey County living with mental illness wait before seeking help by 10 percent by December 2018.
2. Increase the number of health care home models for behavioral health that serve Ramsey County residents by 10 percent by December 2018.
3. Decrease the wait time in Ramsey County hospital emergency departments for mental health admission by 10 percent by December 2018.
4. Decrease the percentage of Ramsey County 9th grade Hispanic females reporting suicidal ideation from 25 percent (in 2010) to 20 percent by December 2018.
5. Increase the number of in-patient beds in Ramsey County for mental health patients in crisis by 25 percent by December 2018.
6. Increase the number of residential openings for Ramsey County persons in crisis because of drugs or alcohol by 25 percent by December 2018.
7. Increase the number of Ramsey County public school-based child mental health professionals by 20 percent by December 2018.

Goal 5:

Prevent violence and intentional injuries, and reduce their consequences for all people in Ramsey County.

Violence Prevention Objectives

1. Decrease the percentage of Ramsey County 9th graders who have been bullied during the last 30 days from 52 percent (in 2010) to 42 percent by December 2018.
2. Increase the percentage of Ramsey County students of color who participate in out-of-school activities three or more times per week from 51 percent (in 2010) to 61 percent by December 2018.
3. Decrease the percentage of Ramsey County female students who have ever been "hit, hurt or threatened" by someone they are dating from 11 percent (in 2010) to 5 percent by December 2018.
4. Decrease the percentage of Ramsey County students of color who have ever been "hit hard or often" by an adult from 16 percent (in 2010) to 0 percent by December 2018.

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