

babycafé

Supporting Mothers • Supporting Breastfeeding

Join us at a Baby Café!

Baby Café is a free, drop-in service offering breastfeeding support for pregnant women, breastfeeding mothers and their families. Come share tips and socialize with other mothers. Babies and siblings are welcome (no child care available).

We offer:

- Professionally trained lactation staff
- Resource books for lending
- Relaxed and fun atmosphere
- Refreshments



Ramsey County Baby Café 4 - 6 p.m.

Starting April 2018, Baby Café will be at four locations.

Sun Ray Library
2105 Wilson Avenue
Saint Paul, 55119
1st Wednesdays

Rondo Library
461 Dale Street
Saint Paul, 55104
3rd Wednesdays

Hmong American Partnership
1075 Arcade Street
Saint Paul, 55106
4th Wednesdays

Rice Street Library
1011 Rice Street
Saint Paul, 55117
4th Thursdays

Hmong, Karen, Spanish and Somali languages may be available at some sites.

For more information, please contact:
Eryn Ekegren
eryn.ekegren@co.ramsey.mn.us or 651-249-1683

