

# Mental Health and Wellness Action Team

CHASC - October 2017

JULY  
2016

- MHWAT Formed

AUG-DEC  
2016

- Obj. refined:7-->3
- 100 Partner Brainstorming
- 1:1 Partner Mtgs.

JAN-FEB  
2017

- Charter Created (3 obj.)
- Planning for 3/2017 MHWAT Community Mtg.

March  
2017

- MHWAT Engagement:
- World Café-obj. areas of discussion-\*Stigma
- \*School-Linked (Early Ed)
- \*School-Linked (HS/Chem Health)

June  
2017

- MHWAT Engagement:
- Envisioning Victories-12mo
- Dot Vote-TOP 3 Strategies identified:
- Safety
- Collaborations/Linkages
- Wellness Resources/ Resource Hubs

August  
2017

- MHWAT Engagement:
- Focus on Collaborations/Linkages with comprehensive discussion around strategy.
- Presentation by HealthEast
- Upstream/Downstream approach

# SPRCPH: CHIP Process Mental Health & wellness Action Team

# Charter Statement

- **Focus Areas**
  - **24- hour Resources**
  - **School Linked Mental Health**
  - **Stigma**

# Community Partners

- **Co-chairs:** Eugene Nichols and Deatrick LaPointe
- 3 community engagement meetings from March – August 2017 with over 17 community organizations and government agencies
- **Potential Strategies**
  - Increasing Collaboration and Linkages among existing organizations
  - Strengthening Relationships between Safety and Mental Health
  - Creating a Resource Hub of Wellness Opportunities

# University of Minnesota DNP Students

- Community Coalition Action Theory
  - Formation
  - Maintenance
  - Institutionalization
- Website for Communication and Resource Sharing for Action Team

# Next Steps

- Logic Model – Data driven and Community Based
- Smart Objectives and Shared Measurement of Outcomes
- Commitment Cards
- Small Workgroups