

Community Health Services Advisory Committee
CHIP | Health in All Policies Action Team
Meeting Minutes
March 5, 2025

Members Present/Representation

- ☒ Hongyi Lan | Co District 1
- ☐ Alyssa SkarHorst | Co District 3
- ☐ Nicole Muzzy | Co District 4
- ☒ Margaret Treichel | Co District 4
- ☒ Ogden Rogers | Co District 5
- ☒ David Muhovich | City of Saint Paul
- ☒ Regina Rippel | City of Saint Paul

SPRCPH Staff:

- Amy Caron | Director
- Gabriel McNeal | Deputy Director
- Carissa Dillon | Planning Manager
- Kathy Filbert | Family Health Manager
- Tamiko Ralston | Public Health Nurse Clinician
- Thomas Chatman, Jr | Health Educator
- Cathy St. Michel | Support Staff

Guests:

The meeting was called to Order at 5:30 p.m. by Chair Ogden Rogers. Everyone was welcomed to the meeting and introductions were made around the table.

A motion was made by Margaret Treichel and seconded by David Muhovich to approve the minutes as written for February 5, 2025. Motion to approve passed by affirmation of the committee.

Food Security Update, Carissa Dillon, Planning Manager	Please see the slides attached to these minutes.
Family Home Visiting Presentation, Tamiko Ralston, Public Health Nurse Clinician Thomas Chatman, Jr, Health Educator	Please see the slides attached to these minutes.
Announcements, All	<p>Public Health will be very busy during March.</p> <p>It would be helpful for members to share the good work being done by SPRCPH throughout your networks. Amy is open to ideas on how this committee can advocate for residents.</p> <p>Hongyi shared that she will be offering family-style Tai Chi sessions.</p> <p>Members expressed appreciation for the Data Walk. It was a wonderful event, and they were happy to participate and provide input.</p>

	<p>Legislative process: There is some chaos in the political environment right now. Members asked that Amy notify them if there are ways to utilize their voices to contact representatives and advocate for SPRCPH.</p> <p>LPHA publishes a state and federal platform each year. Amy will send information to CHSAC members for the upcoming LPHA Day at the Capitol.</p> <p>The county budget process is starting. We could have an agenda item on the budget process in an upcoming meeting.</p> <p>Ogden will be meeting with the Saint Paul city council president on Monday to explore how she sees CHSAC involvement with the Saint Paul city council.</p>
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Minutes taken by Cathy St. Michel.

Motion to adjourn at 7:30 p.m. passed by affirmation of the committee.

Next Meeting: April 2, 2025

Ramsey County Food Security Efforts

1. Overview of Food Security Initiative
 1. Data and background
 2. Ramsey County aligned approaches
2. Community-driven solutions
3. Looking forward in 2025

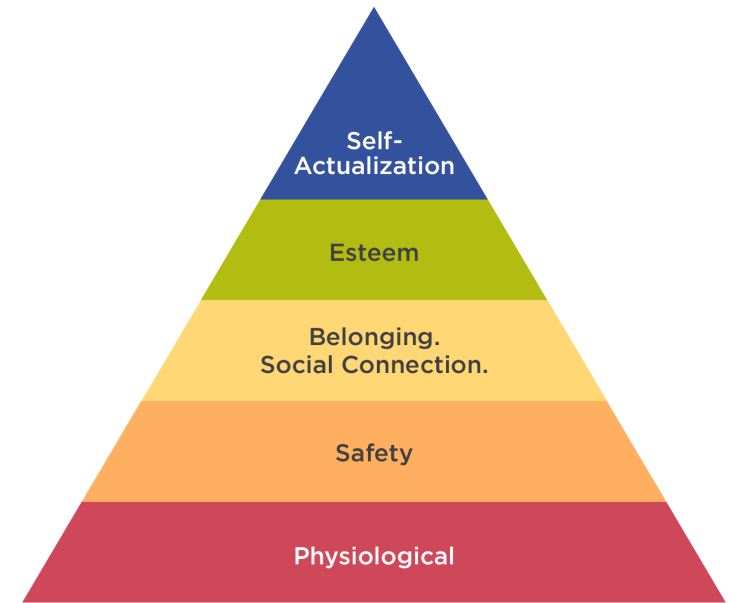
Carissa Dillon, Food Security Coordinator
March 5, 2025

Community Health Services Advisory Committee



Background: Food is a Basic Need

Food insecurity is a condition of limited access to healthy, culturally-connected and medically appropriate food to support an active and healthy lifestyle.



Reviewing newer data

Food insecurity is growing the most among **seniors, increasing 160%** since 2020.

Specific communities (e.g., Latine, Youth) need more support, tailored strategies, county communications.

Food Shelf grant partners' data: demand increased **30-50%** versus pre-COVID.

- Community engagement: SNAP is supplemental, does not meet all needs.

INFLATION is stretching budgets and raising costs and food is more expensive knowing that food insecurity is rising

Food insecurity is hard to identify, need to use proxy measures



Ramsey County's Food Insecurity Rates- Adults

- Ramsey County's food insecurity rate **higher than state average** – 8.6% statewide versus county's 11%. Estimated **60,000 residents** are food insecure in 2021.
- **SNAP Usage rates show wide disparities** in who accesses food benefits.

In 2023:

- **48% of the total Black/African American population** in Ramsey County received SNAP (13% of RC pop).
 - **31% of all Asian residents** (15% of RC pop).
 - **71% of all Native residents** (<1% of RC pop).
 - **13% of all Hispanic/Latinx** (8% of RC pop).
 - **8% of all White residents** (59% of RC pop).
-

Ramsey County's Food Insecurity Rates in children

- **Nearly 20% of Ramsey County children** estimated to be food insecure in 2021, equals **more than 22,000** food insecure children in Ramsey County.
- In 2022, **35% of Ramsey County's children under the age of 5** participated in WIC (Women, Infants, Children) compared to 23% state-wide.
 - Children who are racially and ethnically diverse are more likely to benefit from WIC than their white counterparts: 33% of WIC recipients in Ramsey County are Asian, 29% are Black/African American, 21% are Hispanic/Latino, and 6% are Multiple Race, whereas 9% the county's WIC recipients are white.
- **Children under the age of 18** are also the largest age group that benefits from the Supplemental Nutrition Assistance Program (SNAP) comprising **37% of the county's program participants**.

Strategic Priorities to Address Food Insecurity

• Ramsey County 2024/2025 Strategic Priorities

- Advancing a Holistic Approach to Strengthen Families and Individuals

“Ramsey County will strengthen families and individuals by expanding access to quality early childhood care and education and, through its partnerships, connect community to nutritious and culturally appropriate food resources.”

» Through full implementation of the 24/25 Food Security Strategic Plan

- Responding to climate change and increasing equitable community resilience

“Ramsey County will advance food security efforts in alignment with the strategic food security plan.”

- Residents First: Effective, Efficient & Accessible Operations

“It will improve navigation of county systems to deliver services more effectively for residents and limit the number of times residents are passed across county systems.”

- Putting Well-being & Community at the Center of Justice System Transformation

“Pilot a partnership with the food security team to address issues of food access to people with interaction in the justice system.”

- Advancing Racial & Health Equity & Shared Community Power

Aligned Plans to Address Food Insecurity

•Ramsey County Adopted Plans

- Urban Institute's Upward Mobility for Ramsey County
"Promote food security and access to nutritious foods."
- Ramsey County Climate Equity Action Plan
"Provide local governments with guidance and resources to conduct public education campaigns focused on prevention of wasted food, zero waste challenges and building stronger food security networks."
- Ramsey County 2040 Comprehensive Plan
"Work with community partners to eliminate food insecurity by 2040."
- Ramsey County Solid Waste Management Plans
The plan guides how we reduce waste, increase recycling and avoid landfilling, and outlines how we work with residents, businesses and partners to meet state and county goals.
- Ramsey/Washington County Recycling and Energy
Reducing food waste to help impact climate and divert food waste to feed people
- Food Security Strategic Plan

Community-driven priorities to advance food security

Goal: *To build a more resilient food system for all residents, especially those who are most vulnerable to food insecurity, such as our racially and ethnically diverse communities.*



RAMSEY COUNTY FOOD SECURITY KEY PRIORITIES OVERVIEW:

PRIORITY 1: Supporting the Food Safety Net System

PRIORITY 2: Increasing Access to Public Benefits

PRIORITY 3: Building Urban Agriculture

PRIORITY 4: Expanding Food Availability and Affordability

Ramsey County will undertake food security work through these foundational strategies to achieve greater food security:

- STREAMLINING COMMUNICATIONS to make sure food resources, information and outreach is resident focused and helps navigate complicated government systems.
- ADVOCATING LOCALLY AND FEDERALLY FOR HUNGER RELIEF working through a systems and policy lens to help enhance the food system and support those who struggle to meet their basic food needs.



1. Supporting the Food Safety-net

1.1 INCREASE CULTURAL, FRESH, AND HEALTHY FOOD OPTIONS

- Increase funding to food shelves for culturally appropriate, fresh, healthy foods.
- Advocate within legislative priorities to encourage state funding for food shelves.
- Encourage the donation of culturally appropriate foods to food shelves.

1.2 SUPPORT FLEXIBILITY TO ADDRESS IMMEDIATE COMMUNITY NEEDS

- Build partnerships within the safety-net system to fill system gaps.
- Build and sustain Food Rescue** system to reduce effects on climate health, reduce food waste and address food insecurity.
- Close transportation gaps that limit access to food resources by building and enhancing partnerships.
- Reduce documentation burden for accessing food at food shelves and other distribution locations.



2. Increasing Access for Public Benefits

2.1 INCREASE ACCESS AND EASE OF APPLYING FOR PUBLIC BENEFITS

- Align efforts to integrate new access points to apply for public benefits.
- Increasing co-enrollment and referral of benefits like Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), Medical Assistance, and Supplemental Nutrition Assistance Program (SNAP).
- Launch a marketing campaign on public benefits and food resources for priority populations like elderly, young adults, and low wealth residents.

2.2 ENHANCE FOOD INSECURITY SCREENING AND REFERRAL PROCESSES

- Build better systems as a County to assess food insecurity and provide resources.
- Align with community partners to promote referrals to WIC and SNAP benefits.



3. Building Urban Agriculture

Food Security Goal:

To build a more resilient food system for all residents, especially those who are most vulnerable to food insecurity, such as our racially and ethnically diverse communities.

3.1 PROMOTE URBAN AGRICULTURE LAND USE IN URBAN PLANNING

3.2 IMPROVE COMMUNITY ACCESS TO URBAN AGRICULTURE LAND

3.3 INCREASE WEALTH CREATION OPPORTUNITIES

3. Building Urban Agriculture

Priority Implementation Actions for 2024-2025

- **Engagement.** Map the ecosystem of resources & needs for Urban Ag within, and outside, the county via broad engagement
- **Land Access.** Identify long-term, internal opportunities for agriculture land. Advocate and support external land access opportunities and resources.
- **Funding.** Financing free soil testing and TA from Ramsey Extension for community gardens
- **Policy & Planning.**
 - Provide “Urban Ag & Food Security” technical assistance to government partners in support of the 2050 Comprehensive Plan Regional Policy Plan.
 - Evaluated urban ag zoning and ordinance language for all cities
- **Convening.** Inaugural “Urban Ag Summit” event and launch Urban Ag Steering Committee
- **Structure.** Create a “local food economy” framework with community, institutions, and industry
- **Communications.** Update and manage the “Urban Ag & Community Gardens” webpage and relevant datasets



4. Expanding Food Availability and Affordability

4.1 EXPAND SUBSIDY PROGRAMS

- Expand usage of Market Bucks and Fare for All through streamlined communications and benefit redemption.
- Align legislative priorities to encourage state funding for expanded access to subsidized programs, like Market Bucks to make food more affordable.

4.2 MAINTAIN STABLE, CONSISTENT FOOD ACCESS FOR ALL RESIDENTS

- Maintain an updated map of all food access points in the county, including farmers markets, food shelves, and grocery stores to promote food access in areas with limited food availability.
- Expand food rescue opportunities to ensure food affordability.
- Continue to build partnerships so that areas of low food access points can be addressed.

Food Resources



Food Security 2024 outcomes

Work with local organizations and governments to promote actions that reduce food insecurity and increase access to culturally and medically appropriate foods that meet dietary needs in the face of climate change.

- Over **100** local organizations and government entities engaged by Food Security Team.
- Working with **36** different divisions and departments within Ramsey County.
- Trained **107** front line staff in accessing food resources since November 2024.
- **49,000** website hits July 2023-July 2024 for food resource webpage.
- **1,600** calls to MN food helpline from Ramsey County residents since July.
- Over **2,700** people signed up for Food Security Updates Newsletter, up by nearly 500 people since 2023

Food Security 2024 outcomes

Strengthen the food safety net system; Break down barriers to food distribution, food sharing and food rescue.

- **13** cooperative food security contracts executed; up to 13 in process with food safety net organizations to be more agile and meet emerging needs in responsive manner.
- **\$290,000** of funds were distributed from Ramsey County to support food security partners from Community and Economic Development, Food Security and Public Health in 2024.
- **1,500,000 pounds** of food distributed with the funding; reaching **135,000** people

Food Security 2024 outcomes

Expand urban agriculture. Provide community resources to support development of more urban food gardens.

- Over **54,000 visits** in one year to Ramsey County's Urban Agriculture website
- **19** community gardens partnered with RC for soil testing.
- Hired a consultant to work with local government to address urban agriculture barriers.
- Presented to CED Quarterly cities summit to promote our work and focus on supporting them in updating zoning codes
- Over **80** community gardens identified in last year in RC.
- Preserved 3 community gardens

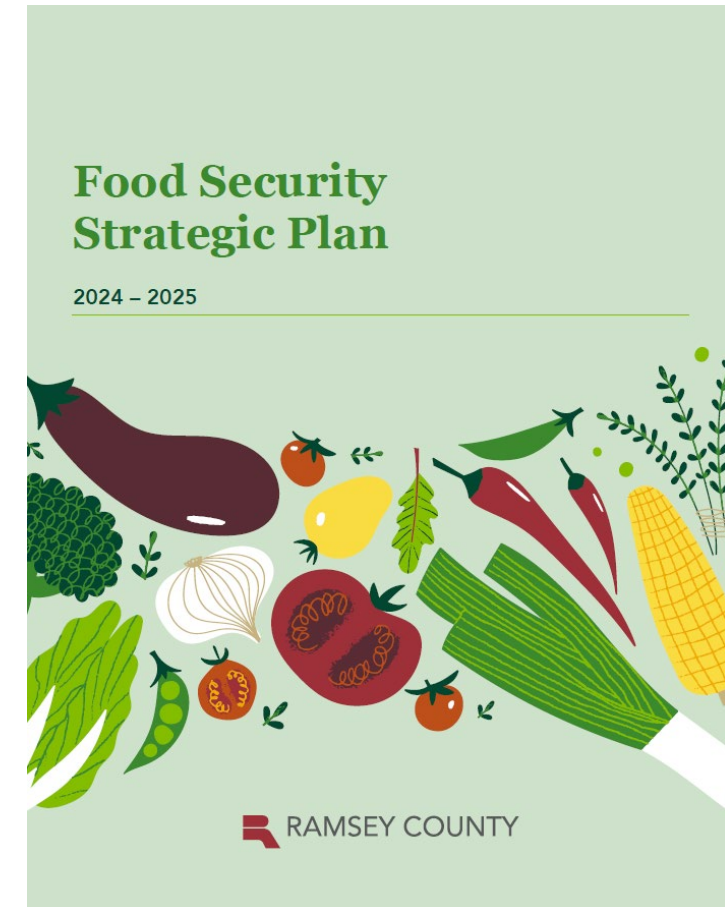
Food Security 2024 outcomes

Advocate for policy changes that support local and community-based agriculture to improve transportation and increase food access, especially in underrepresented and climate vulnerable communities.

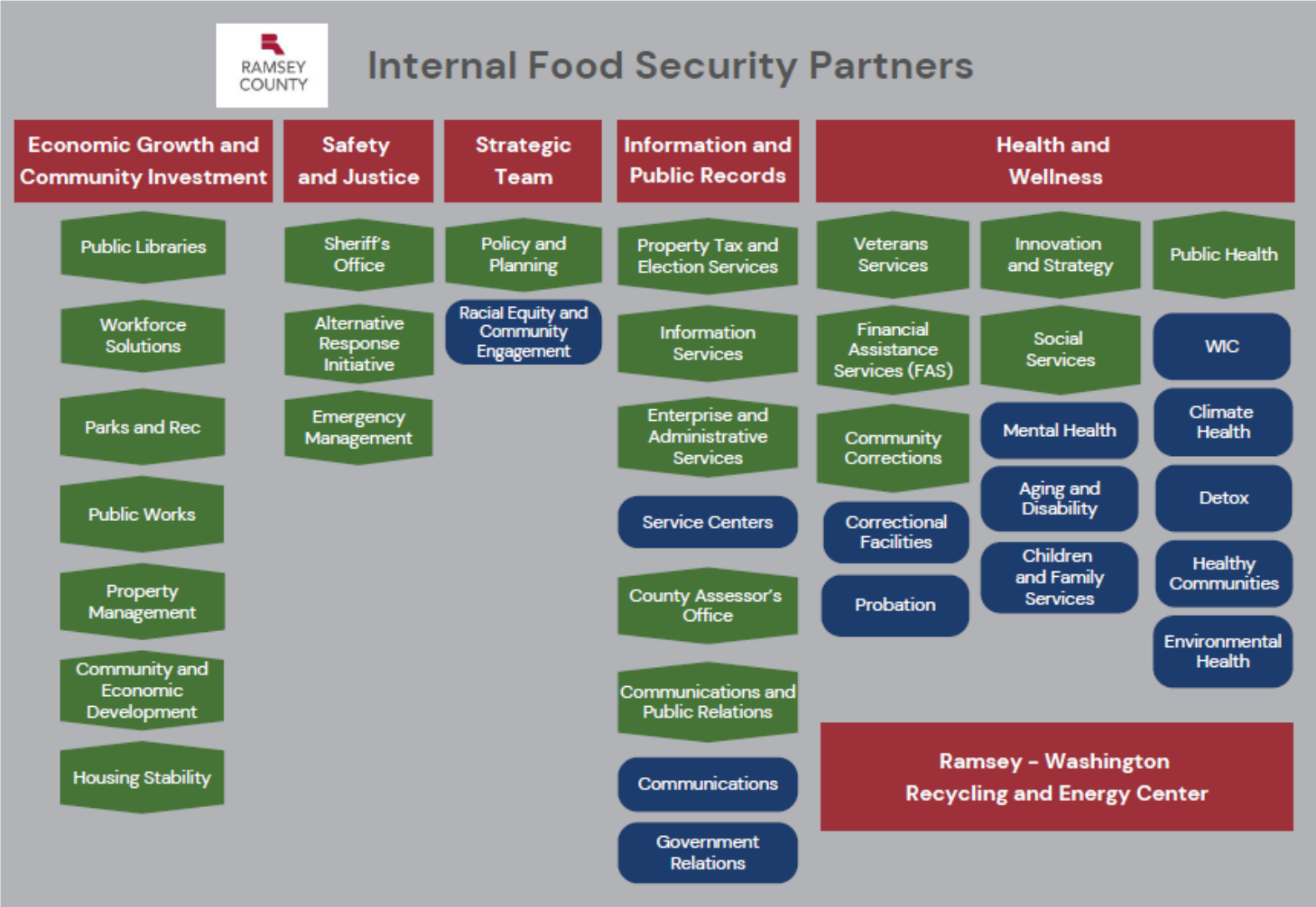
- Food security and encouraging food growing spaces written in 2050 Comprehensive Plan issued through the Met Council.
- Solid Waste Management Plan.
- Climate Equity Action Plan.
- Parks & Recreation Plan.
- Community Health Assessment.
- Language in RC legislative platform for state and federal support system.
- Partners to End Hunger action committee.

Looking forward in 2025

- Hired a planner in 2024- Urban Agriculture
- Focus on:
 - Urban Agriculture & Food Rescue
 - Integration of planning documents
 - Resiliency alignment
 - Investment in meal programs for seniors/elders
 - Assess emerging data in specific communities
 - Advocacy and policy advancement
 - Continued partnership building externally
 - Internal alignment and food distribution



Looking forward in 2024/2025



Let's connect!



Ramsey County is working to improve food security and build a resilient food system for all residents.

Sign up for Ramsey County's Food Security Listserv for updates or visit Ramsey County Food Security website for more information.

Carissa.Dillon@co.ramsey.mn.us
CamerAn.Bailey@co.ramsey.mn.us

Food Resources



This webpage can help connect you and your family with food resources.

Get help finding or affording food

- [Minnesota Food HelpLine](#) | [888-711-1151](tel:888-711-1151) Monday - Friday 10 a.m. - 5 p.m.
- [Ramsey County Navigators](#) | [651-266-8500](tel:651-266-8500) (Monday - Friday 8 a.m. - 4:30 p.m.) | Interpreters available. Get help navigating Ramsey County services including financial assistance services, social services, employment assistance and property tax.

Food Resources webpage

<https://www.ramseycounty.us/residents/assistance-support/assistance/food-resources>



CENTERING FAMILIES THROUGH COLLECTIVE IMPACT



CHSAC

March 5, 2025

Thomas Chatman, Health Educator

Tamiko Ralston, PHN Clinician

Family Health Division

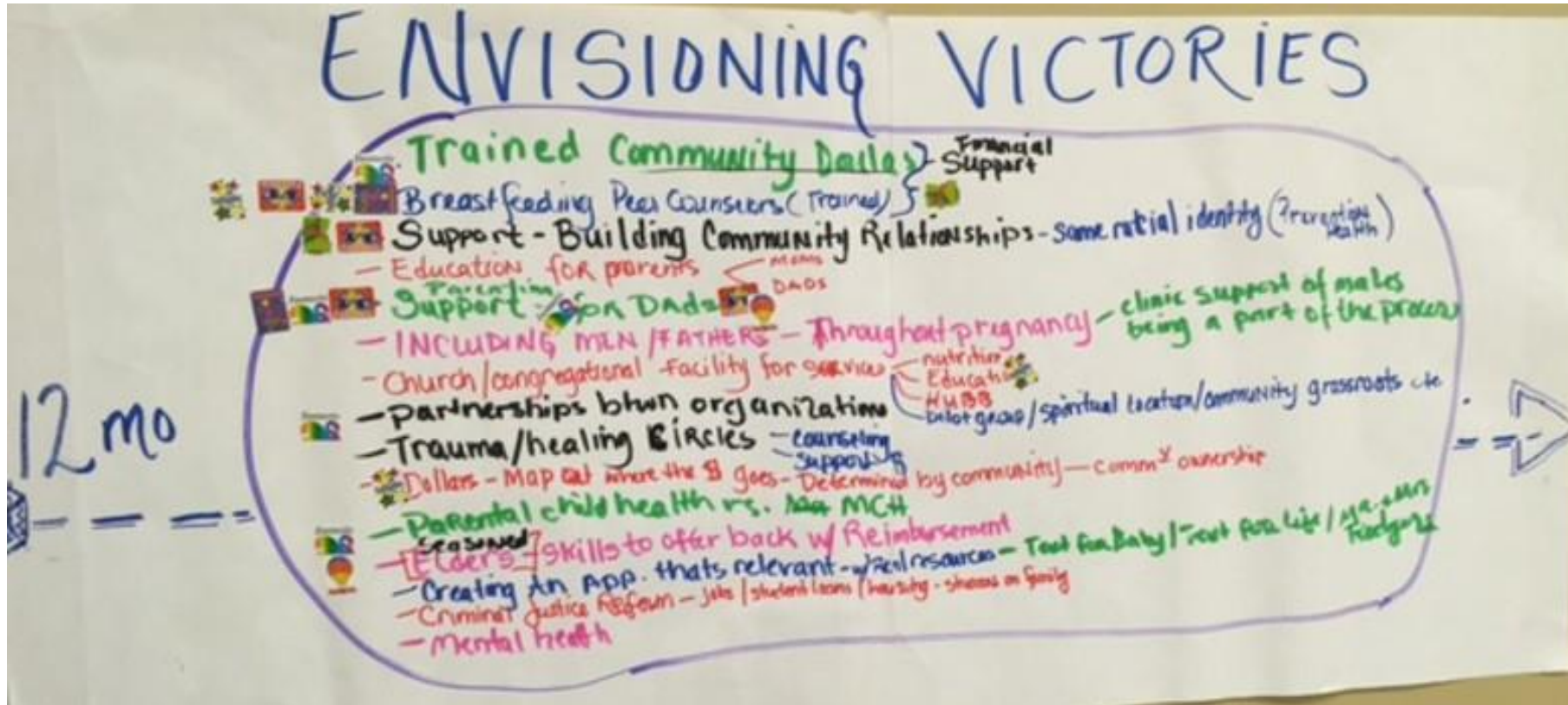


Presentation objectives:

1. Identify the five components of the **collective impact framework** used in BECC initiatives.
2. Identify BECC's four **action workgroups**.
3. Identify BECC's four **strategic directions**.
4. Identify the four **Perinatal Periods of Risk (PPOR) categories** that BECC uses for data analysis.

Background (2017)

Mission: We are a community of networks woven together to achieve racial equity in birthing outcomes in Ramsey and Hennepin Counties in Minnesota.



Vision: All babies are born healthy, to healthy caregivers, in healthy communities and are given opportunities to survive to age 1 and beyond.

Collective Impact Framework

Shared Measurements x2

Quantitative: Numbers for PPOR, universal equity, justice goal

Qualitative: Voices-4 Action Teams

April 2024: Integrating voices and numbers

combining data sets into 4 action teams and Parent Ambassadors.

Ongoing Communications

Action groups, newsletters

Oct. 2024: Capacity and Support through timely, warm handoffs for pregnant and parenting families across the network.



Common Agenda

BECC's Strategic Directions

Feb. 2024: Envisioning Victories 2024
Including the qualitative themes from SP into action team plans.



Mutually Reinforced Activities

Aug. 2024: Centering Families through Collective Impact opportunities across action teams.

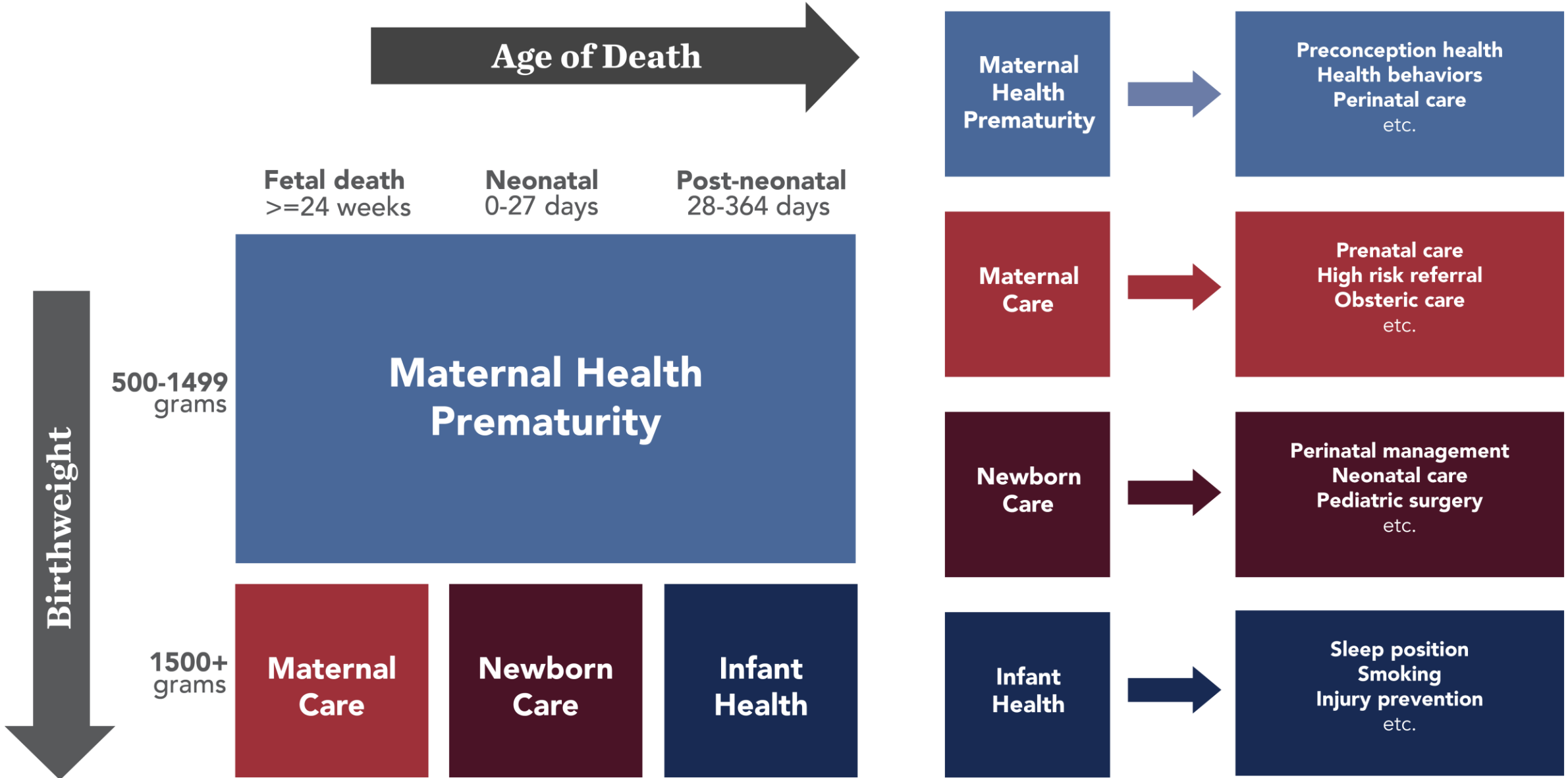


Background support organization: SPRCPH

Dec. 6, 2024: Community job and health fair, evaluation
June 7, 2024: Community health fair both at Wilder

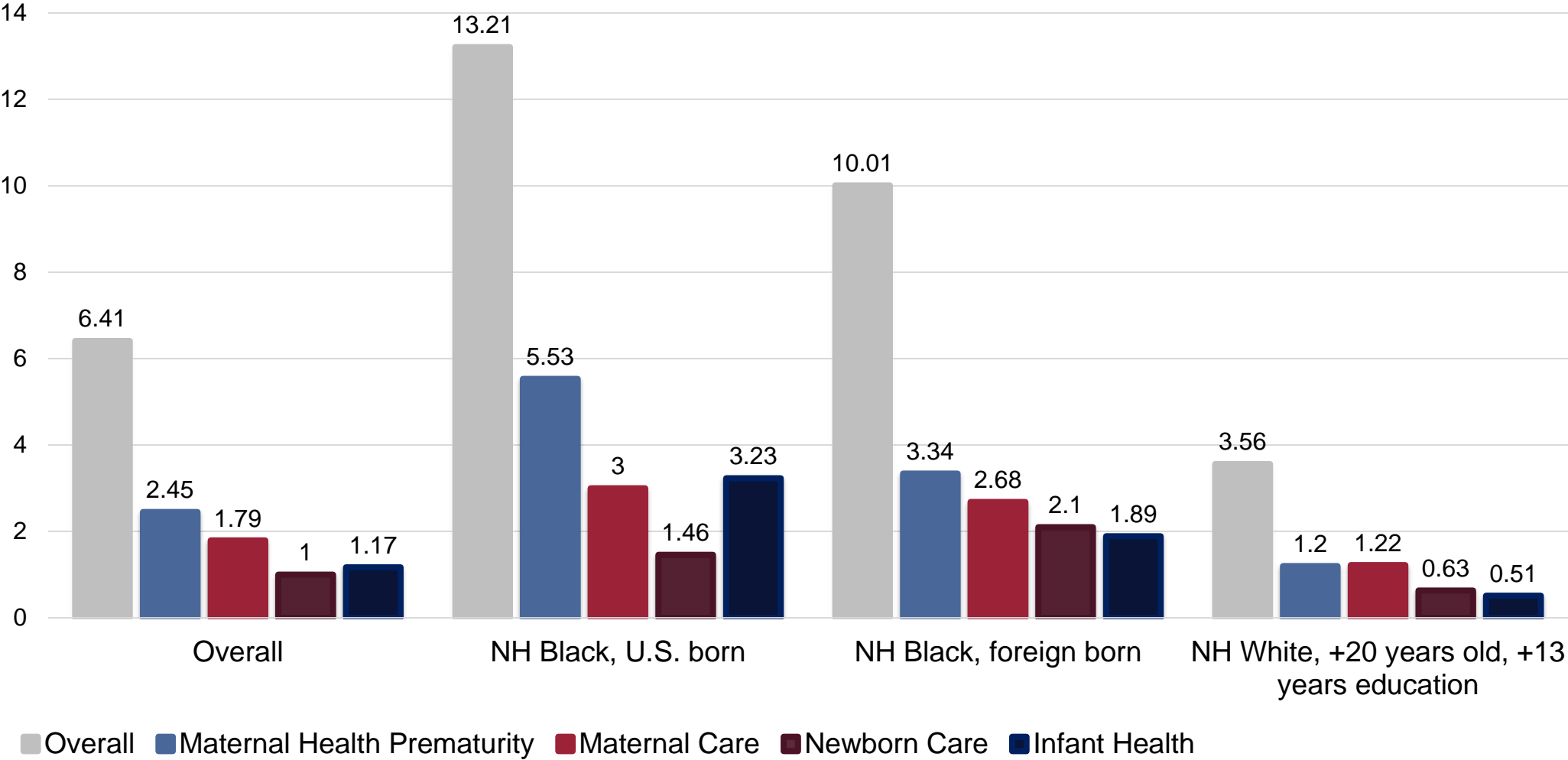


PPOR: Perinatal Periods of Risk



Quantitative Data: Perinatal Periods of Risk (PPOR)

Feto-Infant Mortality Rates per 1,000 births (2017-2021)



Qualitative Data:

BECC Strategic Direction

Strategic Planning (summer 2023)

Dissemination/Feedback (fall/winter 2023)

1. Centering father's experiences

- Dismantling barriers and attitudes of exclusion.

2. Mistrust of people within systems:

- Transparency and power sharing (debrief, planning & inclusion in action planning, implementation, and consistent and timely communication).

3. Sustainability, capacity and support:

- Parents want to be engaged (Parent Ambassadors and Trusted Messengers).
- Visibility and efficiency (orientation, participation and consistency— community engagement and outreach).
- Engagement of CHW's/students (outreach, warm hand-offs, liaison to PH).

4. Strengthening collaboration and partnership:

- Centering around families (uniting community and services).



BECC Action Workgroups



Celebrations



Centering Fathers



Policy



Training

Centering Fathers



~ A PLACE WHERE WE ENGAGE ~

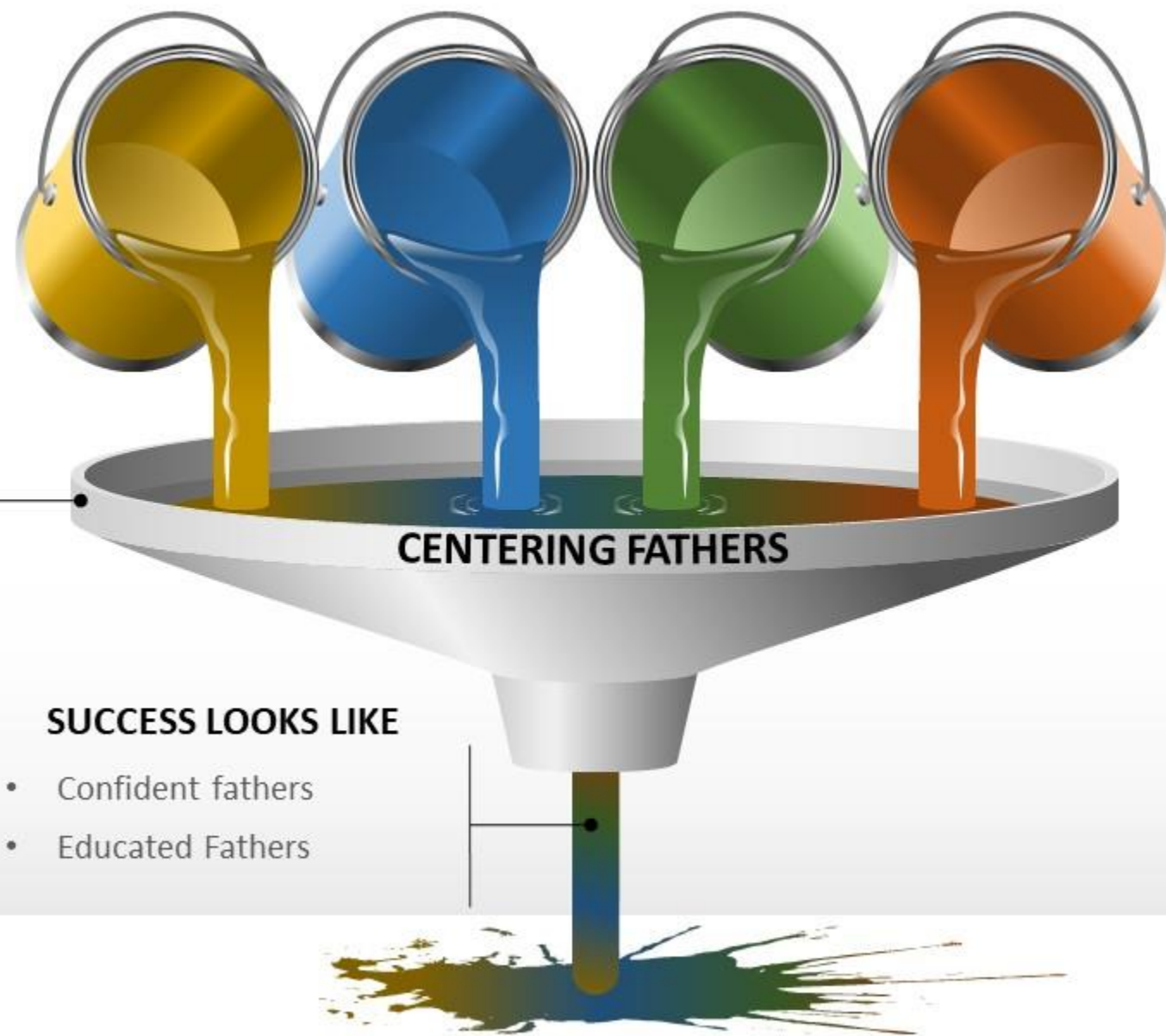
**Grief &
Loss**

**Outreach &
Engagement**

**Educational
Sessions**

**Mental Health
Awareness**

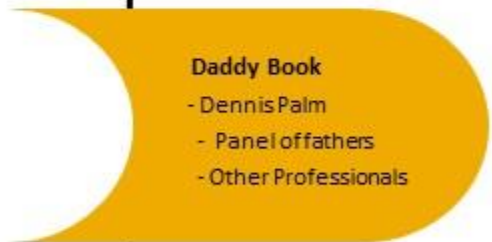
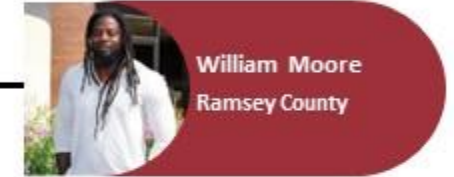
"We are the crux
to the voices of
the fathers in our
communities"



Overview Of Grant

Leadership Group

■ Grief & Loss ■ Outreach & Engagement ■ Educational Sessions ■ Mental Health Awareness



CENTERING FATHERS UPDATE



Daddy Book



Engagement & Outreach



Fathers Talking Circles



Policy & Advocacy

Events To Date

Fatherhood Initiatives



Fatherhood & Male Responsibility Invitational

HUE-MAN PARTNERSHIP

B.E.C.C.

Come Join Us!

Domino's — Spades — Food

September 17th
12pm - 3pm
Jimmy Lee Rec Center
270 Lexington Parkway N.
St. Paul, MN 55104

RSVP:
ClubDad@co.ramsey.mn.us
Or
Clarence
(612) 759-2170



Club Mom & Club Dad

Month: September
Date/Time: 25th from 5-7 pm
Event: Infant CPR & Lead Information
Location: JK Movement
1063 Iglehart Ave, St Paul, 55104

Transportation by UBER, food and child care provided

RSVP by 9/15/23 to:
612-368-4453 or 612-772-2588



Ramsey County Presents

PAINT PARTY

This is a social gathering for parents only. Spots are limited. Transportation & food provided

Tuesday, June 27th
5pm - 8pm

North Dale Rec Center
1414 St. Albans St. N. Saint Paul, MN 55117

RSVP Early at
(612) 772-2588 or (612) 368-4453



RAMSEY COUNTY
Saint Paul - Ramsey County Public Health

HUE-MAN PARTNERSHIP

Club Dad is a monthly community connection program designed for fathers.

Father's Flying High

Bring the family out to celebrate fathers
Wed. May 31st
5pm-7pm

RSVP (612) 500-7415

• Food • Kites provided • Fun • Transportation
Battle Creek Rec Center
75 Winthrop St S, St. Paul, MN 55119





Club Dad



WHO WE WANT

- Father or Father Figure
- Dads looking for resources
- Problem solving opportunities
- Looking to vibe with other dads
- Connections to resources



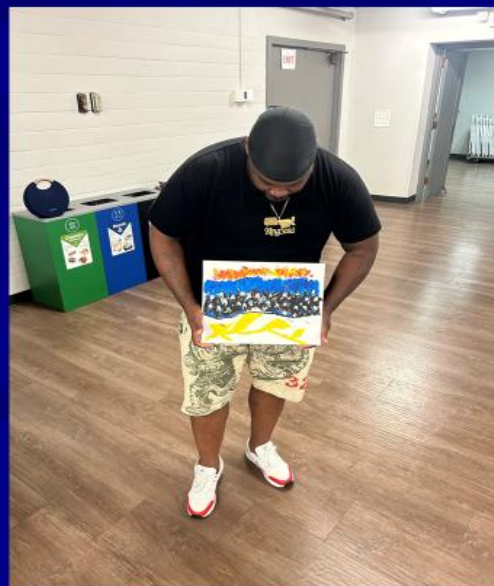
Getting Signed Up For Events & Club Dad

- Submit a referral form to your Club facilitator
- Once registered I will reach out to the dad
- The dad will be invited to attend the next club meeting (every 4th Monday of the month)
- We want more Club Dad referrals

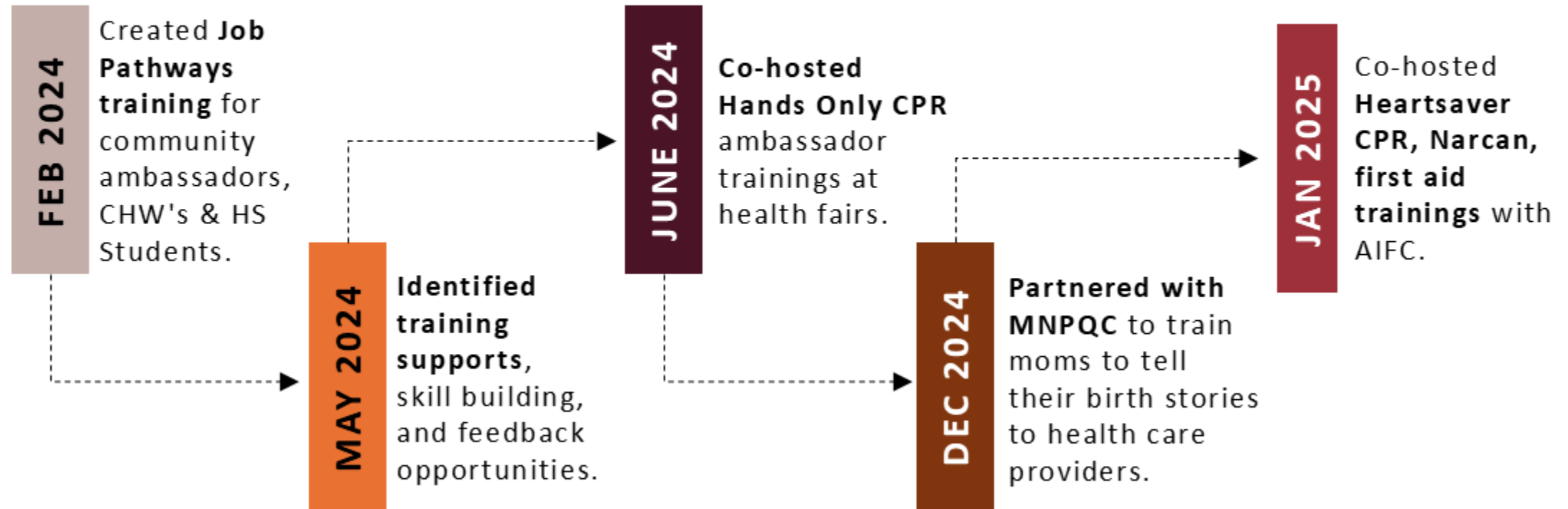
Health Educator: TC (612) 500-7415

 Clubdad@co.ramsey.mn.us

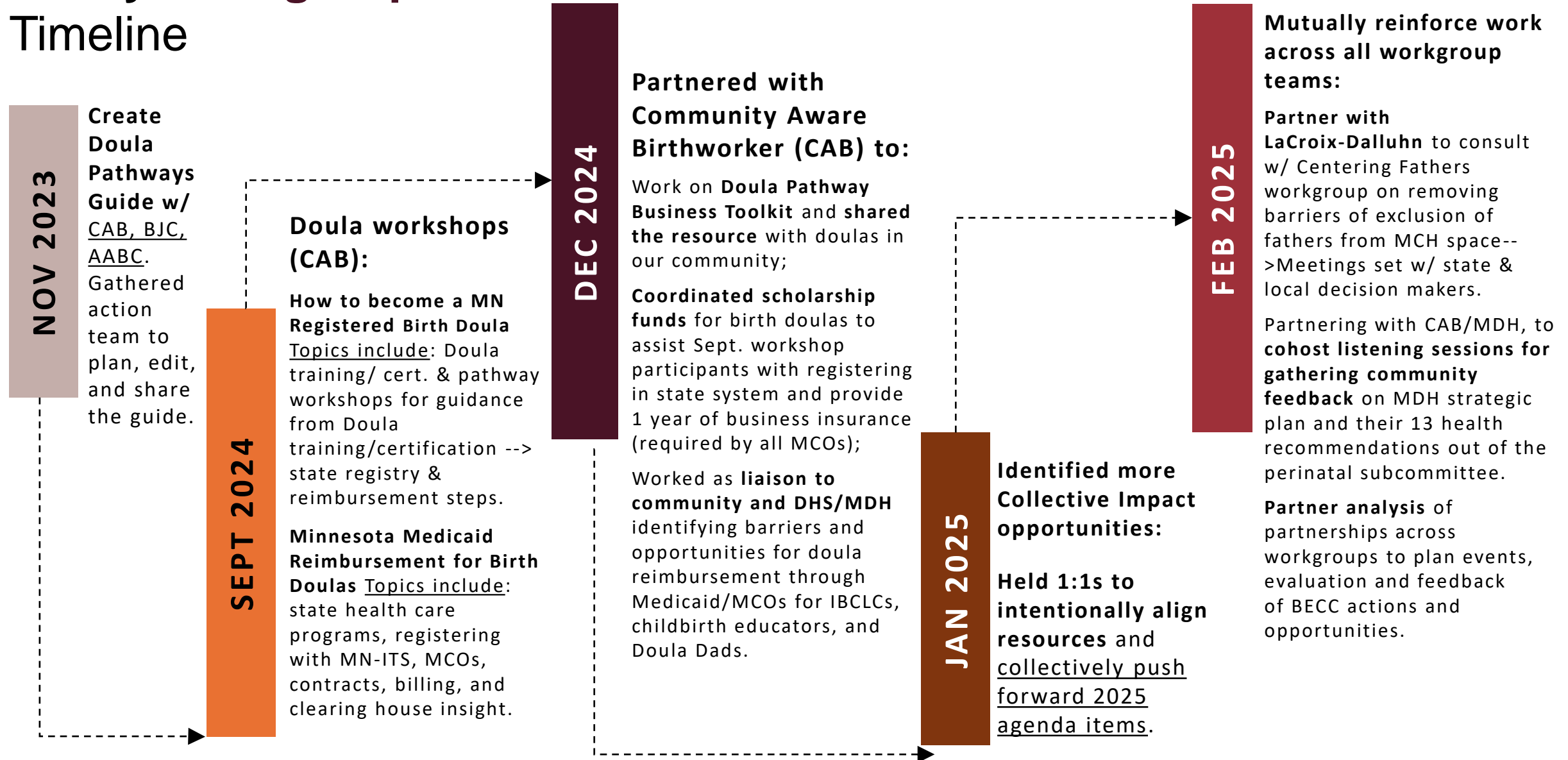
FATHER ENGAGEMENT EVENTS



Training Action Workgroup Timeline



Policy Workgroup Timeline



Parent Ambassadors (Q & Demarcus)

- Club Mom
- Club Dad
- BECC



ACTIVITY

Celebrating collective impact,
wisdom and action

UBUNTU:

If you want to go fast, go alone.
If you want to go far, go together.



Importance

- **BECC multi-level approach:** Individual, community, systemic approach in one same space
- **Parenting Clubs** whole family centered
- **Listening to birthing people:** Address concerns, real-time process, options, questions and warning signs.
- **Cross-collaboration** with providers, referral networks, COP, collab. Funding programs led by impacted communities to address strengths and gaps in resources.
- **Soc. and SDOH:** Holistic, multidiscipline approach; community trusted messengers including PHN, HE, CHW, Doula, MH; community gp. education including CPR, naran, ACE's, all trauma-informed; mentorship; job and health fairs; Mothers First connections at community meetings.

Relevance

- **Fathers in MCH –intentional** from systemic rupture → repair.
- **Local/state partner** engagement: (mortality data/recommendations)
- **Warm Hand offs--Referral network** for early intervention
- **Consistent engagement/communication** to encourage consistent (newsletter/email/social media)
- **Authentic CE:** Respite, child activities (staff, volunteers, students); evening programming& stipends-meal/ transportation/ gift cards for feedback to increase engagement.

Significance

- **Mutual Reinforcement of activities across teams:**
- **Removing silos**
- **Focused on *conscious and unconscious* bias and building equity/justice frameworks in care.**
- **Multiple care models** (FHV, group education, trusted messengers, and Parent Ambassadors)

Next steps for BECC (first six months of 2025)

- ❑ BECC Evaluation
- ❑ Refine action plans with feedback gathered in BECC evaluations.
- ❑ Warm handoff: Partnering (NTU outreach → prenatal → 1 year)
- ❑ Programming schedule:

Jan-March 2025: CPR, doula workshops, fatherhood dialogues.

Feb. 2025: MDH listening and feedback sessions with Community Aware Birthworker.

April 2025: Celebrate power of partnership; Aftershock screenings with community and partner sessions.

June 2025: SDOH convening.





BECC Partners



LaCroix-Dalluhn
CONSULTING



Integrated Care for High Risk Pregnancies (ICHRP)

HEALTHY BLACK PREGNANCIES



Birth Justice
Collaborative



HealthPartners®



HennepinHealthcare



RAMSEY COUNTY
Saint Paul – Ramsey County Public Health



Objectives review:



1. Identify the five components of the **collective impact framework** used in BECC initiatives.
2. Identify BECC's four **action workgroups**.
3. Identify BECC's four **strategic directions**.
4. Identify the four **Perinatal Periods of Risk (PPOR) categories** that BECC uses for data analysis.

BECC Gatherings:

- Celebrations Workgroup:
 - BECC Job Fair Final - Made with Clipchamp 1736743538260.mp4 - Google Drive
 - BECC Safe sleep PSA: <https://www.youtube.com/watch?v=jco4ZiYVf4k>

