

**Community Health Services Advisory Committee  
CHIP | Social Determinants of Health Action Team  
Meeting Minutes  
March 2, 2016**

**Members Present/Representation**

Regina Rippel | City of Saint Paul  
Tom Kottke M.D. | City of Saint Paul  
Mee Cheng | City of Saint Paul  
Madonna McDermott | City of Saint Paul  
Mary Yackley | City of Saint Paul  
Jill Stewart | Ramsey County at Large  
Joseph Adamji | Ramsey County District 5  
Amy Harding | Ramsey County at Large  
Kerri-Elizabeth Sawyer | City of Saint Paul  
Maridee Bain | Ramsey County at Large  
Michelle Lichtig | Ramsey County District 2  
Eugene Nichols | Ramsey County District 4  
David Muhovich | City of Saint Paul

**SPRCPH Staff:**

Rina McManus | Director  
Kathy Hedin | Health Educator  
Cheryl Armstrong | Policy Analyst  
Diane Holmgren | Division Manager  
Jocelyn Ancheta | Planning Manager  
Fernando Perra | Administration Support

**Guests:**

Stephanie Souter | Washington County Public Health and Environment  
Hally Turner | Washington County Public Works

The meeting was called to Order at 5:30 pm by Chair Regina Rippel. Everyone was welcomed to the meeting and introductions were made.

A motion was made and seconded to approve the minutes for January 6, 2016.

Agenda item:	Speaker/Discussion:
Election of Vice-Chair	Tom Kottke nominated Jill Stewart for Vice Chair. The nomination was seconded by Amy Harding and passed unanimously by the committee.
<p><b>Social Determinants of Health Action Team</b></p> <p>Community Health Improvement Plan (CHIP) Discussion:</p> <ul style="list-style-type: none"> <li>Discussion of Health in All Policies (HiAP)</li> </ul> <p>(Refer to Health in All Policies Summary Handout)</p>	<p>The Chair Regina Rippel began the discussion with general comments about the accomplishments to date and the purpose of the discussion to identify what needs to continue and what needs to be repurposed or added to the work plan for this year.</p> <p>Rina McManus, Director provided an overview of the committees work to date: For the past year the committee has learned about how social determinates of health impact health equity through presentations from SPRCPHD staff, representatives from the state health department (MDH), other community members, and input from CHIP members. The learning has included a hosted “walk” through a neighborhood with serious and long term impacts from a transportation policy implemented years ago. Also, the committee participated in a Health Impact Assessment of a proposed high speed bus transit system with a neighboring county. All of the meetings included substantive discussions about how the</p>

committee could impact or take action to meet the objectives of Goal #1 in the CHIP. Within Ramsey County led community meetings and in other venues i.e. hospital and other health care settings as well as MDH sponsored sessions there has been conversation about the definition of wellness and well-being and how they can be utilized in better understanding and movement toward health equity. Also there has been growing understanding of how a HiAP approach can benefit many decisions across both the public and private sector. The terminology and outline of HiAP seems to be better understood resonates in a positive way in the community.

The committee entered into significant discussion about what has occurred and what is currently happening in our community around HiAP and members made recommendations for work through 2016.

The committee addressed the following questions:

- What activities are occurring in our community that demonstrates social determinants of health/Health in All Policies?
- How can our department best inform and engage the community leaders and residents, about the benefit and value?
- Think about health and well-being. What does this mean to you and can you describe it for others?

Discussion Summary:

- Nursing schools use HiAP but very limited; try to make sure basics are there; students see healthcare equals disease care. Students understand disease side but only see HiAP virtually. Need to focus on prevention.
- Systems easier to influence than community.
- Consider including 'well-being' in all policy. Determine what constitutes 'well-being'.
- Increase clinical rotation for health care professionals in a government public health department.
- Work should be cross-sector.
- Build awareness in youth.
- Exploring the approach of "well-being" as a policy goal; it means people have control over their condition; population health goals usually overshadowed by care-management perspective.

	<ul style="list-style-type: none"> <li>• Working with Intermedia Art, Creative City Making to bring planners together to look at how equity can be built into planning.</li> <li>• Look at more comprehensive approach.</li> <li>• Look at win-win-win approaches such as Safe Routes to School.</li> <li>• SHIP measures long-term decrease of chronic disease but as we are doing work, we should also look at partnerships created.</li> <li>• Leaders and key staff from around the county need to see where services align and where public health can be a resource.</li> <li>• Need to identify gaps of knowledge.</li> <li>• Limited knowledge about social determinates of health in aging. What is the perception of aging</li> <li>• Consider mental health as a main perception of aging component. There is not a baseline of health for all populations.</li> <li>• Identify what people are doing in the community and build up their strengths.</li> <li>• People are beginning to talk about zip codes and their relationship to health.</li> <li>• Community concerns about the I35E construction reminiscent of the I94 construction that bi-sected the neighborhood. Also the Greenline through Swede Hollow.</li> <li>• Build upon understanding that everything is connected.</li> <li>• Emphasize that any policy needs to consider health implications.</li> </ul> <p>Recommendations for public health role:</p> <ul style="list-style-type: none"> <li>• Go to all departments and talk about what can be done jointly to improve well-being. It's a neutral zone.</li> <li>• Account for the partnerships as we work on policies.</li> <li>• Emphasize the community connections.</li> <li>• Think about long term targeting to non-health individuals and systems.</li> <li>• Determine how to connect policy and community engagement. Lift up the community to take the leadership.</li> <li>• Communicate our work to the Board.</li> </ul>
Proposed revision to CHIP Goal #1	The committee determined by consensus to rename Social Determinants of Health to the Health in All Policies (HiAP) Action Team.

<p>Social Determinants of Health Action Team</p> <p><u>Topic:</u> Health Impact Assessment (HIA) – Gateway Corridor Stephanie Souter, Planner, Washington County Public Health Hally Turner, Planner, Washington County Public Works</p>	<p>Cheryl Armstrong introduced Hally Turner – Planner from Washington County Public Works and Stephanie Souter – Planer from Washington County Public Health and Environment. - Gateway Corridor – Proposed transit project going east of Highway 94 through Lake Elmo to West Lakeland. Building on the previous agenda item, HIA is a tool for operationalizing a Health in All Policies framework.</p> <ul style="list-style-type: none"> <li>• As part of the Gateway Corridor planning effort, a Health Impact Assessment is being completed to evaluate the potential health benefits and impacts of the project before it is implemented, including both the intended and the unintended impacts of potential station planning decisions.</li> <li>• Community members have expressed the need for sidewalks and bicycle routes between the station area, businesses and neighborhoods; people want safe places to walk and bike.</li> <li>• Increasing transit connections to jobs is important, as it provides people with an affordable and reliable way to get to work; finding opportunities to support jobs at the station areas will help link employees to reliable transit.</li> <li>• Committee members reinforced that the planning should factor in “accessibility,” which needs to encompass the range of abilities and needs people in our communities may display, from use of a wheelchair, to maneuvering canes and walkers, to corralling small children and grocery bags when using public transit.</li> <li>• Committee members volunteered to review and contribute to the project’s upcoming reports before they are finalized.</li> </ul>
<p>Grant Opportunity: Older Adults Home and Community Based Services – Michelle Lichtig</p>	<ul style="list-style-type: none"> <li>• Michelle presented a list of funding opportunities through Minnesota Department of Human Services; 40-60 grants stem from \$8 million statewide (see attachment “2015 CSSD Grantees – Contacts”</li> </ul>
<p>Open Comments</p>	<ul style="list-style-type: none"> <li>• Rina thanked the members of Public Health Awards nomination Committee. Three awardees were selected. Presentations will be made at the April 5<sup>th</sup> County Board meeting at 9am. Rina noted a topic interest for a future meeting, as public drinking water.</li> </ul>

Minutes taken by: Fernando Perra

Motion to adjourn (7:30PM) passed by affirmation of the committee.

**Next meeting:** April 6, 2016