

**Community Health Services Advisory Committee
 CHIP | Health in All Policies Action Team
 Meeting Minutes
 September 5, 2018**

Members Present/Representation

Aisha Ellis | Co District 2
 Carol Thunstrom | Co District 4
 Joseph Adamji (Chair) | Co District 5
 Joy Benn | Co District 6
 Carrie Dickson | Co District 7
 Eugene Nichols | County at Large
 Jill Stewart | County at Large
 José Tori | County at Large
 Christine Iserman | County at Large
 Kerri-Elizabeth Sawyer | City of Saint Paul
 Mee Cheng (Vice Chair) | City of Saint Paul
 Regina Rippel | City of Saint Paul
 Thomas Kottke | City of Saint Paul

SPRCPH Staff:

Kathy Hedin | Interim Director
 Tommi Godwin | Planning Manager
 Kari Baha | Health Educator
 Cathy St. Michel | Administrative Support
 Julia Wolfe | Planner

Guests:

Jamie Sipes | Saint Paul Police Department

The meeting was called to Order at 5:30 pm by Chair Joseph Adamji. Everyone was welcomed to the meeting and introductions were made.

A motion was made by Thomas Kottke and seconded by Eugene Nichols to approve the minutes as written for 6/6/18. Motion passed by affirmation of the committee.

Agenda item:	Speaker/Discussion:
New Mental Health Unit, Sergeant Jamie Sipes, Saint Paul Police Department	The Mental Health Unit (MHU) is a new program within the Saint Paul Police Department (SPPD). The MHU was formed because SPPD is more often becoming involved with people in crisis. Officers are not experts in social settings, although they are the first on scene when there is a 911 call. SPPD is finding that more calls are related to mental health situations. The number of calls relating to a mental health situation has roughly doubled from 2006 – 2016. Law enforcement training has grown to accommodate more mental health situations and de-escalation. Training does not guarantee expertise, but it helps for officers to have the information. In 2016 SPPD established a mental health work group because traditional law enforcement was not meeting the needs of the community. In 2017 the work group started researching innovative and leading-edge programs. This resulted in adding four officers to a full-time Mental Health Unit, a stand-alone unit that is part of support services. Jamie would like to hear community voices speak about how they wish to be served. His ask is that we share this presentation with our families, friends and neighbors and seek their opinion of the MHU. A key role of the unit is to be the bridge to services for people whose needs are not being met in other ways. The MHU invites providers to go along on calls when residents are their clients. Looking at national best practice, the MHU is getting involved in case management and pairing with a social worker to go out on calls. The MHU is seeking additional resources in order to expand to a second shift. A second embedded social worker started with the MHU this week. SPPD is hoping, with follow-up and the

Agenda item:	Speaker/Discussion:
	<p>assistance of the social workers, to reduce the number of 911 calls and emergency department trips. Other communities have experienced successes, and SPPD would like to achieve the same success here. SPPD is applying for federal grants for a ride-along social-worker model. With the social worker ride-along they can immediately help evaluate and de-escalate situations, and make an informed decision about whether transport is needed. SPPD wants to create a community of care team with many partners. Assessment tools for SPPD do not exist at this point. The SPPD would like to develop a tool for crisis intervention. Many communities are dealing with this issue, so they are sharing ideas and resources. Minnesota is 49th out of 50 states in terms of mental health beds per 100, 000 population. The recommendation is for 46 beds and Minnesota has 3.5, so there are extremely limited places for patients to go. Jail intake staff make an assessment of the person’s mental health state. All officers are going to attend Crisis Intervention Training so they can achieve trauma-informed policing. An additional topic is children’s mental health. School Resource Officers (SROs) are involved up to a point, but each SRO is typically involved with 1500 – 2000 students in two or more schools. Committee members acknowledged Jamie’s work and encouraged that a look at the big picture may show the depth of work that still needs to take place. Future discussion on what else we can do to assist SPPD in changing the paradigm and how they impact community mental health. Jamie can be reached at jamie.sipes@ci.stpaul.mn.us.</p>
<p>Mental Health Work in Ramsey County, Kari Baha (Health Educator), Saint Paul – Ramsey County Public Health</p>	<p>Kari is coordinating programs in the community that are pre-crisis and crisis point. Everyone has a zone of stability, and these programs work around the needs of the community. We want to create an environment where it is OK to talk about mental health. In May public health hosted a ribbon wall activity recognizing things that help people maintain their mental health.</p> <p>Kari began a pilot program called Voices of the Community that will meet monthly from May – December. Various presenters describe what mental health and resiliency means to different cultures and communities, and encouraged staff to learn about family dynamics and cultural sensitivity. Community dialogues are important and staff are learning so much.</p> <p>Kari is hosting a Mental Health First Aid class to recognize and de-escalate situations. They will partner with Fairview and Health East to host Mental Health First Aid.</p> <p>Kari presented goals for 2019. KAYSC is currently working with youth to help them understand the body’s reaction to stress and they would really enjoy sharing resources with Kari.</p>

<p>November Preview: Planning Next Steps for CHIP Action Teams, Tommi Godwin (Planning Manager), Saint Paul – Ramsey County Public Health</p>	<p>As the new Planning Manager Tommi is working to connect the current Community Health Assessment back to the action teams. Her task over the next several months is to prioritize what the issues are and what we need to be working on for the next few years. How do we adjust the priorities that are in the previous plan with what the current priorities are? Tommi is working on department level plans and assessments. Her intention in being here is to ask this committee to prepare for a longer facilitated discussion in November. She will have a conversation as to what we have been working on and what steps we take to move forward. Tommi would like to have a conversation with the Community Leadership Team and the other action teams in November. Tommi is committed to working with staff and action team leadership to make this conversation happen and share the story of what we have been working on. She will be emailing committee leaders and asks the committee to think about how they want November to look and feel. The November meeting may start 30 minutes early to allow enough time for conversations with extra people that will be attending from action teams.</p>
<p>Announcements and Updates</p>	<p>Joey – Minds Matters exhibit on mental health at the Science Museum of Minnesota will be available through this year. Very good feedback about the exhibit.</p>

Motion to adjourn (7:30PM) passed by affirmation of the committee.
Minutes taken by: Cathy St. Michel

Next meeting October 3, 2018 - Community Health Services Advisory Committee