

**Community Health Services Advisory Committee
Meeting Minutes
December 7, 2016**

Members Present/Representation

Jill Stewart | Ramsey County at Large
Joseph Adamji | Ramsey County District 5
Madonna McDermott | City of Saint Paul
Mee Cheng | City of Saint Paul
Michelle Lichtig | Ramsey County District 2
Prasida Khanal | Ramsey County District 4
Regina Rippel | City of Saint Paul
Emily Becker | Ramsey County District 3
Kerri-Elizabeth Sawyer | City of Saint Paul
Mary Yackley | City of Saint Paul
Amy Harding | Ramsey County at Large
David Muhovich | City of Saint Paul

SPRCPH Staff:

Anne M. Barry | Director
Diane Holmgren | Administration Division Manager
Kathy Hedin | Healthy Communities Division Manager
Julia Wolfe | Planner, Healthy Aging
Kaye Ward | Administration Support
Cathy St. Michel | Administration Support

Guests:

Kathy Kelso | Saint Paul Advisory Committee on Aging
Nancy Utoft | Saint Paul Advisory Committee on Aging
Renee Raisanen | Bethel College student
Sofia Fischer

The meeting was called to Order at 5:30 pm by Chair Regina Rippel. Regina introduced the new Director, Anne M. Barry. Anne shared with the members her professional history and complimented Saint Paul – Ramsey County Public Health on receiving accreditation from the Public Health Accreditation Board (PHAB). Anne is familiar with the accreditation process and thanked the committee for their contributions to our work. Members introduced themselves and shared what they expect to gain from this committee.

A motion was made by Jill Stewart and seconded by Madonna McDermott to approve the minutes from the October 5, 2016 meeting as written.

Agenda item:	Speaker/Discussion:
Election for 2017 Chair and Vice Chair	Regina introduced the Vice Chair Jill Stewart, who will move into the role of Chair as of January, 2017. Jill Stewart made a motion to nominate Joseph Adamji as the next Vice Chair. This was seconded by Madonna McDermott and passed by affirmation of the committee.
Aging: <ul style="list-style-type: none"> Overview of Ramsey County Board Workshop on Aging - Julia Wolfe (Healthy Aging Planner), Kathy Hedin (Healthy Communities Division Manager), Saint Paul - Ramsey County Public Health 	Kathy Hedin introduced tonight’s topic on Aging. She spoke about the County Board Workshop in September 2016 during which the Health and Wellness Service Team divisions came together to discuss where the work on aging is within Ramsey County. Julia began tonight’s presentation with a video The Big Idea in 4 Minutes - Coming of Age In Aging America. Members were asked to share the information they receive with community organizations. It is anticipated that the general population over the age of 65 is going to double by 2040, which will change transportation and healthcare needs. The aging population will outnumber the younger population resulting in a need for expanded resources for the aging community within Ramsey

	<p>County. Typically, remaining engaged and involved in the community as you age has the benefit of better health. There are a lot of resources for the aging population within Ramsey County; however, we need to align and promote these services within the community and fill in the gaps. Some services currently available are:</p> <ul style="list-style-type: none"> • Active Living Ramsey Communities. • Statewide Health Improvement Program. • Volunteer Program Network. • Adult Services. • Ramsey County Care Center. • Veterans Services. • Financial Assistance. • Children & Family Services. <p>Members were asked to identify immediate and long term changes that are needed. Identified were:</p> <ul style="list-style-type: none"> • Promoting the Safe Routes to School within the community as a time to socialize and promote a safer neighborhood. • Consider Health in All Policies (HiAP) approach in our work. • Make connections outside of our fields to raise awareness and incorporate aging in our conversations. <p>A draft copy of the Ramsey County Healthy Aging - Public Health Framework was distributed for review. Attention was drawn to page 19. Saint Paul – Ramsey County Public Health is looking to convene community residents, community groups, governmental agencies and non-profit agencies around aging. Members that know of someone that can assist with a meaningful leadership role should contact Julia via email julia.wolfe@co.ramsey.mn.us. The next steps would be to create issue briefs by topic including how they impact aging and why they are important and develop a plan to address these needs in the next Community Health Assessment. The Framework will be reviewed with aging experts prior to community input.</p>
<ul style="list-style-type: none"> • Grants and Programs – Michelle Lichtig 	<p>Kathy Hedin introduced Michelle Lichtig who was presenting as a member of the Community Health Services Advisory Committee. Michelle provided a brief history about the home and community based services along with her role as an Administrator of the Statewide ElderCare Partnership. The goal of the ElderCare Partnership is to Develop service delivery models that support high-risk, low-income adults 65+ and their caregivers to maintain their ability to live in their own homes as long as possible. In her work, she manages the grant funding. The Statewide ElderCare Partnership currently have 2 upcoming Requests for Proposal</p>

	<p>(RFPs), the Live Well at Home grant (LWAH) provided by Minnesota Department of Human Services and the Dementia Grant provided by the Minnesota Board on Aging. Michelle provided committee members with information on the requirements and who should consider these grants. Members were asked to share this information with others, introduce partners that they may be working with and assist in making the connections within the community (see attached Ramsey PowerPoint for information and URLs). For additional information on LWAH grant please contact michelle.lichtig@state.mn.us and the Dementia Grant nancy.lee@state.mn.us.</p>
<ul style="list-style-type: none"> • Saint Paul Advisory Committee on Aging overview - Kathy Kelso, Nancy Utoft - Saint Paul Advisory Committee on Aging 	<p>Kathy Kelso provided a little background about the history of the Saint Paul Advisory Committee on Aging and provided everyone with a copy of the By-Laws. Pointing out item 10 of the Charge “Improve intergenerational opportunities within Saint Paul”, Kathy noted that by changing the wording from aging to intergenerational, conversations have become more engaging. Community Health Services Advisory Committee members were asked to consider becoming members of the Saint Paul Advisory Committee on Aging. She also asked that they provide suggestions for city and county collaboration regarding the community and aging. Some topics noted were:</p> <ul style="list-style-type: none"> • Connecting resources within the community with the needs of the aging population. • Consolidate funds and combine the applications into one form as opposed to multiple applications for multiple funding sources to ease the process. • Use the model of a faith based “Neighborhood Transformation” as a way for the city and county to collaborate with other community resources. • Connect youth and elder programs to develop and share intergenerational skills and experiences. • Provide mobile medical services to adult, infant and childcare centers to alleviate transportation barriers. • Encourage volunteerism for retirees within their communities to provide gap services.
<p>Other:</p>	<p>Diane Holmgren thanked Regina for her services, strong contributions and leadership during her tenure as Chair of the Community Health Services Advisory Committee.</p>

Minutes taken by: Kaye Ward

Motion to adjourn (7:30PM) passed by affirmation of the committee.

Next meeting: January 4, 2017