

Community Health Services Advisory Committee
CHIP | Health in All Policies Action Team
Meeting Minutes
October 4, 2017

Members Present/Representation

Jill Stewart | Ramsey County at Large
 Shona Ramchandani | Ramsey County District 5
 Tom Kottke M.D. | City of Saint Paul
 Regina Rippel | City of Saint Paul
 Marie Sundaram | City of Saint Paul
 Mary Yackley | City of Saint Paul
 David Muhovich | City of Saint Paul
 Amy Harding | Ramsey County at Large
 Richard Ragan | Ramsey County District 1
 Lindsay McLaughlin | Ramsey County District 2

SPRCPH Staff:

Anne M. Barry | Director
 Roshani Saraiya | PHN
 Jocelyn Ancheta | Planning Manager
 Kathy Hedin | Division Manager
 Kari Baha | Health Educator
 Tamiko Ralston | PHN Clinician
 Cathy St. Michel | Administrative Support

Guests:

Tamara Stark | Violence Prevention Action Team
 Nick Knighton | Science Museum of Minnesota
 Grace Miller | Century College
 Sara Albarado | Century College
 Annika Wichmann | Century College
 Carly Connors | Century College
 Constance Lewis | Century College
 Lauren Ballard | Century College
 Samantha Reverts | Century College
 Jing Li | Century College

The meeting was called to Order at 5:30 pm by Chair Jill Stewart. Everyone was welcomed to the meeting and introductions were made.

A motion was made by David Muhovich and seconded by Thomas Kottke to approve the minutes from September 6, 2017. The motion passed by affirmation of the committee.

Agenda item:	Speaker/Discussion:
Community Health Improvement Plan (CHIP) Update: Jocelyn Ancheta (Planning Manager), Saint Paul – Ramsey County Public Health	The Community Health Improvement Plan (CHIP) Mid-Year report for the first half of 2017 does not include data. Saint Paul – Ramsey County Public Health is in the process of gathering and updating data for the Community Health Assessment (CHA). The information and indicators of the CHA will be used to update the next CHIP. Tonight, each presenter will report on progress toward one of the goals in the CHIP.

Community Health Improvement Plan (CHIP) Action Team Updates:	
Health Equity in All Policies Anne M. Barry (Director), Kathy Hedin (Healthy Communities Division Manager), Saint Paul – Ramsey County Public Health	<p>This goal has very broad reach. Saint Paul – Ramsey County Public Health (SPRCPH) partners with other organizations to achieve progress in areas where direct control is limited. SPRCPH must consider the voice of the community in identifying areas that impact health outcomes. We have a responsibility to look at Health in All Policies (HiAP) in all areas – contracts, budgets, transportation, etc. We must think broadly about issues that impact health and disparities that affect our population when resolutions are presented to the board. Some of our work has been initiated by the community requesting that SPRCPH provide support for projects such as Reconnect Rondo, the Dale Street Bridge and a pedestrian plan. Moving forward, this team may adjust the objectives to address the work that is taking place. The variety of projects reminds us that social determinants of health (SDoH) are important in many areas. Income, education and feeling safe are critical to health and wellbeing. In a challenged community even a small positive change may have a big impact.</p> <p>SPRCPH has posted an open position for a Health Equity Officer (HEO) within Public Health who would be responsible for including HiAP throughout the county. SPRCPH will be in the process of interviewing for the HEO position in the next couple of weeks.</p>
Access to Health Care Anne M. Barry (Director) & Jocelyn Ancheta (Planning Manager), Saint Paul – Ramsey County Public Health	<p>The results of the Emergency Department (ED) study given by Public Health Presents in September was a big accomplishment. Over 900,000 emergency visits were recorded during the period of five years (2010-2014). After classifying ED visits using the algorithm (n=464,501), 77.2 percent of visits were found to be potentially preventable if timely and effective ambulatory care had been received during the episode of illness. This study concluded WHAT was happening. Saint Paul - Ramsey County Public Health (SPRCPH) will be working on a second phase of this study to understand WHY so many visits are to the ED instead of primary care providers who could better address the client’s issues. Hospitals and the health community want to understand why clients choose not to use our primary care system, which is fairly robust. About half of ED visits are for primary care-related issues. The other half are for injuries, mental health and substance abuse issues. We have three Level 1 Trauma Units in Saint Paul, but by population we should only need one. EDs are full service, but the care would be better with primary care providers, especially with mental health. Availability could be an issue. EDs are 24/7 and no appointment is needed. Phase 2 of the study will start by making no assumptions. We will work with hospitals and the community to gather information, and survey clients to understand why they use EDs.</p>
Mental Health Roshani Saraiya (Public Health Nurse), Saint Paul – Ramsey County Public Health	<p>On average people wait ten years to seek mental health treatment. This team has been working toward broadening community outreach and focusing on community engagement. We have partnered with Gene Nichols (African American Leadership Forum), Deatrick LaPointe (Indian Health Board of Minneapolis), the City of St. Paul and other community partners to increase collaboration and create more resources for wellness. The team is being mindful of asking families who may not be engaged with these organizations to provide input. The team hosted a World Café and an</p>

	<p>Envisioning Victory event, and is trying to narrow in on smart objectives that will achieve successful outcomes. University of Minnesota students are working on a Quality Improvement project with the community coalition, and working on a website to share resources among partners. Next steps are to choose a logic model that will help the team become more community based and data-oriented.</p>
<p>Violence Prevention Tamara Stark (Co-Chair), Violence Prevention Action Team & Kathy Hedin (Healthy Communities Division Manager), Saint Paul – Ramsey County Public Health</p>	<p>Goal 5 is responding to high reported assault rates for both youth and young adults. The Violence Prevention Action Team (VPAT) consists entirely of adults, and the youth and young adults who are most affected are underrepresented. There is a need to reach those who want to stop using violence, and also have a safe place for people who experience violence. Recommended interventions may be set up to fail if the people most affected are underrepresented in the planning. The VPAT is responding to what they see, but it is a small snapshot of those who are affected. Interventions that would have the most impact are ones that are planned and organized by the youth and young adults affected by violence. The team is currently working with community health training consultants from the University of Minnesota to explore a geomapping app that will identify where young people are going when in danger. Recognizing that relationships are key for people who have barriers and are underrepresented, the app will tag locations where those spaces are identified and the team can get help to the locations that are tagged. We will maximize our role as connectors. Conversation ensued about the incidence of gun violence and the high percentage of suicide by gunshot among boys and young men. One approach to focus on gun violence is to strengthen young people's ties to their community. When people are involved in suicide/mental health support it makes a difference. The more we can place value on mental health support and form ties to the community the more it will help. We want to form a safe place without judgment for victims. The geomapping phase of the project may help with this. Faith communities may be an asset, but some may not even have websites. We do not want to miss these areas that have fewer resources. Students can be recruited to come into the community and assist with the geomapping work. We want to use this opportunity to make connections and form an advisory role for young people. Conversation ensued regarding having an attitude of kindness, thankfulness, and expressing gratitude as a way to improve mental health and raise overall mood. It will not make up for dire personal circumstances, but it can break the habit of being 'down.' Life can get better with a few small changes. Attitude and meditation can help people gain a different view of the world. Holistic wellness resources such as a healer's network may play a role in helping people avoid substance abuse and self-medicating.</p>
<p>Healthy Eating, Active Living, Tobacco-Free Living Statewide Health Improvement Partnership (SHIP) Team</p>	<p>There is some information about Goal #2 in the CHIP Mid-Year Report. More information about this goal will be presented by Carissa Glatt (Statewide Health Improvement Partnership (SHIP) Coordinator), Saint Paul – Ramsey County Public Health, at the November SHIP meeting.</p>
<p>Community Health Assessment Update Anne M. Barry (Director), Saint Paul – Ramsey County Public Health</p>	<p>The updated Community Health Assessment (CHA) will be ready for publication by early 2018. This committee recommended changes to include both quantitative data and qualitative data in the CHA. Qualitative data will describe how the CHA looks across different populations, how we are addressing these indicators, and what other work we should be doing. Some indicators are very traditional areas,</p>

	<p>some are very broad, and some are new to us, such as out-of-home placement for children, sleep deprivation and incarceration rates for children and adults. To acquire qualitative data, the CHA team is planning to collect information from a few thousand people in Ramsey County about individual, family and community health. The plan is to attach community voices to the quantitative data. We would like to have the CHA available on the new Ramsey County data portal. The CHA is used to guide the strategic plan of the department Community Health Improvement Plan.</p>
<p>Announcements and Updates</p>	<p>This committee was instrumental in shaping the resolution presented to the Ramsey County Board restricting the sale of menthol tobacco products. The City of Saint Paul delayed their vote for one month to gather information. Small shop owners presented a compelling case that they will lose business. Committee members who live in Saint Paul are asked to write their council representative and express their views.</p> <p>The Elections department is asking for assistance to find ways of reaching more people in the community, and want to attend a CHSAC meeting to talk about how to increase voter participation. They are seeking multi-lingual interpreters to assist with voters.</p>

Minutes taken by: Cathy St. Michel.

Motion to adjourn (7:05PM) passed by affirmation of the committee.

Next meeting:

November 1, 2017: SHIP Community Leadership Team/ Community Health Improvement Plan (CHIP) Action Team

December 6, 2017: Community Health Services Advisory committee