

**Community Health Services Advisory Committee
CHIP | Health in All Policies Action Team
Meeting Minutes
January 4, 2017**

Members Present/Representation

Tom Kottke M.D. | City of Saint Paul
Emily Becker | Ramsey County District 3
Prasida Khanal | Ramsey County District 4
Mary Yackley | City of Saint Paul
Jill Stewart | Ramsey County at Large
Joseph Adamji | Ramsey County District 5
Amy Harding | Ramsey County at Large
David Muhovich | City of Saint Paul

SPRCPH Staff:

Anne M. Barry | Director
Diane Holmgren | Administration Division Manager
Kaye Ward | Administration Support
Cathy St. Michel | Administration Support

The meeting was called to Order at 5:30 pm by Chair Jill Stewart. Everyone was welcomed to the meeting and introductions were made.

A motion was made by Tom Kottke and seconded Dave Muhovich to approve the minutes for December 4, 2016 as written.

| Agenda item: | Speaker/Discussion: |
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| Health in All Policies update: Anne M. Barry Director, Saint Paul – Ramsey County Public Health | <p>Members were handed a draft copy of the document “Placing Health and Wellness at the Center of Decision-making”. This is one of the Ramsey County Health & Wellness Service Team (H&WST) priorities for 2017. Anne described the process that Ramsey County is using to include Health in All Policies (HiAP) as part of every decision throughout Ramsey County. The three focus areas for the H&WST are :</p> <ul style="list-style-type: none"> • Homelessness • Continuum of services for youth 0-24 years of age • Placing health and wellbeing in the decision making process. <p>Ramsey County set a goal of creating a county-wide definition of HiAP and also piloting two countywide projects to address disparities in equity and outcomes for clients. Every decision within Ramsey County can have consequences for the health and wellbeing of our clients. The intent is to understand those consequences at a board and county level, and engage the community to understand how clients experience our services and how there may be equity or inequity in how those services are provided. The goal is to have this become a normalized approach to decision making.</p> <p>Anne requested feedback about the HiAP document from committee members, and several topics were discussed:</p> <ul style="list-style-type: none"> • The word ‘wellbeing’ is preferred over ‘wellness.’ • Focus on 1 internal and 1 external pilot project • Goals for the activities can be short- or long-term. • In cooperation with a HealthPartners initiative, focus on early childhood and make sure every child receives a book at every visit. Programs such as WIC and family home visits could work collectively with HealthPartners. |

| Agenda item: | Speaker/Discussion: |
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| | <ul style="list-style-type: none"> • Within the HIAP document, replace the word ‘organization’ with ‘county’ so that all departments understand that their decisions have an impact in the communities in which we live. • Leadership should encourage all departments to change their thinking. It is a challenge to think about how every topic can impact health and wellbeing. Issues seemingly unrelated to health, such as the emerald ash borer beetle, can have an impact through changes to the environment, green space and air quality. Another example is a roadway that bisects a community and creates separation that impacts neighborhood cohesiveness and overall health of community members. • Mental health issues are not easily measureable; however, stress has a major impact on overall health and wellbeing. Vigilantism has become more common in recent months, and is a huge stressor for certain populations. • Employers could look at ways to support employee health and wellbeing and encourage participation in community outreach without reprisal. • OSHA promotes employee health; employers could consider ways to ease stress in the workplace in order to improve the overall health of staff. For example, installing sit/stand desks would have a short-term impact on budget with a long-term and unmeasurable return on investment of happier, healthier employees. • Employers should consider the short-term and long term impacts, e.g. loss of income from pop machines, can have a long-term health impact such as lower pre-diabetes rates and better dental health. • Health equity language should be at the center of decision-making, and how phrases are worded is important. Consider ‘race equity’ vs. ‘anti-racism,’ and the way phrasing will impact perception. Help staff focus on how institutional biases can impact how we deliver our programs. • Staff need to consider their own cultural context within our community. The county could systematically survey program recipients to hear the voice of those experiencing the programs who do not now have a voice. • Businesses need a diverse staff to help eliminate barriers from diverse communities and focus on retention and skill building for all staff. |
| <p>Budget planning and process for 2018-19: Anne M. Barry, Director, Saint Paul – Ramsey County Public Health</p> | <p>Diane Holmgren presented the budget process, and described how Ramsey County is about to embark on a 2-year cycle for the budget. The first year focus is on dollars. The second year focus is on performance measures. In the past departments were asked to articulate how the budget aligned with county goals. This year there is an added goal of looking at racial equity and community engagement activities. Public Health is involved in many community engagement efforts of different levels. Some grant-funded projects require committees that include community members.</p> <p>Members suggested providing incentives such as child care, food, time of day, location and a stipend to increase participation. Virtual participation could also be a way of increasing attendance.</p> <p>CHSAC members play a role in community engagement. More deliberate effort could be made in filling vacancies and working with the city and county to develop more diverse membership. CHSAC can look at the budget with activities that we will advance through a health equity lens.</p> |
| <p>Public Health Awards 2017 – Selection Committee (Need 2 members): Anne M. Barry, Director, Saint Paul – Ramsey County Public Health</p> | <p>Nominations for the 2017 Public Health Awards are now open. Members were asked to consider being a part of the Selection Committee. Amy Harding and Joseph Adamji volunteered to serve in this capacity.</p> |

| Agenda item: | Speaker/Discussion: |
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| <p>Setting the agenda for 2017: Jill Stewart, Chair</p> | <p>Jill requested that members consider topics that they would like to cover over the next year. Committee members all agreed that they prefer a more active participation in advising and providing input. Some suggested topics include:</p> <ul style="list-style-type: none"> • A budget primer so members are aware of the resources that are available and how money is spent. • A review of Public Health for newer members as a continuation of the CHSAC New Member Orientation; Include presentations from various divisions describing their programs and services. • A united vision, purpose and direction of the mission of CHSAC and how it fits into SHIP. • The Community Health Assessment (CHA). A review and lessons learned. • Invite Sanne Magnan to speak about population health activities on a national level. • Needs identified with birth-to-three age group and focus on providing assistance for those needs. Look at health promotion and disease prevention for 0-5 group. The 0-5 age group tend to move in silos, and we need to explore an area where there is a single point of contact for families with concerns. Screenings are performed on 40% of 3-yr-olds, and many services that could be provided are not identified until the child enters school at age 5. • Invite students to share what they are doing. Joseph volunteered his students as presenters and a section of the community that we would enjoy hearing from. • Sharing data can be a struggle because of HIPAA and privacy concerns. Head Start could provide a spreadsheet of data about their richly diverse population if Ramsey County requested the information. • Have each committee member discuss what they do and how it relates to Public Health. • Address concerns with teen pregnancy, especially with the second pregnancy. Want to sustain funding after successful outcomes are achieved so the trend does not reverse itself due to lack of resources. Assure that teens have access to good information and resources. |

Minutes taken by: Cathy St. Michel

Motion to adjourn (7:30PM) passed by affirmation of the committee.

Next meeting: February 1, 2017 SHIP | CLT