

**Community Health Services Advisory Committee  
 CHIP | Health in All Policies Action Team  
 Meeting Minutes  
 September 6, 2017**

**Members Present/Representation**

Mee Cheng | City of Saint Paul  
 Tom Kottke M.D. | City of Saint Paul  
 Madonna McDermott | City of Saint Paul  
 David Muhovich | City of Saint Paul  
 Regina Rippel | City of Saint Paul  
 Kerri-Elizabeth Sawyer | City of Saint Paul  
 Mary Yackley | City of Saint Paul  
 Amy Harding | Ramsey County at Large  
 Christine Iserman | Ramsey County at Large  
 Amy LaFrance | Ramsey County at Large  
 Jill Stewart | Ramsey County at Large  
 Richard Ragan | Ramsey County District 1  
 Lindsay McLaughlin | Ramsey County District 2  
 Eugene Nichols | Ramsey County District 4  
 Christine Smith | Ramsey County district 6

**SPRCPH Staff:**

Diane Holmgren | Administration Division Manager  
 Joan Brandt | Family Health Division Manager  
 Tamiko Ralston | PHN Clinician  
 Lauren Lightner | Social Worker  
 Cathy St. Michel | Administrative Support

**Guests:**

Lauren Ballard | Student, Century College  
 Carly Connors | Student, Century College  
 Cassie Dorcher | Student, Century College  
 Susan Leem | Student, Century College  
 Samantha Reverts | Student, Century College  
 Katelyn Wilke | Student, Century College

The meeting was called to Order at 5:30 pm by Chair Jill Stewart. Everyone was welcomed to the meeting and introductions were made.

A motion was made by Eugene Nichols and seconded by Thomas Kottke to approve the minutes for May 3, 2017. Motion passed by affirmation of the committee.

| Agenda item:   | Speaker/Discussion:  |
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| Birth Equity Community Council (BECC),<br>Tamiko Ralston (PHN Clinician), Saint Paul – Ramsey County Public Health | Tamiko has been working with City MatCH since last August. She is part of the third cohort, which is addressing birth equity in the community. African American and Native American babies have 2.5 times the mortality rate of White babies. The staff wanted to engage the African American and Native American communities to improve these outcomes. Ready-Set-Go is a 3-phase model that incorporates data from the community gathered from conversations and upstream and downstream data. The cohort is starting Phase 2 now, and will analyze the data with the Minnesota Department of Health (MDH) and other stakeholders. Phase 3 will implement strategies based on what is discovered in Phase 2. The cohort is seeking more sources to capture information. Data collection expanded to include Hennepin and Ramsey Counties to have a large enough data pool to utilize Ready-Set-Go’s analysis tool. The tool will identify gaps in four areas of infant health. When the Birth Equity Community Council (BECC) goes into the community they are having a conversation about the data. The tool will help create a list of risk factors and identify the opportunities for greatest impact. In the community BECC had their first World Café in April, which included an academic presenter who showed that social determinants of health have an impact on birth outcomes. Various community members and experts participated, looked at understanding what was learned from Phase 2 and selected three areas to focus on in Phase 3. In July BECC hosted Envisioning Victories, which included training in the community to have supports in birth equity, such as |

| Agenda item:   | Speaker/Discussion:   |
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|  | parenting support for fathers and building community relationships. The next step is to continue community engagement and upstream and downstream interventions. To have the most impact, BECC needs to link their work with community dialogs, and partner with organizations that will engage populations in a culturally responsible way.  |
| Family Home Visiting,<br>Joan Brandt (Manager),<br>Saint Paul – Ramsey County<br>Public Health                                 | Family Home Visiting (FHV) is a strategy to address a target population within Ramsey County. Much of what we do is unique to Ramsey County; however, every county has a unique set of circumstances based on their population. Public Health Nurses (PHNs) meet with clients in the home. For clients who are homeless or on the edge of homelessness, PHNs can meet at bus stops, schools or McDonalds. FHV is clear that the parent knows the child best, and children should develop in a safe and healthy environment. Minnesota Department Health (MDH) has two evidence-based national models that FHV adheres to. MDH provides consultation and has the capacity for significant data reporting across the state. Healthy Families America follows a two-generation approach to reduce child abuse and Adverse Childhood Experiences (ACES). Due to capacity of FHV, services end at age three instead of five. Nurse Family Partnership is for first-time moms. Services must begin prior to 28 weeks gestation, and continue up to age two. The return on each dollar invested is \$5.41 in Minnesota. A data model begun in 2003 within Ramsey County recognized that 70% of teen parents did not graduate. Conversations between Minnesota Family Investment Program (MFIP) and Public Health providers resulted in PHNs becoming MFIP case managers. This school year, 75% of the teens we visit graduate. Ramsey County is speaking at a HRSA conference this week in the hopes of being identified as an innovative model and therefore eligible for federal funding. Women, Infants and Children (WIC) and school nurses are amazing sources for teen parents. Embedded in the assessment are questions that identify ACES. We have been using CareFacts for data collection, and are working on converting to PH-Doc. With PH-Doc we will have better data at our fingertips and eventually, get a better understanding of who we are serving and the outcomes. Observation has shown that nurses who do home visits get good outcomes. The FHV models allow for flexibility to address issues observed in the home – lights out, eviction notices, no food, etc. The key is early intervention, and nurses often recognize symptoms earlier than first-time moms. Some of the barriers that prevent us from serving more clients are staffing and funding. This past legislative session is investing \$12-13 million over the next two years, and the third year is \$16 million. The need statewide to reach the number of families that need services is \$30 million. PHNs are so needed. When PHNs get into homes they get more positive outcomes. |
| House Calls<br>Diane Holmgren (Manager),<br>Lauren Lightner (Social<br>Worker), Saint Paul –<br>Ramsey County Public<br>Health | HouseCalls started in 1992. Responding officers did not have the ability to help families in the situations they found when responding to calls. House Calls is funded mostly through grants. The number of families that qualify for assistance next year will be double, and the program ran out of funds in just four months this year. Resources are available to renters or owners. Saint Paul Foundation assists with funding, which is a big help. House Calls works with Department of Safety Inspectors (DSI) to identify families that are in crisis and other unsafe conditions. The House Calls resource guide is available to leave with clients. It lists many of the partners who offer services to residents. House Calls is one of very few programs that assist with water, energy, gas, utilities and rent. Future funding for utility assistance is uncertain. House Calls hosts many community outreach events, especially around holidays and back-to-school time.  |

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|   | <p>Social workers on staff provide case management. Cases are open from three months to two years. Inspectors are instrumental in getting the guide to clients. The average client is over 55 and living alone. Contact House Calls 651-266-1290 to request copies of their booklet.</p>   |
| <p>Updates and Announcements,<br/>All</p> | <p>Amy Lafrance – Amy is part of the Mentor Committee at University of Minnesota School of Public Health. The committee is seeking public health professionals who want to mentor a public health student. Some mentors may be asked to take two mentees. If you are interested in this role, contact Sara Pennebecker, Mentor Program Coordinator 612-626-7405 phmentor@umn.edu</p> <p>Eugene Nichols – Ordinance restricting the sale of menthol flavored tobacco products. Saint Paul City Public Hearing: Wednesday September 20, 2017, at 5:30 p.m., Saint Paul City Hall, 15 Kellogg Blvd W., Room 300, Saint Paul, MN 55102<br/>       Vote: Wednesday September 27, 2017, at 3:30 p.m.<br/>       Please call your representative to revise the restriction to include menthol flavored tobacco products.<br/>       The resolution created by CHSAC is going before the city council on the September 12.</p> |

Minutes taken by: Cathy St. Michel  
 Motion to adjourn (7:05 p.m.) passed by affirmation of the committee.  
**Next meeting:** October 4, 2017