

**Saint Paul – Ramsey County Statewide Health Improvement Program (SHIP) Community Leadership Team
 Community Health Improvement Plan (CHIP) Action Team
 Meeting Minutes
 May 2, 2018**

Members Present/Representation

Eugene Nichols, Co-Chair | County at Large
 David Muhovich | Mayor Appt
 Mary Yackley | Mayor Appt
 Mee Cheng | Mayor Appt
 Sarah Osman | Mayor Appt
 Deanna Varner | HealthPartners
 Joan Pennington | HealthEast
 Jose Tori-Maguina | MN Interpreters and Translators

SPRCPH Staff:

Anne Barry | Director
 Maria Sarabia | Health Equity Officer
 Carissa Glatt | SHIP Grant Coordinator
 Kim Klose | Planner
 Ann Tranvik | Public Health Nurse
 Franny Clary-Leiferman | Health Educator
 Pa Shasky | Health Educator
 Kari Baha | Health Educator
 William Moore | Health Educator
 Cathy St. Michel | Administrative Support

Guests:

Greg Herder | Mounds View Public Schools
 Kim Kelly | Roseville Area Schools
 Sara Levy | Intern

The meeting was called to order at 5:30 pm by Eugene Nichols. Everyone was welcomed to the meeting and introductions were made.

A motion was made by Mee Cheng and seconded by Mary Yackley to approve the minutes as written from the February 7, 2018 meeting. The motion was passed by affirmation of the committee.

A motion was made by Mary Yackley and seconded by Deanna Varner to accept the agenda as amended. The motion was passed by affirmation of the committee.

Agenda item:	Speaker/Discussion:
Presentation of Public Health Award, Anne M. Barry (Director), Saint Paul - Ramsey County Public Health	Anne Barry presented a 2018 Public Health Award to Eugene Nichols and thanked him for his leadership volunteering on several action teams, and especially in his efforts to pass legislation restricting the sale of menthol flavored tobacco products. The video of the award ceremony from the April 3 rd County Board meeting was played for the committee.
Introduction, Maria Sarabia (Health Equity Officer), Saint Paul - Ramsey County Public Health	Maria has been serving as Health Equity Officer (HEO) for five months, and shared the vision of her work with the committee. Maria built her career by serving in public health roles through college and graduate school. She understands business systems and how they impact services. Maria worked in several roles before she came to Minnesota on a Statewide Health Improvement Partnership project for the Centers for Disease Control to understand the connection between culture and food. She brings a range of experiences to the HEO role, and she can speak to many different areas in business and as they relate to public health. Maria lives and works in Ramsey County. She is framing her work to gain traction across the county and break down barriers. She is open to questions and comments and looks forward to working with this committee as she defines her role as HEO. Eugene welcomed Maria and looks forward to working with her.

<p>Ramsey County in Schools,</p> <p>Greg Herder (Service Learning Coordinator), Mounds View Public Schools,</p> <p>Kim Kelly (Statewide Health Improvement Partnership Facilitator), Roseville Area Schools,</p> <p>William Moore (Health Educator), Saint Paul – Ramsey County Public Health</p>	<p>William invited two school partners here today to share what their schools are doing with Statewide Health Improvement Partnership (SHIP) initiatives.</p> <p>Greg Herder is with Mounds View Public Schools (MVPS). Now in the fourth year of participating in SHIP, nearly 5000 pounds of food has been donated to the community from a SHIP-funded, community-run school garden. Once MVPS showed willingness to provide produce from the school garden, Second Harvest revamped their supply chain to have more fresh produce in the food shelf. This is one example of how SHIP work in the school district aligns with the community.</p> <p>SHIP 4 is funding a wellness coordinator to create sustainability of wellness programs that will carry forward to the future. The district allows us to make sure health equity and activities are being considered that will open more opportunities for students.</p> <p>MVPS is part of the Alliance for Healthy Schools. SHIP allows them to set up initiatives and share them among the schools so that the projects are more visible.</p> <p>Kim Kelly is from Roseville Area Schools (RAS): RAS focuses on working with nutritionists and community managers. There are many activities and initiatives in RAS that work toward SHIP goals.</p> <ul style="list-style-type: none"> • Next week is Walk/Bike to School Day. The MN ReCyclery partner with adult education classes to refurbish bikes for people who cannot afford bikes. • There is a bike rodeo coming up that will include bike safety through the Walk! Bike! Fun! curriculum. The curriculum has been updated to allow special education adaptations at the bike rodeo. Physical Education teachers are implementing Walk! Bike! Fun! in their classes. • Engineers from the University of Minnesota came to Harambee to construct helmets with the students and tested the helmets on a crash machine. • A new tool kit is available for staff that is all wellness related. Regulations are available for all principals for classroom wellness. • RAS are registered with the Healthy Schools program. Community fitness classes are taking place with student leaders. • The community center has updated vending with healthier choices. • Physical activity is promoted by having a dance party event at Roseville Middle School along with a Rethink Your Drink campaign. • There is a Mileage Club at Falcon Heights to measure their steps. • RAS is working with the YMCA to establish yoga classes for Somali girls and women. • Healthy Schools nutrition services participates with Minnesota Local every month to support local farms and gardens. • The alternative high school distributed a survey designed to modify the lunch menu to include items their students would enjoy. Items were added to the menu based on the survey feedback. • Garden in a Box was awarded to two schools. <p>Kim is excited to see changes taking place in the schools without her having to initiate the idea.</p> <p>William addressed barriers, both internal and external, encountered at these and other districts. Barriers can be overcome if you package it persuasively. There may be a lot of pieces to put together into a plan, but he wants school staff to realize that SHIP wants to be a positive influence.</p>
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	<p>The SHIP process and school health index allows schools to take an assessment of the activity culture in the school. Taking this assessment leaves you open to grant opportunities, as some grants require an assessment to be on file.</p> <p>If you encounter barriers to your SHIP project, please communicate them to Carissa so that the SHIP team can help address them.</p>
<p>Opportunities for Partnering with the Community Leadership Team Questions and Discussion, Carissa Glatt (SHIP Grant Coordinator), Saint Paul – Ramsey County Public Health</p>	<p>This is a continuation of the questions from the February meeting.</p> <p>How does your current work align with SHIP? How can SHIP leverage your skills and assets?</p> <p>Carissa will begin creating a workplan in August. She wants to connect with committee members before starting the workplan. There is already a consortium of three counties (Washington, Ramsey and Dakota) working together to do a health assessment for hospitals. Each of the entities and the hospitals do similar work, so they are hoping to share data to reduce the duplication of effort. There is a lot of alignment in what SHIP is doing. Many of the goals are very similar. Washington and Dakota Counties will be asking the same qualitative questions that Jocelyn had in her survey.</p> <p>Walk and Bike to School Day next Wednesday. SPPS needs volunteers next Tuesday and Friday. Phalen Lake Elementary School is participating for the first time this year, so they need extra help to make it successful.</p> <p>Julia Wolfe is putting on the first Healthy Aging Forum. She would appreciate the committee’s help to get the word out through their networks. This is a community event, focusing on the Rondo and Frogtown neighborhoods.</p> <p>Baby Café – Public health is starting to provide additional breastfeeding support and Baby Café is one method being used for outreach. Staff will observe if the first few cafés are well-attended. The Café is led by WIC staff. This is a free service and the event takes place from 4 – 6 p.m. If you would like Carissa to mail a poster to you, contact her at carissa.glatt@ramseycounty.us or call 651-266-2506.</p>
<p>Networking and Announcements</p>	<p>May is mental health month. Deanna brought info for the Make It OK campaign. The goal of the campaign is to normalize the conversations on mental illness. One in five people have a mental illness.</p> <p>Senator Chris Eaton is introducing opioid legislation that includes overcoming the mental health stigma.</p> <p>There is a new 16-bed in-patient rehabilitation treatment center in Afton – thank you to all who were involved in that project.</p> <p>The Mental Health and Wellness Action Team is working on many of these issues. If there is a mental health topic on the Community Health Services Advisory Committee Meeting agenda, could the SHIP/CLT be invited to attend? This will help bring people with common goals together from across actions teams.</p> <p>The Metro Breastfeeding Coalition has just been formed. People are more than welcome to come and support moms in clinics, community, schools, workplaces, etc.</p> <p>Shoreview and Falcon Heights city councils will be reviewing legislation on Tobacco 21 next week.</p>

Minutes taken by: Cathy St. Michel

Motion to adjourn at 7:10 p.m. passed by affirmation of the committee.

Upcoming meetings: June 6, 2018, Community Health Services Advisory Committee

August 1, 2018 SHIP Community Leadership Team/ Community Health Improvement Plan (CHIP) Action Team