



Saint Paul - Ramsey County Public Health

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Community Health Services Advisory Committee

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## Community Health Services Advisory Committee

### Summary Meeting Minutes

April 2, 2014

#### **Members Present**

Maridee Bain (County At-Large)  
Kathy Campion (County At-Large)  
Tom Kottke (Mayor)  
Der Moua (Mayor)  
Dave Muhovich (Mayor)  
Gene Nichols (County District 4)  
Regina Rippel (Mayor)  
Sylvia Robinson (County At-Large)  
Karla Sand (County District 7)  
Kerri-Elizabeth Sawyer (Mayor)  
Nancy Shier County (District 6)  
Jill Stewart County At-Large)  
Esther Tatley (County District 1)  
Bob Tracy (Mayor)  
Mary Yackley (Mayor)

#### **Guests Present:**

Joua Yang; Lane Rapp

#### **Staff Present:**

Sue Mitchell  
Diane Holmgren  
Rina McManus  
Richard Ragan

#### **Presenters:**

Joan Brandt, Family Health Section Manager  
Tamiko Ralston, Public Health Nurse/MCH Outreach

**Welcome** – The Meeting was called to Order at 5:30 PM by Chairperson Kathy Campion. She welcomed everyone to the meeting and introductions were made.

**Presentation on local health equity work:** Joan Brandt, Family Health Section Manager and Tamiko Ralston, Public Health Nurse/MCH Outreach

Joan Brandt and Tamiko Ralston presented information on the program Club Mom. There are large health disparities in infant mortality rates between Caucasian and African American babies, the African American infant mortality rate being twice the rate of Caucasian babies in Ramsey County.

Family Health has created a community model based on Club Mom in Oakland California. The Department is working in the Promise Neighborhood in St. Paul. The Saint Paul Promise Neighborhood (SPPN) is a community-wide initiative to provide the academic and social supports children need to succeed in school and in life. Saint Paul's Promise Neighborhood is a 250-square block area in the heart of the Frogtown and Summit-University neighborhoods. Nearly 80 percent of the Neighborhood's residents are persons of color – with African American and Hmong making up the largest groups. It is home to African immigrants, Latinos, and others as well.

A unique urban mix of races, ethnicities and cultures, the Neighborhood is a microcosm and bellwether of demographic changes happening in cities all over the US. Neighborhood children and families face challenges of poverty and racial disparities, but the area is also rich in diversity and cultural assets. SPPN has developed a continuum of solutions and a surrounding infrastructure where all children are

validated, valued, developed with culture as an asset, and where they can all ultimately be successful. SPPN provides wrap-around supports for children and their families from birth through grade 5, with full-service schools at the center. Three target schools are working with the initiative to serve SPPN children and families – Jackson Preparatory Magnet, Maxfield Magnet School, and St. Paul City School.

Club Mom Focus groups were conducted in June 2013 for young moms 19 years and older with babies age 0-5 years. It is headquartered at the Wilder Foundation in St Paul. Club Mom programming includes nutrition, stress management, pregnancy, parent education, mentoring, activities for babies and resources for families, Dad and partners.

There is a partnership with the African American Leadership Forum (AALF). The African American Leadership Forum is a movement of African American leaders and stewards across six metropolitan areas - the Twin Cities, Portland, Seattle, Des Moines, Tacoma, and Omaha - that is committed to the revitalization and sustainability of a vibrant African American community.

Club Mom is currently support with some funding through the Twin Cities Healthy Start Program. The Healthy Start program is a federal initiative mandated to reduce the rate of infant mortality and improve perinatal outcomes through grants to project areas with high annual rates of infant mortality.

Karla asked a question about whether or not there is a connection with Health Start (a different program) and staff answered not at the present time, as Health Start really has a different focus, however they are aware of resources available through Family Health, should it be appropriate for teens accessing their services.

Jack asked the question about the involvement of fathers. In Oakland, there is Café Dad. (Tamiko is exploring ways to implement this in Ramsey County.)

Regina asked the question about overlap or duplication with other home visiting programs. The answer is that staff try to avoid duplication and strive for coordination. Staff get referrals from WIC and school nurses. There are approximately 7,000 births in Ramsey County each year (of those 3,500 are on medical assistance.) Staff are currently working with 15 Moms (9 continuously). The question is, how can they reach more? This is a “group” model, not one-to-one service.

David asked if there is a formal relationship with an academic institution (Bethel University) for research. The answer was no, there is not, but staff would like to establish a relationship for research.

The program is Afro-centric because of the high infant mortality rates staff are trying to reduce.

Der works with Hmong teen Moms trying to accomplish the same goals – case management and parent education. She is also working with Moms who are Karen and Burmese. Ramsey County also has a teen parent program.

There was a question about transportation and the answer was yes, there are funds to support transportation needs.

### **Discussion and Approval of Community Health Improvement Plan-Review of Implementation process of Action Teams:**

The draft CHIP document has been sent out to all CHIP committee members. The document includes only narrative. There are no charts or data included yet.

Vision and Values were discussed and revisions were suggested to be -

- We acknowledge and embrace the diversity that makes up our community;
- We strive to ensure that appropriate services are provided in a positive environment that is welcoming, open and accessible;
- We are committed to fostering mutual respect and trust as we act in a transparent and collaborative manner in the best interests of the community;
- We work together in positive ways that will benefit our community.

A motion was made by Dr. Tom Kottke to Recommend approval of the CHIP Plan, as amended, to the Ramsey County Board of Commissioners. The motion was seconded by Maridee Bain . The motion passed unanimously.

The Action Teams have been formed to address the following topics: Access to Health Services; Nutrition, Weight and Active Living; Mental Health and Mental Disorders/Behavioral Health; Social Determinants of Health and Injury and violence Prevention.

There was a request to CHSAC members to actively help recruit individuals within the community to join the Action Teams. It is expected Action Team meetings will be schedule beginning in June.

The Ramsey County Board will consider approving this document on May 20 and then it will be forwarded to MDH.

Action Team members responsibility is to become familiar and knowledgeable about goals, objectives and strategies in the CHIP Plan, knowledgeable about what's going on in the community around Action Team objectives, create connections with community partners, provide input to refine CHIP strategies and identify additional data sources, collect data and monitor progress.

Please consider becoming an Action Team leader(s), providing orientation to the topic, planning and facilitating meetings, organizing work and providing information at proposed annual meeting with Action Team Leaders.

Question and discussion about Action Teams – how often and to whom do they report?

### **Elect Tom Kottke as Vice-Chair, CHSAC**

Motion to elect (unanimous) Dr. Tom Kotte as Vice-chair of the CHS Advisory Committee.

### **Brief overview of Draft Strategic Planning Document:**

Strategic Planning will be the major topic of the May CHSAC meeting. There will also be an overview of the accreditation process.

The Department's strategic plan has evolved from the Department's Leadership Team's work with consultant, information from CHIP planning, a survey to staff and the information generated, key informant interviews throughout Ramsey County (both departments and individuals), and a County Board workshop with the question posed – What does the Department of Public Health focus on for the next 5 years?

We need the CHSAC members to review the objectives and make certain they are SMART objectives and review the list of potential strategies. Only broad goals and objectives go to the County Board. Strategies show up in workplans (Section and individual). The work identified is extremely ambitious and does not include the “business as usual” work we do day in and day out. These are new critical strategic areas.

Please submit your comments to Rina as soon as possible. She will be meeting with the Department Leadership Team on April 16.

Goal #1 Advance Health Equity – the attainment of the highest level of health possible – for all people in Ramsey County

#### Objectives

1. Increase knowledge by 10% above a baseline for all department staff of health inequities, the effects on the public’s health and relevance to their job roles and responsibilities by July 1, 2016.
2. Create and implement an organizational framework within the department to ensure a focused approach to health equity, by December 31, 2015.
3. Identify one health disparity for concentrated focus, and develop department-wide strategies designed to address the disparity, every two years beginning December 31, 2014.
4. Establish annually a clear policy and advocacy agenda for the department to advance health equity, beginning July 30, 2014.
5. Identify and implement department-wide strategies that specifically promote economic prosperity within areas of concentrated poverty in Ramsey County, by December 31, 2015.

Goal #2 Improve the health of people and the environment in Ramsey County.

#### Objectives

1. Increase knowledge by 10% above a baseline for department staff of the current research related to (1) adverse childhood experiences and (2) violence, including the effects on the public’s health and relevance to their job roles and responsibilities, by December 31, 2017.
2. Create and implement up to three joint strategies to improve evidence-based clinical preventive services with each Ramsey County-funded community clinic, by December 31, 2017.
3. Advocate for up to three public policy initiatives designed to improve health outcomes for residents in Ramsey County, on an annual basis beginning July 20, 2014.
4. Identify and implement up to three department-wide strategies to address one targeted health issue of concern, by December 31, 2016.

Goal #3 Promote adaptive approaches to public health impacts of a changing climate

Objectives

1. Increase knowledge by 10% above a baseline for department staff of how the climate is changing, the effects on the public's health, and their job roles and responsibilities in promoting adaptation to climate change, by December 15, 2015.
2. Complete a vulnerability and risk assessment of the public health impacts associated with climate change, every two years beginning June 30, 2015.
3. Develop up to three department-specific priority climate change adaptation actions, including actions to improve department capacity to assess and build resilience to climate change risks, by December 31, 2015.

Goal #4 Demonstrate strong leadership by identifying, articulating and addressing Ramsey County's public health priorities.

Objectives

1. Develop an internal framework that supports a timely response to current and emerging public health and policy issues, by December 31, 2014.
2. Create and communicate an annual public policy agenda that reflects a "health in all policies" commitment, beginning December 31, 2015.
3. Convene community members to address at least one priority public health issue facing Ramsey County residents, on an annual basis beginning December 31, 2014.
4. Create and implement a communication plan promoting departmental goals and priorities, and the value of public health in people's lives, by October 31, 2015.

Goal #5 Strengthen the Department's infrastructure to support a culture of excellence.

Objectives

1. Achieve and maintain national accreditation through the Public Health Accreditation Board that drives the continuous improvement of department programs and services, by June 2015.
2. Create and implement a comprehensive workforce development plan that addresses training needs of the staff and the development of core competencies, by October 1, 2015.
3. Create and implement a Performance Management System that enhances the effectiveness, efficiency and quality of programs and services, by December 15, 2014.

The meeting was adjourned at 7:50 PM

The next meeting is scheduled for May 7, 2014 with discussion and approval of the Department's Strategic plan including proposed revisions.