



Saint Paul - Ramsey County Public Health

Marina McManus, Director

Community Health Services Advisory Committee

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**MINUTES
SHIP LEADERSHIP TEAM
December 5, 2012**

MEMBERS PRESENT

Kathy Campion
May Seng Cha
Julie Gagne
Thomas Kottke
Liz McLoone Dybvig
David Muhovich
Joan Pennington
Heather Peterson
Sylvia Robinson
Jack Rossbach
Kerri-Elizabeth Sawyer
Nancy Shier
Esther Tatley
Bob Tracy
Deanna Varner
Mary Yackley
Mayblia Yangsao

GUESTS PRESENT

Jula Haugen

STAFF PRESENT

Donald Gault
Neal Holtan
Rina McManus
Richard Ragan
Julie Seiber
Marijo Wunderlich

Kathryn Campion, vice-chair, welcomed everyone to the committee meeting. Sylvia Robinson handed out some materials related to health literacy.

SHIP Interim Report (Nov. 2012)

Ramsey County submitted an evaluation report to the Minnesota Department of Health on November 1, 2012 which described the work conducted during the first 9 months of 2012. Donald Gault said that our department SHIP staff are excited about the work being done and how the community has responded. Donald acknowledged Heather Peterson from Allina for connecting staff with the project that provided a bicycle to 177 families in Public Housing. Two news articles about the distribution of the bicycles were distributed.

Marijo Wunderlich, the evaluator for the SHIP program since February 2010, described the interim report for SHIP 2.0. Marijo's presentation focused on the question, What did MDH want to know?

- ❖ Community Leadership Team members and their organizations.
- ❖ How the health department gets information from populations that suffer from health disparities.
- ❖ Significant accomplishments in the area of policy, systems, and environmental changes.

She described several examples of the strategies:

- Active Lifestyle--Bike rodeo, lock lending at the recreation center, Nice Ride cycling event and bike distribution.
- Healthy eating strategies at Public Housing sites--raised garden beds at high-rises, garden sheds at family sites, cooking demonstrations, and Fields to Families mini farmers markets at two sites.
- ❖ The "reach" of the SHIP strategies – the numbers of people impacted by each respective strategy, including the following examples.
 - The Health Meals Coalition provides 480 meals a day or 1 million meals a year.
 - The Saint Paul Schools have engaged 32 school buildings in SHIP strategies and Roseville schools have 8.
 - The tobacco-free policy on college campuses touches 48,500 students.
 - The African-American strategy is being implemented in 12 churches in Saint Paul.
 - There has been expanded use of EBT cards at Farmer's Markets.

The Interim Reports from all SHIP-funded sites will be used to aggregate data, monitor strategies and eventually report to the legislature to sustain funding for SHIP.

Several other significant accomplishments noted in the report include: the revision of the Wellness Policy at the Saint Paul Public Schools and nutrition changes in Roseville Area Schools including salad bars, vending machines, healthy concessions and increased activity at recess time. Donald noted that the community is changing social norms around healthy behaviors and seeing a "new normal." Communities are not asking to spend a lot of money.

Mary Yackley noted that education dollars are still being spent on healthcare services in the schools instead of contacting health insurers for reimbursement. She believes the chronic disease management in public schools using education dollars needs to change and the Affordable Care Act should be able to help.

Rina provided the history of SHIP beginning with the grand vision that came from the State Local Public Health. Directors testified about chronic disease management and suggested a program similar to the Steps Program as a part of Health System Reform, implementing strategies statewide in an organized fashion. SHIP now has momentum. Minnesota is ahead of the curve dealing with issues of obesity and tobacco reduction. There is a coalition of members from statewide organizations that support continuing SHIP. The

department will discuss the specifics at future meetings and help create opportunities to support SHIP.

Dr. Kottke mentioned that HealthPartners just published information - Lifestyles by zip codes and Critical Indicators 2012. Jack Rossbach reminded members that Ramsey County has a charter and could deal with issues of walking and biking paths as relates to health.

Community Assessment

Rina and staff are still determining how best to use the CHSAC and other experts in the assessment and planning process. We will bring in other key individuals from the community to participate in discussions. First is the community assessment, next is the determination of key issues followed by the Community Health Improvement Plan and our Department's strategic plan.. What is the "public's health" all about"? There needs to be consistency in measuring health status change. The February meeting of the CHSAC will be devoted to the assessment and planning process.

The question came up as to how does the local health department work with the health plans to do the community assessment in an efficient and effective way. How do we collect information and share it with others? Can we work together to avoid asking people the same questions over and over. There is a Metro Region Coalition working on this.

Director's Report

Rina presented the \$3.4 million grant for the Family Home visiting nursing program. Ramsey County has a premier program. There has been no press on the topic and we are uncertain when MDH will make the announcement. Under the Affordable Care Grant we will work with women with high-risk pregnancies. We will use 2 different models that are evidence-based interventions evaluating pre-natal care, drugs and poverty. Joan Brandt has spoken at a national meeting regarding the program. They work with high risk families who are African-American, Native American and refugees.

The meeting was adjourned at 6:40 pm. The next meeting is January 9, 2013 at 5:00 pm.