

# Saint Paul- Ramsey County Public Health Community Health Improvement Plan *Quarterly Performance Management Report*

March 2015

## Alignment:

Implement elements and strategies of the health improvement plan, in partnership with others....PHAB Domain 5

Use a process to determine and report on achievement of goals, objectives, and measures set by the performance management system....PHAB Domain 9

5.2.3.1 "MUST PROVIDE REPORTS SHOWING IMPLEMENTATION OF THE PLAN. DOCUMENTATION MUST SPECIFY THE STRATEGIES BEING USED, THE PARTNERS INVOLVED, AND THE STATUS OR RESULTS OF THE ACTIONS TAKEN. THE REPORT COULD BE A WORK PLAN FOR THE COMMUNITY HEALTH IMPROVEMENT PLAN SHOWING TIMELINES AND PROGRESS. THIS COULD BE IN NARRATIVE OR A TABLE FORMAT."

5.2.3.2 "MUST PROVIDE TWO EXAMPLES OF HOW THE PLAN WAS IMPLEMENTED BY THE HEALTH DEPARTMENT AND/OR ITS PARTNERS"

5.2.4.1A "MUST PROVIDE ANNUAL EVALUATION REPORTS ON PROGRESS IN IMPLEMENTING THE COMMUNITY HEALTH IMPROVEMENT PLAN. DOCUMENTATION MUST INCLUDE: A. MONITORING PROGRESS IN MEETING PERFORMANCE MEASURES."

5.2.4.1B "MUST PROVIDE ANNUAL EVALUATION REPORTS ON PROGRESS IN IMPLEMENTING THE COMMUNITY HEALTH IMPROVEMENT PLAN. DOCUMENTATION MUST INCLUDE: B. DESCRIPTION OF THE PROGRESS MADE ON HEALTH INDICATORS AS DEFINED IN THE PLAN. IT MAY TAKE SEVERAL YEARS TO SHOW MEASURABLE PROGRESS IN HEALTH INDICATORS. IF THERE HAS BEEN NO PROGRESS, THE HEALTH DEPARTMENT SHOULD EXPLAIN THAT NO PROGRESS HAS BEEN EVIDENCED TO DATE."

5.2.4.2 "MUST SHOW THAT THE HEALTH IMPROVEMENT PLAN HAS BEEN REVISED BASED ON THE EVALUATION LISTED IN 1 ABOVE. THE REVISIONS CAN BE IN THE HEALTH PRIORITIES, OBJECTIVES, IMPROVEMENT STRATEGIES, PERFORMANCE MEASURES, TIME-FRAMES, TARGETS, OR HEALTH OUTCOME INDICATORS LISTED IN THE PLAN. REVISIONS MAY BE BASED ON ACHIEVED PERFORMANCE MEASURES, IMPLEMENTED STRATEGIES, CHANGING HEALTH STATUS INDICATORS, NEWLY DEVELOPING OR IDENTIFIED HEALTH ISSUES, AND CHANGING LEVEL OF RESOURCES."

9.1.3.1. "MUST PROVIDE TWO EXAMPLES THAT DEMONSTRATE IMPLEMENTATION OF THE PERFORMANCE MANAGEMENT SYSTEM IN MONITORING AND EVALUATING ACHIEVEMENT OF GOALS AND OBJECTIVES WITH THE IDENTIFIED TIME FRAMES. ONE EXAMPLE MUST BE FROM A PROGRAMMATIC AREA AND THE OTHER FROM AN ADMINISTRATIVE AREA. THESE EXAMPLES COULD BE PROVIDED IN NARRATIVE, TABLE, OR GRAPHIC FORM, DEPENDING ON THE CHOSEN REPORTING METHOD."

9.1.3.4. "MUST PROVIDE EVIDENCE THAT ACTUAL PERFORMANCE RESULTS, OPPORTUNITIES FOR IMPROVEMENT, AND NEXT STEPS FOR THE IDENTIFIED GOALS AND CORRESPONDING OBJECTIVES WERE DOCUMENTED AND REPORTED."

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## Introduction

The purpose of this report is to share progress with the Department Leadership Team (DLT) on implementation of the Ramsey County Community Health Improvement Plan (CHIP) in order to make improvements and celebrate achievements.

SPRCPH's Performance Management System aligns the implementation of CHIP to key performance standards. Areas in need of improvement will be identified by the DLT and referred to the Quality Improvement Team. The QI process will use data for decisions to improve processes; and to contribute learnings throughout the department.

## Background

During 2013-2014, a community planning process facilitated by Saint Paul - Ramsey County Public Health (SPRCPH) was conducted. The result of this process was the identification of five community health goals for focused work over the next five years.

CHIP was developed by community members in Ramsey County, not by SPRCPH. The department provides staff support for the Action Teams but does not control the direction of each team as they work together to meet CHIP objectives. The CHIP is a dynamic plan meaning it can and will be changed if an Action Team decides to add/update objectives or strategies. Performance measures in this report will be updated on a quarterly basis, or more or less often depending on each Action Team's direction. Additional details can be found in the Action Team work plans.

The Community Health Improvement Plan Committee completed the plan in May, 2014. Because of limited department resources, the decision was made to begin supporting three Action Teams instead of all five in 2014.

A meeting was held with SPRCPH's Community Health Services Advisory Committee (CHSAC) to solicit volunteers for the action teams on October 1, 2014. CHSAC members who were new since the CHIP planning process learned about each of the five goal areas and department staff were on hand to describe the support that would be provided by SPRCPH for each team.

There was a lot of interest among CHSAC members (and many community coalitions through the Statewide Health Improvement Program—SHIP-- already assembled) for the CHIP Goal 2: Nutrition, Weight and Active Living. To avoid duplication of efforts, there was consensus at the CHSAC October 1, 2014, meeting to coordinate with these coalitions instead of forming a separate action team. SPRCPH's SHIP staff will coordinate and report on CHIP Goal 2 by describing their own work and other coalition work to achieve the intentions of CHIP.

Since Access to Health Services was both a Public Health Accreditation Board (PHAB) domain unto itself and a goal in CHIP, the decision was made to assemble that action team. CHSAC

members were asked to volunteer for the team and to recruit others in the community. SPRCPH staff also reached out to community members to join the Access to Health Services Action Team.

The remaining two Action Teams for the CHIP goals will be recruited in late 2015. SPRCPH staff are completing some preliminary tasks in preparation for those teams which will be included in the charts below even though the actual action teams have not yet been assembled.



## Social Determinants of Health

(Action Team currently on hold)

CHIP Goal 1: Create social and physical environments that promote equity and good health for all people in Ramsey County.

Objective	Preliminary Strategies	SPRCPH Responsibility	Partners	Status	Performance Measure
1. Reduce the percentage of the population living in poverty in Ramsey County from 17% to 10% by December 2018.	a. Raise the minimum wage.	J. Ancheta K. Hedin	The Minnesota Legislature approved law that increased the minimum wage, effective August 1, 2014.	Team recruitment on hold until late 2015. Per Eugene Nichols, members of the African American Leadership Forum will be joining each of the action teams as part of their contribution to equity efforts.	
	b. Increase availability of local employment options.				
2. Reduce the percentage of Ramsey County children <18 years living in poverty from 24% to 14% by December 2018.				March 2015 - Drafting preliminary Social Determinants of Health (SDOH) framework to begin discussion process with leader of the Community Health Services Advisory Council (CHSAC) at its April 1, 2015 meeting.	
3. Reduce the percentage of Ramsey County households paying 30% or more of income for monthly housing from 38% to 28% by December 2018.	a. Increase the amount of affordable housing required with new development and throughout the county.				
	b. Monitor Central Corridor development to ensure affordable housing.				
	c. Invest in rehabilitation of abandoned homes (with local labor).				
	d. Partner with Habitat for Humanity to increase affordable housing stock.				
4. Reduce the unemployment rate among non-Hispanic white, black/African	a. Partner with community colleges to offer two-year degrees in high school.				

<p>American, Asian, Hispanic ages 16 years and older in Ramsey County to 7% by December 2018.</p>	<p>b. Develop mentoring programs and support social networks to connect people with knowledge and resources.</p>				
<p>5. Increase safe, accessible, efficient, affordable transportation options (transit, walking, biking) in Ramsey County by 20% by December 2018.</p>	<p>a. Conduct an audit of existing, active transportation (walking, biking and transit) and make recommendations to state, county and municipal governments for a safe, accessible and efficient multi modal system in Ramsey County. (Working in concert with Active Living Active Communities)</p>				
	<p>b. Evaluate barriers to safe, accessible, efficient, affordable senior transportation services in Ramsey County.</p>				
	<p>c. Increase the amount of state and federal dollars allocated to providers for senior transportation services in Ramsey County</p>				
<p>6. Increase the percentage of students in Ramsey County who graduate from high school within four years to the Healthy People 2020 goal of 82% by December 2018.</p>	<p>a. Review barriers to high school graduation.</p>				
	<p>b. Identify partnerships to address the problems.</p>				
	<p>c. Identify opportunities to increase impact of Generation Next on Saint Paul/Ramsey County.</p>				
	<p>d. Fund community- based initiatives.</p>				
	<p>e. Identify and address causes of instability (transiency) and enhance community</p>				

## Nutrition, Weight and Active Living

SPRCPH SHIP team will coordinate with other community coalitions. No separate Action Team

CHIP Goal 2: Promote proper nutrition and healthy body weight for all people in Ramsey County.

Objective	Strategies	SPRCPH Responsibility	Partners	Status	Performance Measure
1. Increase the percentage of Ramsey County 9th graders who eat five or more fruits and vegetables per day from 18% to 23% by December 2018.	a. Include "MyPlate.Gov" curriculum as a teaching tool in schools so that students will be able to make healthy nutrition choices.	<i>D. Gault and team</i>	Saint Paul-Ramsey County Food and Nutrition Commission Active Living Ramsey Communities St. Paul Public School District Wellness Team	Per Eugene Nichols, members of the African American Leadership Forum will be joining each of the action teams as part of their contribution to equity efforts.  Proposing change to include "and other evidence-based curricula" to MyPlate.Gov. The SHIP Community Leadership Team will consider change in May 2015.	
	b. Use media platforms to promote healthy eating (e.g., Public TV, Facebook, Twitter, and "Ask the Expert" interactive website).			2/4/15 - The SHIP Community Leadership Team as the CHIP action team on nutrition, weight and active living discussed ways to utilize and improve media platforms to inform, educate and promote healthy eating, physical activity and health weight.	
2. Increase the percentage of Ramsey County 9th graders who get moderate physical activity for 20+ minutes for 5+ days per week from 48% to 53% by December 2018.	a. Include "MyPlate.Gov" curriculum as a teaching tool in schools so that students will be able to make healthy physical activity choices.			Proposing change to include "and other evidence-based curricula" to MyPlate.Gov. The SHIP Community Leadership Team will consider change in May 2015.	
	b. Use media platforms to promote physical activity (e.g., Public TV, Facebook, Twitter, and "Ask the Expert" interactive website).			2/4/15 - The SHIP Community Leadership Team as the CHIP action team on nutrition, weight and active living discussed ways to utilize and improve media platforms to inform, educate and promote healthy eating, physical activity and health weight.	
3. Decrease the percentage of Ramsey County 9th graders who are overweight or obese from 25% to 20% by December 2018.	a. Include "MyPlate.Gov" curriculum as a teaching tool in schools so that students will be able to make good choices to achieve healthy diet and optimal weight.			Proposing change to include "and other evidence-based curricula" to MyPlate.Gov. The SHIP Community Leadership Team will consider change in May 2015.	

	<p>b. Collaborate with health care providers to utilize their health data to establish accurate levels of obesity among youth.</p> <p>c. Use media platforms to promote healthy diet and optimal body weight (e.g., Public TV, Facebook, Twitter, and "Ask the Expert" interactive website).</p>			<p>2/4/15 - The SHIP Community Leadership Team as the CHIP action team on nutrition, weight and active living discussed ways to utilize and improve media platforms to inform, educate and promote healthy eating, physical activity and health weight.</p>	
<p>4. Increase the percentage of Ramsey County adults who eat five or more fruits and vegetables per day from 39% to 44% by December 2018.</p>	<p>a. Work with cooks/chefs in senior housing to promote good nutrition.</p> <p>b. Use media platforms to promote healthy eating (e.g., Public TV, Facebook, Twitter, and "Ask the Expert" interactive website).</p>			<p>2/4/15 - The SHIP Community Leadership Team as the CHIP action team on nutrition, weight and active living discussed ways to utilize and improve media platforms to inform, educate and promote healthy eating, physical activity and health weight.</p>	
<p>5. Increase the percentage of Ramsey County adults who get moderate physical activity for 30+ minutes for 5+ days per week from 45% to 50% by December 2018.</p>	<p>a. Use media platforms to promote physical activity (e.g., Public TV, Facebook, Twitter, and "Ask the Expert" interactive website.)</p>				
<p>6. Decrease the percentage of Ramsey County adults who are overweight or obese from 60% to 55% by December 2018.</p>	<p>a. Use media platforms to promote healthy diet and optimal body weight (e.g., Public TV, Facebook, Twitter, and "Ask the Expert" interactive website).</p> <p>b. Collaborate with health care providers to utilize their health data to establish accurate levels of adult obesity at the community level.</p>			<p>2/4/15 - The SHIP Community Leadership Team as the CHIP action team on nutrition, weight and active living discussed ways to utilize and improve media platforms to inform, educate and promote healthy eating, physical activity and health weight.</p>	



## Access to Health Services

CHIP Goal 3: Ramsey County residents will access the appropriate level of health care services at the appropriate time.

Objective	Strategy	SPRCPH Responsibility	Partners	Status	Performance Measure
1. Increase the utilization of preventive services among publicly funded enrollees and uninsured individuals in Ramsey County by 5% by December 2016.	a. Obtain data from DHS regarding ED and preventive care use by publically funded enrollees.	<i>S. Mitchell</i>	<i>Action Team, Eugene Nichols, chair</i>	<p><i>Meetings held/scheduled:</i>                      12/17/14                      1/22/15                      2/19/15                      3/5/15                      4/16/15                      5/21/15                      6/18/15                      See attached work plan for details of this action team.</p>	
	b. Conduct an environmental scan on community organizations that serve uninsured individuals.				
	c. Convene health care providers and community health clinics in Ramsey County to develop an understanding of health care utilization by uninsured individuals and determine how data is being collected.				
	d. Provide outreach and education on how to access health care services to 250 uninsured individuals in Ramsey County annually.				
	e. Explore grant opportunities for a pilot design to decrease inappropriate ED use at Ramsey County's hospitals servicing the most uninsured.				
2. Decrease inappropriate emergency room services among publicly funded enrollees and uninsured individuals in Ramsey County by 5% by December 2016.					

## Mental Health/Mental Disorders/Behavioral Health

(Action Team currently on hold)

CHIP Goal 4: Improve mental health/mental disorders/behavioral health through prevention and by ensuring access to appropriate, quality mental health/ mental disorders/behavioral health services for all people in Ramsey County.

Objective	Strategy	SPRCPH Responsibility	Partners	Status	Performance Measure
1. Decrease the amount of time that persons in Ramsey County living with mental illness wait before seeking help by 10% by December 2018.	a. Identify baseline data source(s).	<i>J. Ancheta</i>		<p><i>Team recruitment on hold until late 2015.</i></p> <p>Per Eugene Nichols, members of the African American Leadership Forum will be joining each of the action teams as part of their contribution to equity efforts.</p>	
	b. Implement anti-stigma campaigns.				
	c. Provide additional training to Ramsey County pediatric and family practice providers on mental health assessment tools and referral.				
	d. Determine/ identify HIPPA confidentiality barriers.				
	e. Identify bicultural constructs around perceptions of mental illness/ behavioral health.				
	f. Determine and join in with other local coalitions/ groups who are working towards same objective or strategies				
2. Increase the number of health care home models for behavioral health that serve Ramsey County residents by 10% by December 2018.	a. Identify baseline data source(s).			<p><i>This objective is an access issue and is being discussed at the Access to Health Services Action team. This objective and all but strategies except c. could be moved up to Access Team.</i></p>	
	b. Promote collaborations between care providers with health care home models and community-based organizations (including schools and churches).				
	c. Identify best practices for medication adherence to help prevent hospitalizations.				

	d. Determine and partner with other local coalitions/ groups who are working towards same objective or strategies.				
3. Decrease the wait time in Ramsey County hospital emergency departments for mental health admission by 10% by December 2018.	a. Identify baseline data source(s).				
	b. Determine and partner with other local coalitions/ groups who are working towards same objective or strategies.				
4. Decrease the percentage of Ramsey County 9th grade Hispanic females reporting suicidal ideation from 25% (in 2010) to 20% by December 2018.	a. Determine and partner with other local coalitions/ groups who are working towards same objective or strategies.				
5. Increase the number of inpatient beds in Ramsey County for mental health patients in crisis by 25% by December 2018.	a. Identify baseline data source(s).			<i>This objective is an access issue and is being discussed at the Access to Health Services Action team. This objective and all but strategies could be moved up to Access Team.</i>	
	b. Develop legislative strategy to lift hospital bed moratorium for mental health crisis beds.				
	c. Determine and partner with other local coalitions/ groups who are working towards same objective or strategies.				
6. Increase number of residential openings for Ramsey County persons in crisis because of drugs or alcohol in by 25% by December 2018.	a. Identify baseline data source(s).				
	b. Increase group residential housing for behavioral health needs.				
	c. Determine and partner with other local coalitions/ groups who are working towards same objective or strategies.				
7. Increase the number of Ramsey County public	a. Identify baseline data source(s).				

school-based child mental health professionals by 20% by December 2018.	b. Determine and partner with other local coalitions/ groups who are working towards same objective or strategies.				
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## Violence Prevention

(Action Team currently on hold)

CHIP Goal 5: Prevent violence and intentional injuries, and reduce their consequences for all people in Ramsey County.

Objective	Strategy	SPRCPH Responsibility	Partners	Status	Performance Measure
1. Decrease the percentage of Ramsey County 9th graders who have been bullied during the last 30 days from 52% (in 2010) to 42% by December 2018	a. Strengthen anti-bullying policy and consequences through legislative action in 2014.	<i>J. Ancheta</i>		<i>White Paper on PH Role in Violence written by consultant in Nov. 2014. D. Simmons conducting research to determine other partners in Ramsey County working on these objectives.</i>	
2. Increase the percentage of Ramsey County students of color who participate in out-of-school activities three or more times per week from 51% (in 2010) to 61% by December 2018.	a. Work with schools, parents, Ramsey County Parks and Recreation, and other groups to provide more out-of-school activities that are relevant and neighborhood-based for Ramsey County students of color.			Per Eugene Nichols, members of the African American Leadership Forum will be joining each of the action teams as part of their contribution to equity efforts.	
3. Decrease the percentage of Ramsey County female students who have ever been "hit, hurt or threatened" by someone they are dating from 11% (in 2010) to 5% by December 2018.	a. Engage every 12-year-old in Ramsey County in a deliberate conversation about respect in relationships.				
	b. Invite all Ramsey County families, community systems and organizations that have contact with 12-year-olds to participate in the above culture-changing effort				
4. Decrease the percentage of Ramsey County students of color who have ever been "hit hard or often" by an adult from 16% (in 2010) to 0% by December 2018					

