

**Saint Paul – Ramsey County Statewide Health Improvement Program (SHIP)
Community Leadership Team
Summary Meeting Minutes
February 4, 2015**

Members Present /Representation

Tom Kottke
Maridee Bain
Carol Berg
Kathy Campion
Mee Cheng
DeDe Varner
Linda Kudee
Madonna McDermott
Dave Muhovich
Eugene Nichols
Sylvia Robinson
Jill Stewart
Esther Tatley
Mary Yackley

Staff and Guests:

Rina McManus
Donald Gault
Darleen Simmons
Pa Shasky
Jaya Ginter
Clarissa Johnston
Leah Driscoll
Trisha Barney
Carissa Glatt
Michelle Lichtig

The meeting was called to Order at 5:30 by Chairperson Tom Kottke. Everyone was welcomed to the meeting and introductions were made.

A motion was made to approve the minutes from the January 7, 2015 meeting.

Rina McManus, Director, Public Health made a few announcements. Firstly, to draw attention to the Public Health Award documents and encourage everyone to submit nominations. Documents and instructions can be found on the Ramsey County website.

At the next CHSAC meeting to be held March 4, 2015, the committee will participate in a Health Impact Assessment. Washington County has received a grant to help support and underwrite the assessment. We are a partner in the Assessment effort. SHIP members were invited to help get a larger group of people involved. Materials will be sent prior to the meeting. The committee will be looking at social determinants of health and Health Equity work and make the links between all aspects and how they impact health.

Lastly, Rina advised of the tremendous amount of work being done in relation to the SHIP. SPRCPH asked the committee to support continuation of SHIP by contacting their elected officials regarding the imperativeness of SHIP funding. This is a voluntary request. The committee unanimously supported this request and will customize the draft letter that will be sent as an attachment to these minutes.

Agenda Item:	
Brief Review of January 2014 SHIP Update Report	The 2014 SHIP Program Summary was reviewed, highlighting the work of the SHIP Team. The team have exceeded what they believed could be accomplished

	<p>with the support of the partnerships. Community Leadership Team members plan to share this document with elected officials & community members. Opportunities for CLT support and help:</p> <p>Experts on Hmong Health, specifically related to tobacco reduction, healthier eating, and physical activity wishing to contribute resources or become a part of the Hmong Professional Network working to create culturally appropriate Institute for Clinical Systems Improvement (ICSI) guidelines should contact Trisha Barney via email: patricia.barney@co.ramsey.mn.us. You may also send along any research articles and/or literature reviews on Hmong health topics.</p> <p>Saint Paul Public Housing Agency (SPPHA) is purchasing raised bed gardens at 14 hi-rises that should be ready in the spring. SPPHA are looking for volunteers to help residents learn garden techniques and help tend the gardens. Interested parties should contact Ann Tranvik via email: ann.tranvik@co.ramsey.mn.us.</p> <p>Summer School Age Care (K-8) in collaboration with 5 school districts are working together on a project called the East Metro Kid Fun Run (name yet to be determined). Their plan is to have a traditional race/fun run for kids to train and participate in at the end of the summer (tentative date August 6, 2015). Each individual school site will have training programs leading up to the event and they estimate 500 students will participate. They are looking for any donations, shirts, number and chips, obstacles, healthy foods, training programs, DJ/party supplies and/or other things that would make it a success (and hopefully ongoing event). They are also looking for a venue to host (indoors or gated) that would make the kids excited and feel special to part of the day. If you can assist please contact carissa.glatt@co.ramsey.mn.us.</p>
<p>Update & Discussion on Child Care Strategies and Partnership</p>	<p>Darleen Simmons provided handouts and discussed “The Wakanheza Project” and Family Transformation. There are 350 child care providers that have incorporated the ideas from this project into their child care settings. Clarissa Johnston, Minnesota Provider Collaborative Ramsey County Liaison, spoke of the major impacts working with Public Health has brought to the work child care providers in Ramsey County.</p> <p>The February child care newsletter was handed out. This is a monthly newsletter targeted towards child care providers and parents and provides valuable information and resources.</p> <p>Pa Shasky is currently working on a breastfeeding curriculum that will be offered to child care providers, and could be used in other settings as well. If you are interested in receiving this information please email Pa: pa.shasky@co.ramsey.mn.us.</p>
<p>Update & Discussion on Twin Cities Mobile Market</p>	<p>Leah Driscoll, Twin Cities Mobile Market Manager with Amherst H. Wilder Foundation provided an update about the Twin Cities Mobile Market. The Mobile Market currently serves 17 locations with an 18th that launched on</p>

	<p>February 5, 2015. In addition to selling healthy food at low cost, the Mobile Market is fully licensed to do sampling and food preparation.</p> <p>The Wilder Foundation team is currently working on building partnerships to expand this enterprise. Leah’s team asks that people contact their legislators and encourage them to include them in the current bill to increase funding to the local farmers markets.</p> <p>Also needed are volunteer drivers with a class B license. Interested parties can contact Leah via email: leah.driscoll@wilder.org.</p>
<p>Update on Somali Women & Girls Swim Nights; Discussion re: Sustainability after 10/2015</p>	<p>The Somali Women & Girls Swim Nights has had a huge outpouring of interest from the community. Ramsey County will continue to fund this program through October 31, 2015. The SHIP team are looking for one or more organizations that may be interested in providing sponsorships or foundations to sustain this project after the pilot project ends. Any person interested in providing or finding funding opportunities to continue to supplement the cost of the Somali Women and Girls Swim time should contact Kathy.Hedin@co.ramsey.mn.us and/or Donald.Gault@co.ramsey.mn.us.</p>
<p>Brainstorming/Discussion: The CHIP-Action Team, Nutrition, Weight & Active Living Goal: Promote proper nutrition and healthy body weight for all people in Ramsey county, Strategy discussion and recommendations on how to communicate.</p>	<p>The Community Leadership Team acting as the CHIP action team on nutrition, weight and active living discussed ways to utilize and improve media platforms to inform, educate and promote healthy eating, physical activity and healthy weight. The follow information identified ways to use multiple media opportunities and who can act as messenger:</p> <ul style="list-style-type: none"> • Look at who is delivering the messages: Target brief, clear, memorable messages specific to each audience. • Radio stations specific to cultural communities, e.g. KMOJ, Insight News and Hmong Times. • Health plans disseminate health information/can help promote to large audiences • The Medtronic Foundation has a booklet “Getting the Word Out” regarding effective health outreach to cultural communities. • Refugee Health Program – trusted leaders and friends. • Focused Social Media advertising. • Peer teachers: teach youth to model health behaviors to educate other students. • Open Cities would like to see TVs placed in waiting rooms. • Electronic bulletin boards in schools. • Recruit students working on public service announcements for their communication major. • Text messaging

Minutes taken by: Kaye Ward
 Motion to adjourn (7:30 PM) passed by affirmation of the committee.
Next meeting: May 6, 2015

