

Community Health Assessment Qualitative Data

Preliminary Report

April 4, 2018

Two Parts of CHA

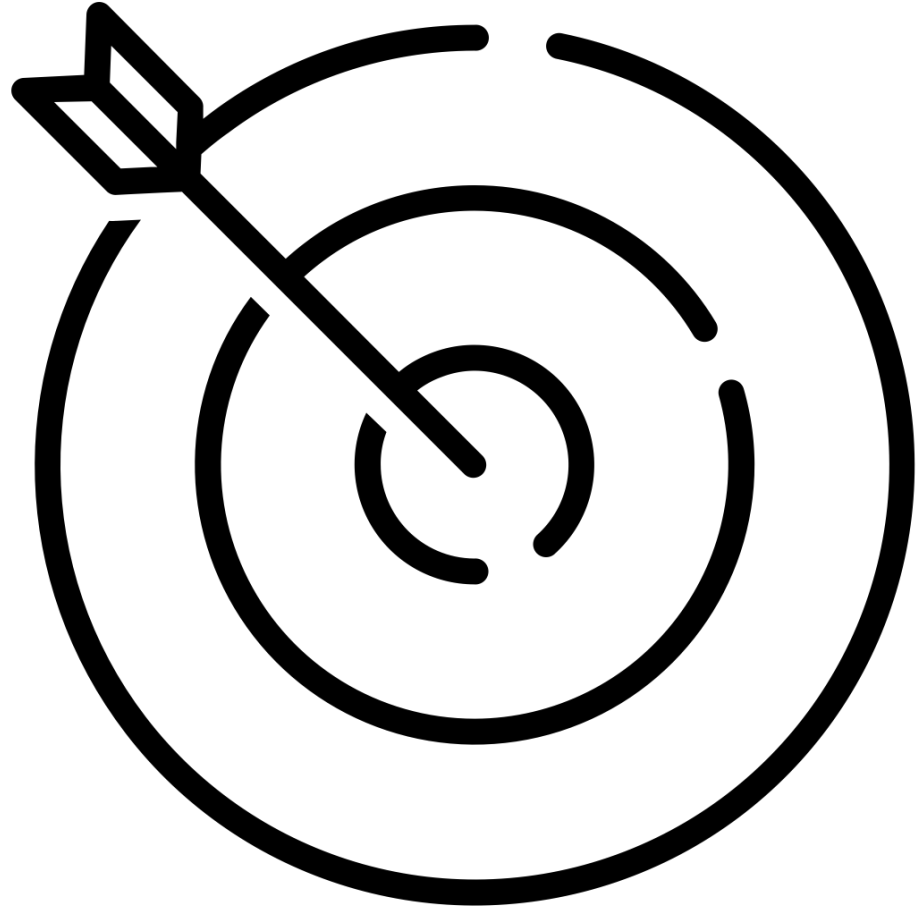
Where did we go?

Partnerships we formed?

Calendar

What are we finding?

What happens next?



COMMUNITY HEALTH ASSESSMENT (CHA) WHY DO WE DO IT?

- The Minnesota Legislature passed MN Statute 145A which requires public health departments to conduct a CHA.
- The Minnesota Department of Health requires local public health departments to conduct a CHA.
- The Public Health Accreditation Board requires all accredited health departments to conduct a CHA.
- The CHA serves as a key foundation for department strategic planning and community health improvement planning.



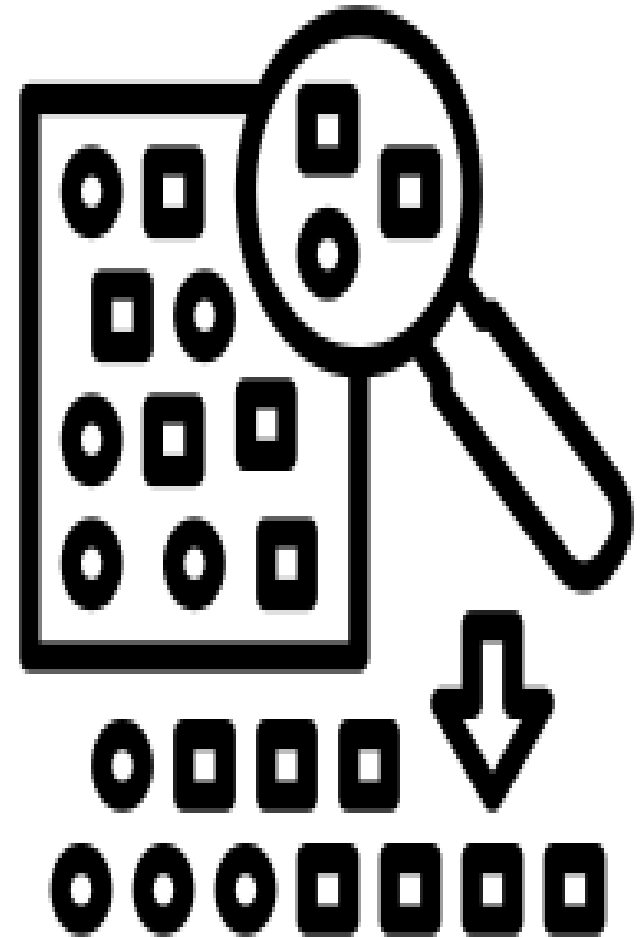
HOW ARE WE DOING CHA?

QUALITATIVE

- Community Survey process
- Going out to community groups / events in Ramsey County
- Asking open ended questions about health

QUANTITATIVE

- Community Health Assessment Research Team
- Community Health Assessment Partnership (CHAP)
- About 150 health-related indicators
- Template



What impacts your health and well-being?

Public Health wants to hear from you.

Your experience can change public health.

<web url>





Partnerships

Type	Examples
Apartments	Skyline Towers, Afton View
Colleges	Century College, Metro State, St. Paul College
Churches	New Abundant Church (Karen), Hmong, New Baptist (African American)
Community Centers (many with food programs)	Arlington Hills, Battle Creek, Conway/Sanneh Foundation, Hallie Q. Brown, Highland Park, McDonough, Oxford Pool/Jimmy Lee, Scheffer Recreation Center, Shoreview
District Councils	Newsletters, McDonough resident meeting
Libraries	Arlington Hills Library, Central College, Freedom Library, Highland Park, Merriam, Maplewood, Rondo, Roseville, Shoreview, Sun Ray, West 7 th
Media	KMOJ Radio program with Sara Hollie, Wed., March 7, Several SPRCPH news releases
Markets/ Businesses	El Burrito, Golden Thyme Coffee Shop, Hmong Village, Hmong Town, LISC Network, TACO House
Non-Profit Programs and their Partnerships	Prepare+Prosper, Joseph's Coat, Love Grows Here Wellness Center, ReConnect Rondo. LISC, Highland Park Friendship Club (people with disabilities), Lyngblomsten Senior Center, Neighborhood House (food distribution site), St. Paul Intervention Project (including incarcerated women), Safe Zone/Face-to-Face, Saint Paul Indians in Action, Young Mentors' Group,
Ramsey County Public Health Programs	CHSAC, Club Mom/Club Dad, Clinic 555, Fix-It Clinics, WIC, CHIP Action Teams
Ramsey County	Workforce Solutions: Downtown, Midway, North St. Paul
Schools	American Indian Magnet School, Cesar Chavez, Community Peace Academy, Hubbs Center, Guadalupe Area Program, School District parent meetings, Washington Technology School
Special Events/Fairs	American Indian Pow Wow, New Brighton Health Fair, Mexican Consulate, Senior Softball, TAP Event, Shoreview Senior Fair

January 2018	Sun 31	Mon Jan 1	Tue 2	Wed 3	Thu 4	Fri 5	Sat 6
<p>Calendar grid for January 2018</p> <p>1 (highlighted)</p>	<p>New Year's Eve</p>	<p>New Year's Day</p> <p>10am Karen New Year -</p>	<p>10am Roseville Library</p> <p>3pm Roseville Library</p> <p>4pm Conway Comm Ctr.</p> <p>6:30pm Conway Commu</p>	<p>10am Roseville Library</p> <p>1:30pm Central Library</p> <p>3pm Roseville Library</p> <p>2 more</p>	<p>10am Roseville Library</p> <p>3pm Roseville Library</p> <p>4pm Conway Comm Ctr</p> <p>6:30pm Conway Commu</p>	<p>10am Roseville Library</p> <p>3pm Roseville Library</p> <p>4pm Conway Comm Ctr.</p> <p>6:30pm Conway Commu</p>	<p>12pm Central Library Ou</p> <p>2pm Conway Comm. Ct</p> <p>4pm Conway Communit</p>
<p>7</p>	<p>1pm Roseville Library</p> <p>4pm Conway Communit</p>	<p>8</p> <p>9am CHA Team Meeting</p> <p>10am Roseville Library</p> <p>3pm Roseville Library</p> <p>3 more</p>	<p>9</p> <p>10am Roseville Library</p> <p>3pm Roseville Library</p> <p>3pm Rice Street Library</p> <p>2 more</p>	<p>10</p> <p>10am Roseville Library</p> <p>1:30pm Central Library</p> <p>3pm Roseville Library</p> <p>2 more</p>	<p>11</p> <p>10am Roseville Library</p> <p>3pm Roseville Library</p> <p>4pm Conway Comm Ctr</p> <p>6:30pm Conway Commu</p>	<p>12</p> <p>10am Roseville Library</p> <p>3pm Roseville Library</p> <p>4pm Conway Comm Ctr.</p> <p>3 more</p>	<p>13</p> <p>12pm Central Library Ou</p> <p>2pm Conway Comm. Ct</p> <p>4pm Conway Communit</p>
<p>14</p>	<p>1pm Roseville Library</p> <p>4pm Conway Communit</p>	<p>15</p> <p>Martin Luther King Jr. Da</p> <p>9am CHA Team Meeting</p> <p>4pm Conway Comm Ctr.</p> <p>6:30pm Conway Commu</p>	<p>16</p> <p>10am Roseville Library</p> <p>3pm Roseville Library</p> <p>3pm Rice Street Library</p> <p>2 more</p>	<p>17</p> <p>10am Roseville Library</p> <p>12:30pm SafeZone - Fac</p> <p>1:30pm Central Library</p> <p>3 more</p>	<p>18</p> <p>10am Roseville Library</p> <p>3pm Roseville Library</p> <p>4pm Conway Comm Ctr</p> <p>6:30pm Conway Commu</p>	<p>19</p> <p>10am Roseville Library</p> <p>3pm Roseville Library</p> <p>4pm Conway Comm Ctr.</p> <p>2 more</p>	<p>20</p> <p>12pm Central Library Ou</p>
<p>21</p>	<p>4pm HOLD: Prepare+Pr</p>	<p>22</p> <p>9am CHA Team Meeting</p> <p>10am Roseville Library</p> <p>3pm Roseville Library</p> <p>3pm Rice Street Library</p>	<p>23</p> <p>10am Roseville Library</p> <p>3pm Roseville Library</p> <p>3pm Rice Street Library</p> <p>5pm Prepare+Prosper T</p>	<p>24</p> <p>10am Roseville Library</p> <p>1:30pm Central Library</p> <p>3pm Roseville Library</p> <p>4pm SafeZone - Face2F</p>	<p>25</p> <p>5pm Prepare+Prosper T</p>	<p>26</p>	<p>27</p> <p>12pm Central Library Ou</p>
<p>28</p>	<p>28</p>	<p>29</p> <p>9am CHA Team Meeting</p> <p>3pm Rice Street Library</p>	<p>30</p> <p>3pm Rice Street Library</p> <p>5pm Prepare+Prosper T</p>	<p>31</p> <p>1:30pm Central Library</p>	<p>Feb 1</p> <p>5pm Prepare+Prosper T</p>	<p>2</p>	<p>3</p> <p>12pm Central Library Ou</p>



Survey Monkey



Community Health Assessment 2018

Public Health Wants to Hear From You

Many things impact your health, your family's health and your community's health. Saint Paul - Ramsey County Public Health would like to hear from you. Your experiences and opinions will help us improve:

- ways you connect and belong with others;
- inform how your health relates to earning enough to support yourself and your family; and
- experience safe spaces where you live, work, and play.

All responses will be confidential and anonymous.

*** 1. What helps you stay healthy?**

*** 2. What keeps you from being healthy?**

Preliminary Trends

Question 1: What helps you stay healthy?

- ~ 44% are related to food and eating right
- ~50% around exercise, 10% of responses specifically saying walking
- ~family mentioned in 7%
- ~5% mentioned medical (health care, insurance, etc.)

Question 2: What keeps you from being healthy?

- ~46% are related to unhealthy eating
- ~9% mentioned stress
- ~5% mentioned sleep habits
- ~4% mentioned being lazy
- ~3% mentioned smoking and 3% mentioned drinking
- ~4% related to money and insurance

As of 3/5/18

Preliminary Trends

Question 3: What helps your family stay healthy?

- ~51% of responses mention food choices, eating, diet, etc.
- ~3% of respondents left this question blank (may include those who live alone, don't have a family, etc.)
- ~3% specifically mention the meals they have as a family
- ~19% are related to exercise and being outside
- ~5% mention love and communication

Question 4: What keeps your family from being healthy?

- ~29% of responses are related to food and eating
- ~7% of respondents left this question blank (may include those who live alone, don't have a family, etc.)
- ~5% included the word exercise
- ~4% mention stress, 3% mention busy
- ~3% mention weather

Preliminary Trends

Question 5: What helps your community stay healthy?

- ~15% of responses related to food or grocery stores
- ~6% mention parks
- ~5% mention education
- ~5% related to health care
- ~8% related to exercise, walking
- ~8% of responses are related to social support including words like each other, positive, love

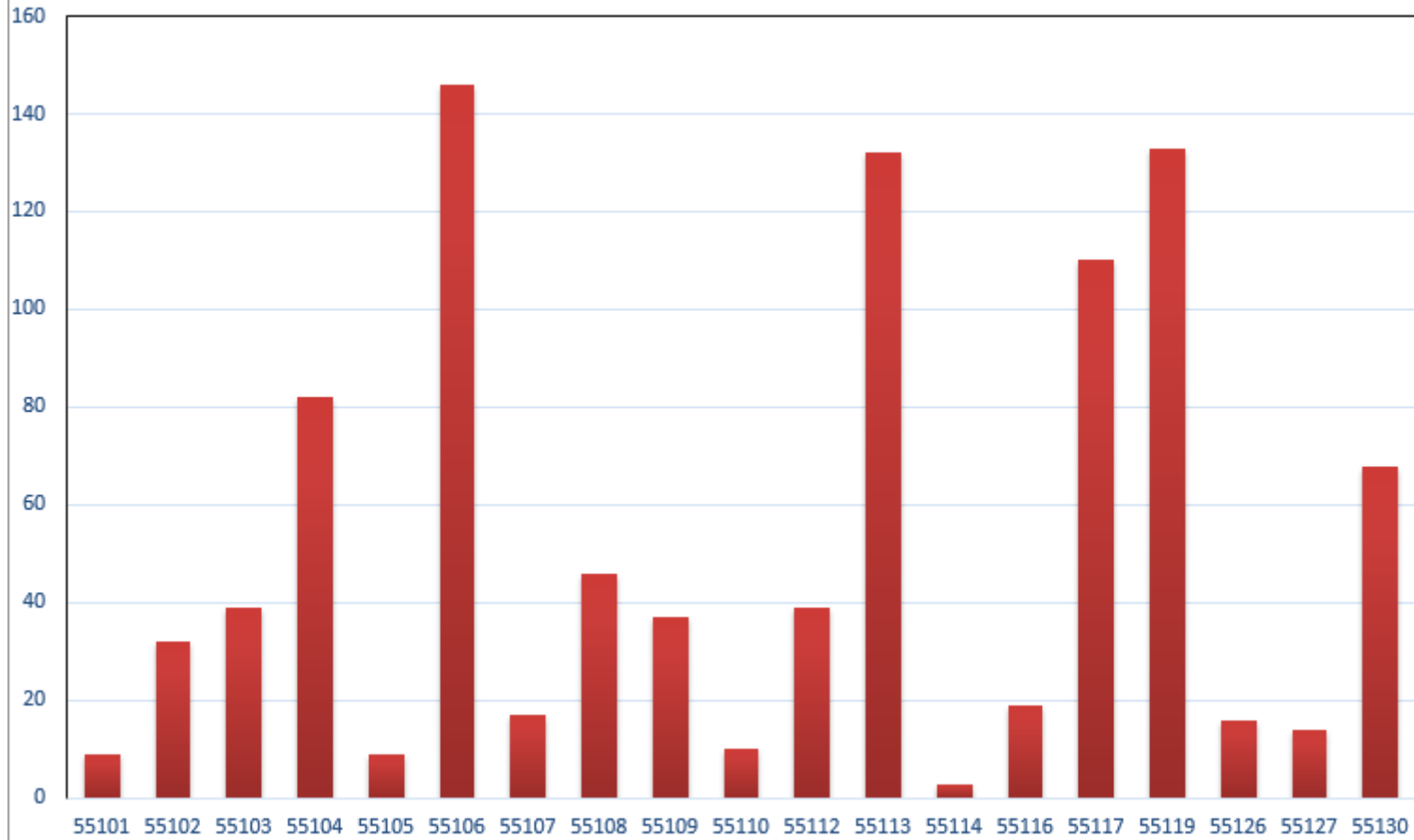
Question 6: What keeps your community from being healthy?

- ~17% of responses are related to food/eating
- ~7% of respondents did not answer this question
- ~9% of responses were related to resources, health care, or education
- ~8% of answers included something about drugs, crime, or violence
- ~8% of answers were related to the environment including words like pollution and weather
- ~5% of answers were related to finances including words like poverty, poor, low income, and not working



By Zip Code

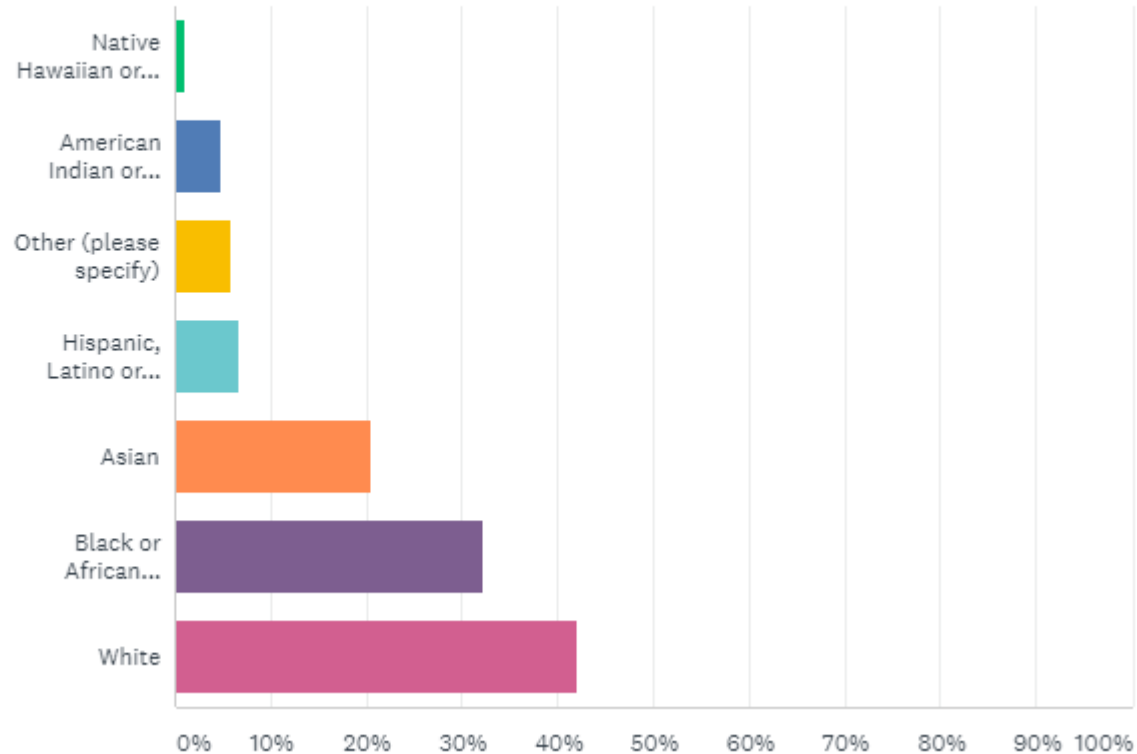
Zip code frequency distribution



Racial Categories

What racial group(s) do you identify with? (Check all that apply)

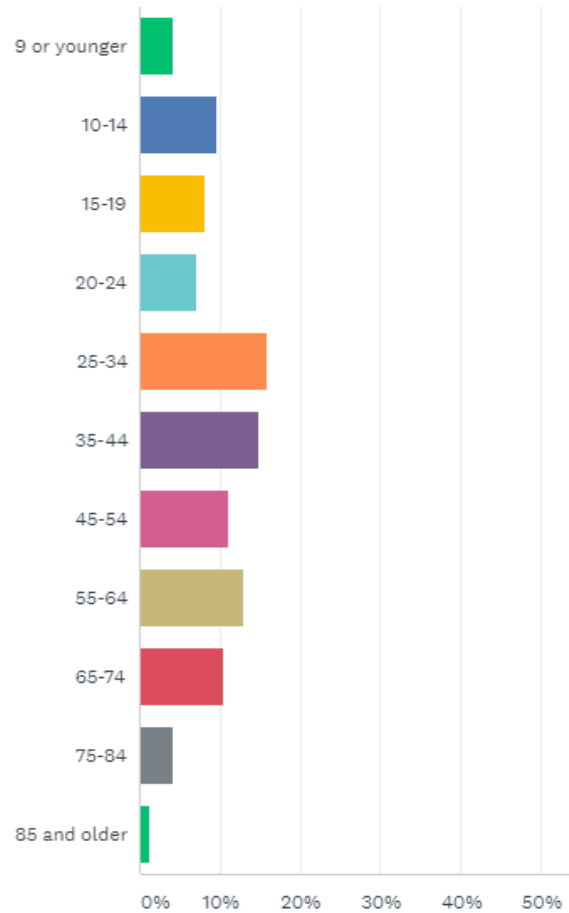
Answered: 1,752 Skipped: 97



AGE

What is your age?

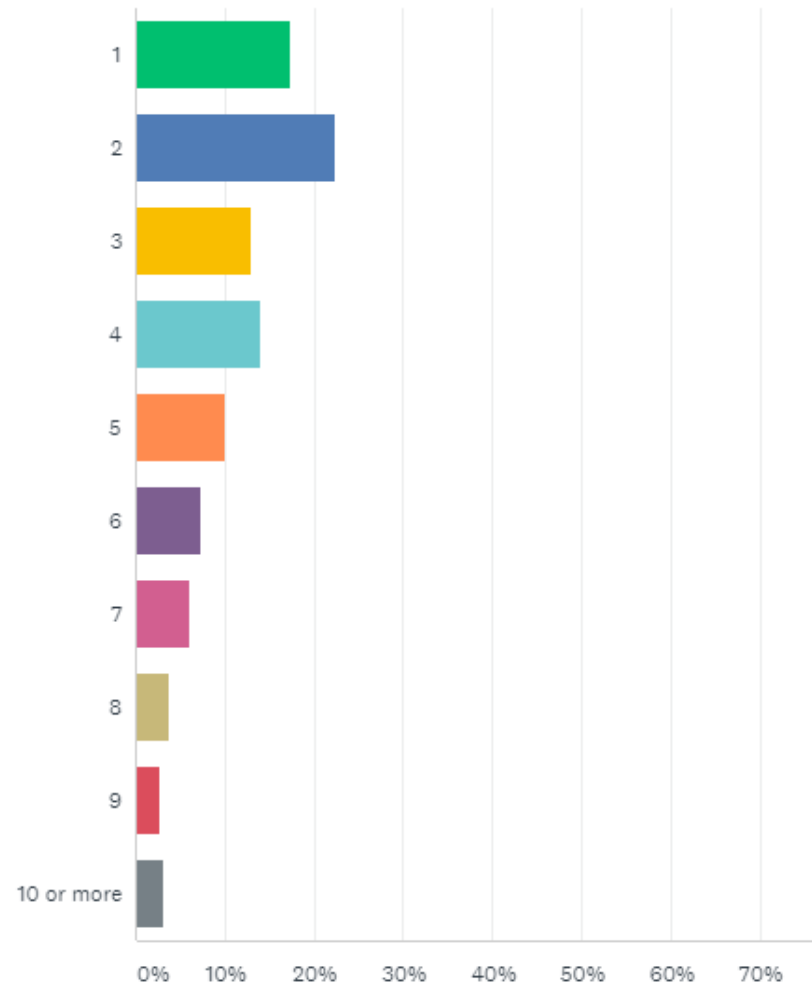
Answered: 1,752 Skipped: 97



Household size

How many people currently live in your household?

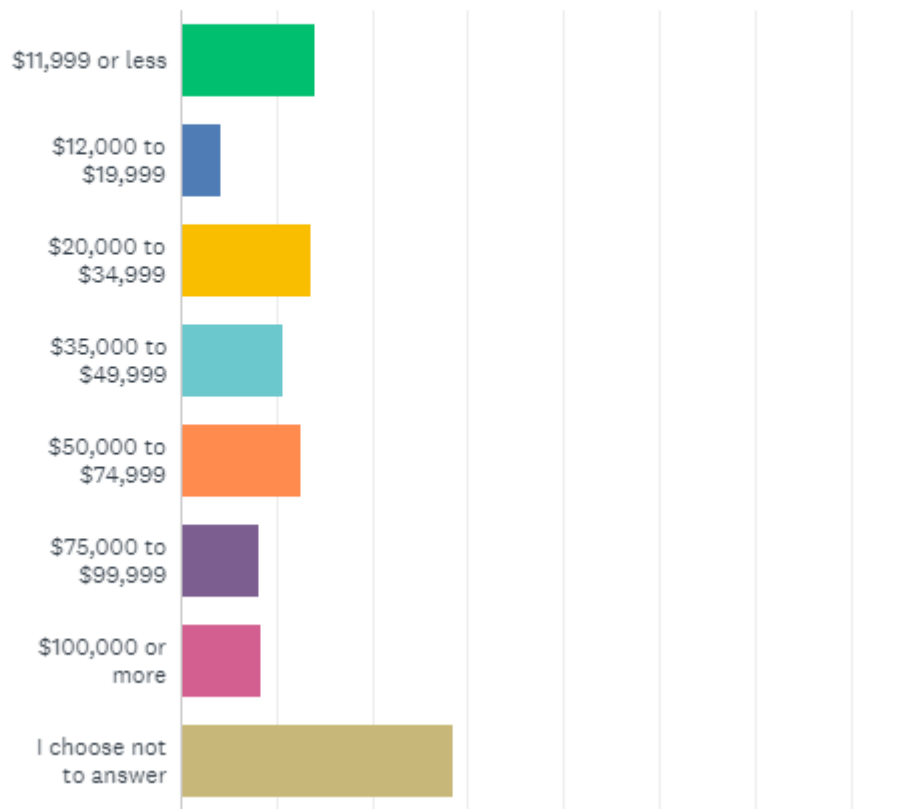
Answered: 1,752 Skipped: 97



Household Income

What is your household's annual income level?

Answered: 1,752 Skipped: 97





Observations

- Opportunity to talk about social determinants of health
- Building community relationships as a first step
- Different methods
- Good Conversations
- Reduced isolation with residents
- Connected with wide range of age respondents
- Access to Multiple languages
- We targeted underrepresented communities, underserved communities
- Created awareness for residents, opportunities to improve health
- Really appreciated the outreach done by the county
- People realized the value of the survey and wanted to share it with peers, neighbors
- Human Resources process was challenging

Incentives





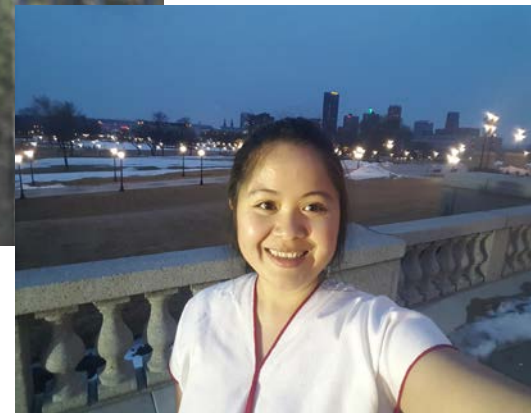
Our Team

Front: Jocelyn Ancheta, Abbie Lee, Maddy Pick, Jamila Pickett, Kee Vang

Back: Rachel Hannigan, Jackson Dobbs, Ahmed Hersi



Hsa Kru Moo



Naly Purdi

Not pictured: LaSherion McDonald, Monisha Washington
CTC Staff: Patricia Baker, Say Say Eh, Sye Kong, Leo Moreno, Carolina Ramirez,

What Happens Next?

- Report back to community
- Use data for the CHIP planning process
- Use learnings as we scale up community engagement work