

# Family Home Visiting

September 6, 2017

# Family Home Visiting

- ▶ Is a strategy to address identified needs within a targeted population within the community
- ▶ Provided by Public Health Nurses
- ▶ Driven by disparities in:
  - ▶ Infant mortality
  - ▶ Birth outcomes
  - ▶ School readiness
  - ▶ Child maltreatment

## What is Family Home Visiting?



### ► Family Home Visiting:

- Is Voluntary.
- Is provided in the family's home environment (mostly).
- Is strength based
- Ideally begins prenatally and continues through the early years of a child's life.
- Provides parenting support and social, emotional, and health-related education/information to families.
- Links families to appropriate community resources.

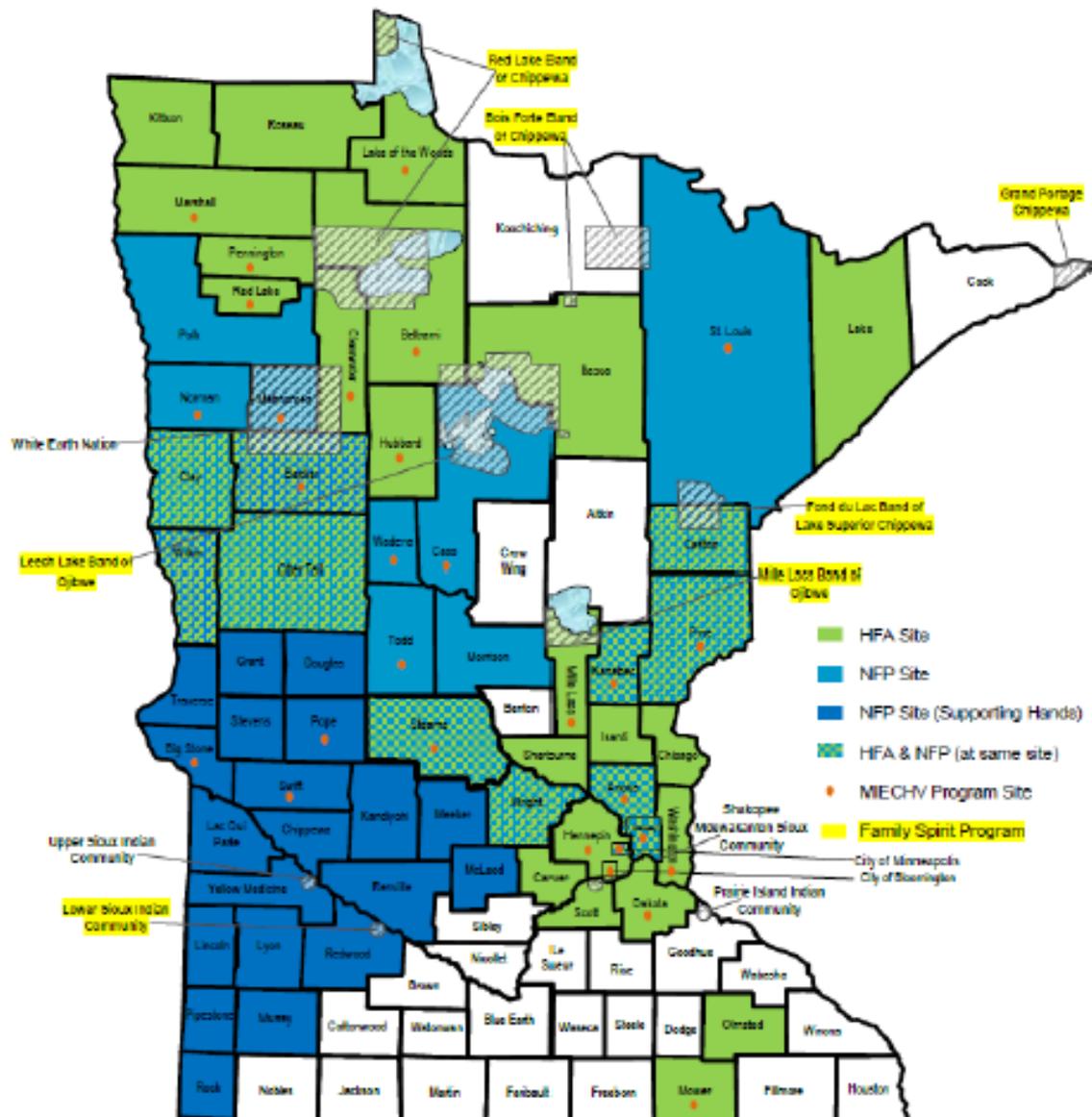


## What is the Purpose?

- ▶ **Family home visiting services aim to:**
  - ▶ Be based on family strengths, needs and goals.
  - ▶ Link pregnant women with prenatal care
  - ▶ Support parents early in their role as a child's first teacher
  - ▶ Ensure that very young children develop in safe and healthy environments
  - ▶ Provide parenting support and education that decrease the risk of child abuse

- 33 Nurse Family Partnership (NFP) sites
- 24 Healthy Families America (HFA) sites
- 7 Family Spirit sites
- 1 Family Connects site
- Traditional PHN
- 30 Early Head Start sites
- 1 Parent as Teachers site
- 1 Parent Child Home site
- Early Childhood Family Education (ECFE)
- Community based organizations

Map of MDH supported Evidence-Based Home Visiting Programs, Minnesota, 2015



# Evidence Based Models

- ▶ Require adherence/fidelity to model elements
- ▶ Have oversight by outside of the organization
- ▶ Have on-going fees/costs
  - ▶ Affiliation or accreditation fees
  - ▶ Training fees
  - ▶ Consultation
  - ▶ Data collection and reporting

# Evidence Based Models in Ramsey County

## Healthy Families America (HFA)

- ▶ Families at risk for adverse childhood experiences, including child maltreatment
- ▶ Prenatally or within 3 months of birth through child's 3<sup>rd</sup> to 5<sup>th</sup> birthday

## Nurse Family Partnership (NFP)

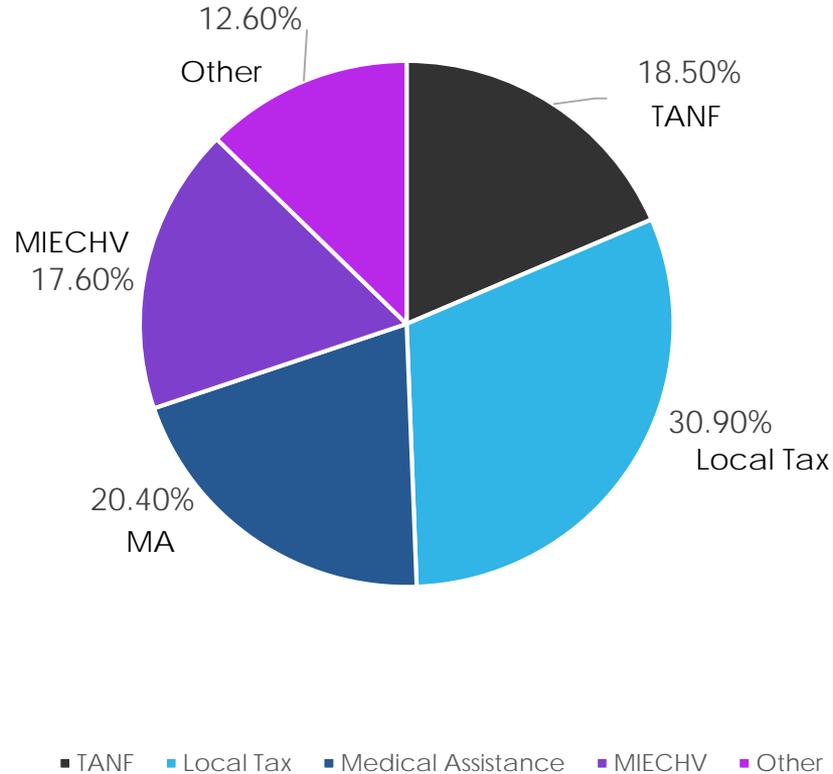
- ▶ 1st time mothers
- ▶ <28 weeks gestation through child's 2nd birthday
- ▶ ROI of \$1 to \$5.70 (MN)

# Evidence Informed Home Visiting

- Dependent on community needs and organizational capacity
  - Targeted
- Provided by public health nurses
- Prenatal, postpartum, early childhood home visits
- Generally short term (1-2 visits, maybe up to 1 year), dependent on family needs and organizational capacity

# Sources of Funding

Funding Sources for MN Family Home Visiting Programs (MDH)



# Family Home Visiting

- ▶ Historically provide about 20,000 visits/year to families
- ▶ Average a little over 100-120 referrals/month
- ▶ Serve approximately 1200 families/year
  - ▶ 400 are prenatal