

**Saint Paul – Ramsey County Statewide Health Improvement Program (SHIP) Community Leadership Team
 Community Health Improvement Plan (CHIP) Action Team
 Meeting Minutes
 June 7, 2017**

Members Present/Representation

Regina Rippel | City of Saint Paul
 Tom Kottke M.D. | City of Saint Paul
 Mary Yackley | City of Saint Paul
 Jill Stewart | Ramsey County at Large
 Joseph Adamji | Ramsey County District 5
 Amy Harding | Ramsey County at Large
 Eugene Nichols | Ramsey County District 4
 Sarah Osman | City of Saint Paul
 Jose Tori-Maguina | MN Interpreters and Translators
 Carrie Dickson | Ramsey County District 7
 Marie Sundaram | City of Saint Paul
 DeDee Varner | Health Partners
 Joan Pennington | Health East
 Hanna Getachew-Kreusser | City of Saint Paul
 Heather Peterson | Allina Health
 Cristina Flood | St. Mary’s Health Clinics
 Dawn Epps-Burns | Burns Family Movement Foundation

SPRCPH Staff:

Anne M. Barry | Director
 Kathy Hedin | Healthy Communities Division Manager
 Carissa Glatt | SHIP Grant Coordinator
 Kim Klose | Planning Specialist
 Franny Clary-Leiferman | Health Educator
 William Moore | Health Educator
 Gina Allen | Health Educator
 Kari Umanson | Health Educator
 Cathy St. Michel | Administrative Support

Guests:

Timothy Thompson | Student, Metropolitan State University
 Cynthia Warnert | Student, Metropolitan State University
 Tatiana Podolyanchuk | Student, Metropolitan State University
 Hibaq Hirsi | Student, Metropolitan State University
 Pamela Eisbrener | Student, Metropolitan State University
 Bouasay Thongsavanh | Student, Metropolitan State University
 Chy Yang | Student, Metropolitan State University

The meeting was called to Order at 5:30 pm by Co-Chair Dawn Epps-Burns. Everyone was welcomed to the meeting and introductions were made.

A motion was made by Co-Chair Deanna Varner and seconded by Jill Stewart to approve the minutes for February 1, 2017, as written. Motion was passed by affirmation of the committee.

Agenda item:	Speaker/Discussion:
Work Group Report Back to CLT a. Advocating for SHIP b. Letters to Send to Legislature Carissa Glatt (SHIP Coordinator), Saint Paul - Ramsey County Public Health Thomas Kottke Eugene Nichols Joan Pennington Regina Rippel	Carissa met with a sub-group after the February meeting and invited members of the sub-group to share their experiences in contacting their legislators to advocate for the Statewide Health Improvement Partnership (SHIP) grant. Several community members sent letters and emails to their representatives and successfully advocated to continue funding SHIP. The grant is fully funded for the biennium starting November 1, 2017. One of the three grantees is required to fund opioid addiction research. Members who participated in this sub-group were thanked for their efforts.

<p>Comprehensive Planning Carissa Glatt (SHIP Coordinator), Franny Clary-Leiferman (Health Educator), Saint Paul - Ramsey County Public Health</p> <ul style="list-style-type: none"> a. Comprehensive Planning 101 b. Review Current Document Made by Saint Paul – Ramsey County Public Health c. Discuss How CLT Can Advocate for Health in Local Comprehensive Plans 	<p>A comprehensive plan (Plan) is developed every ten years with a vision for the next 20 years. The Plan for Saint Paul has more redevelopment than development because so much of the city has been established for many years. The Plan has a wide scope, and sets the pace for what can take place in community over the next ten years. All local and city Plans are combined to create a seven-county Plan. The newest cycle for Saint Paul’s Plan began in 2016. At this point in the timeline, the city is seeking ways to engage the community on broad topics about how residents want to live, work and play. Final adoption of Plans will take place in 2018. It is important to include all goals in the Plan because the county can only address items that are in the Plan. Up to 50% of the Plan can be social and economic factors that influence health. 60% of county residents are obese, only 40% meet activity guidelines and there are many health disparities within ethnic groups. The Plan can address these issues by including goals that address these needs including land use, transportation, housing and access to healthy food. This is the first time SHIP has been involved in creating the Plan, and we can add goals that seek to improve overall health.</p> <p>SHIP members can get involved by participating in the community engagement aspect. Carissa distributed a handout that can be used as a resource to create goals to bring to your city planners. Members are encouraged to become familiar with their city’s Plan, be involved with local planners, and bring health into every discussion. The Plan we create now will influence the vision for 2040. Saint Paul – Ramsey County Public Health staff can be a resource to assist in addressing specific issues.</p> <p>Saint Paul’s Plan contains language about health and parks. We can bring an additional connection to health and housing and demonstrate how many social factors affect health. As communities collect information, members are encouraged to stay involved in the process and offer any expertise within their means. A cover letter to introduce the topic of health would be useful for members.</p> <p>If a community’s Plan is not currently focused on health, discuss the consequences and health outcomes of this decision. Use a health equity lens to show the impact to the community. Many voices using a similar language can influence councils to consider health outcomes in their Plan. All communities are connected. One city’s Plan can affect the neighboring city, and the next one over, etc.</p> <p>Saint Paul has been deliberate in making efforts to meet the community where they are to collect data from previously under-represented populations. Some cities choose to hire people to perform the engagement piece. Be aware of how you can encourage participation from diverse populations that represent the entire community. Youth from the Kitty Anderson Youth Science Center would be willing assist with outreach.</p>
<p>Health Equity Data Analysis (HEDA) Review and Discussion Kim Klose (Planning Specialist), Carissa Glatt (SHIP Coordinator), Saint Paul - Ramsey County Public Health</p>	<p>Saint Paul – Ramsey County Public Health (SPRCPH) is one of ten piloted public health departments. Minnesota Department of Health (MDH) assisted with Health Equity Data Analysis (HEDA) to identify populations with health disparities. Carissa distributed the HEDA report so members can see the final product. Now we can look upstream from the quantitative data and identify causes of disparities. Saint Paul is urban and quantitative data is extensive. Racism has been identified as having a significant impact to the African American community. Now we can begin to address the identified disparities with community partners. Vignettes that highlight the findings would be very impactful.</p> <p>Phase 2 will consist of collaboration within communities, outside of SHIP. This is an ideal time to focus on strategies to move forward since we are at the start of a new budget cycle. Members shared personal experiences that exemplify how important it is to change the perception of African American people in other communities. African American people do not lack skills, they lack the proper environment to use their skills and break the perceptions. Change can be implemented. Corrections is involved in this phase because Ramsey County</p>

	<p>has the highest incarceration rate in the state. HEDAS can be created on any topic. As this group moves into a new year, we can look at completing another HEDA to evaluate needs in the community. It is challenging to implement systemic change and create a community that is uplifting to all residents. We need to learn how to reach out to the African American community in a way that will be received positively. It will take a concentrated effort to have courageous conversations. Neighborhoods Organizing for Change is an example of an organization can help train young people how to create racial equity.</p>
<p>Review Current and Year 3 Work Plan Ideas Carissa Glatt (SHIP Coordinator), Saint Paul - Ramsey County Public Health</p> <ol style="list-style-type: none"> Five Strategies Required by the Minnesota Department of Health Highlight Our Upcoming Plan What is Missing? What Opportunities Do We Have? Other Needs in the Community 	<p>Please email Carissa (Carissa.glatt@co.ramsey.mn.us) feedback in the following areas:</p> <ul style="list-style-type: none"> Where should SHIP focus its efforts? What does SHIP need to do to improve access to program materials? What other communities are under-represented? <p>There will be a new template from the Minnesota Department of Health available on July 15th regarding opioid use. Should Ramsey County focus efforts on preventing opioid addiction? Decisions regarding the direction that SHIP takes in the next budget period will be made before our next meeting in August. If you would like to be on a subgroup that will make these decisions for SHIP, contact Carissa (carissa.glatt@co.ramey.mn.us or 651-266-2506)</p> <p>A questionnaire soliciting ideas for future direction will be sent to members in a separate email. Please respond to Carissa with future SHIP ideas.</p>
<p>Announcements and Updates All</p>	<p>Minnesota Department of Health is hosting a community conversation on June 26th from 5:30 until 8:30 p.m. A flyer will be sent via email to members.</p>
<p>CLT Member Survey Carissa Glatt (SHIP Coordinator), Saint Paul - Ramsey County Public Health</p>	<p>Carissa distributed a survey to CLT members who have served since last November. The survey is for MDH to learn more about your participation in the CLT.</p>

Minutes taken by: Cathy St. Michel

Motion to adjourn (7:30PM) passed by affirmation of the committee.

Next meeting: August 2, 2017 SHIP Community Leadership Team/ Community Health Improvement Plan (CHIP) Action Team