

## Saint Paul – Ramsey County Statewide Health Improvement Program (SHIP) Community Leadership Team/CHIP Action Team Meeting Minutes

February, 3, 2016

Members Present /Representation	<u>l</u>	SPRCPH Staff:
Regina Rippel   City of Saint Paul		Rina McManus
Julia Hupperts   Saint Paul Public He	ousing Association	Donald Gault
Eugene Nichols   Ramsey County Dis	strict 4	Jaya Ginter
David Nielsen  Ramsey County at La	arge	Kathy Hedin
Tom Kottke   City of Saint Paul		Carissa Glatt
Jill Stewart  Ramsey County at Larg	je	Fernando Perra
Asma Bulale   MN Somali American	Leadership Forum	
Mee Cheng   City of Saint Paul		<u>Guests</u>
Joan Pennington  HealthEast		Shona Ramchandani for Joseph Adamji
Heather Peterson  Allina Health		Carol Grady for Mary Yackley
DeDee Varner  HealthPartners		Connie Bernardy
David Muhovich   City of Saint Paul		Mike Stralka
Amy Harding  Ramsey County at La	irge	Brittany Kellerman   CLUES
Madonna McDermott   City of Sain	t Paul	Enrique Olivarez   CLUES
Dawn Epps-Burns   Burns Family M	ovement Foundation	Matt Kramer   Saint Paul Area Chamber of Commerce
		Kris Haugen   MDH
		Emily Kerstin   MDH
David Nielsen  Ramsey County at La Tom Kottke   City of Saint Paul Jill Stewart  Ramsey County at Larg Asma Bulale  MN Somali American Mee Cheng   City of Saint Paul Joan Pennington  HealthEast Heather Peterson  Allina Health DeDee Varner  HealthPartners David Muhovich   City of Saint Paul Amy Harding  Ramsey County at La Madonna McDermott   City of Sain	arge Je Leadership Forum Irge t Paul	Kathy Hedin Carissa Glatt Fernando Perra Guests Shona Ramchandani for Joseph Adamji Carol Grady for Mary Yackley Connie Bernardy Mike Stralka Brittany Kellerman   CLUES Enrique Olivarez   CLUES Matt Kramer   Saint Paul Area Chamber of Commerce Kris Haugen   MDH

Meridith Ahlgren | MDH

The meeting was called to Order at 5:30 by Chairperson Regina Rippel. Everyone was welcomed to the meeting and introductions were made.

A motion was made (Jill Stewart) and seconded (Tom Kottke) to approve minutes from the November 4, 2016 SHIP/CLT meeting.

Agenda Item:	
<ul> <li>Updates from Rina McManus, Director SPRCPH:</li> <li>SHIP 3 Report</li> <li>CHIP Food Nutrition, Weight and Active Living Action Team</li> </ul>	<ul> <li>Rina announced Donald Gault's retirement from SPRCPH March 29, 2016 after 29 years of service.</li> <li>Don provided a quick introduction to the meeting and reminded members of the questions that were presented prior to the meeting for discussion after the presentations:         <ol> <li>What is currently being done in your community and/or place of work related to any or all of these three topics?</li> <li>What could you do as an individual and/or organization to support community efforts and/or be actively involved in the implementation of the work in any or all of these three areas?</li> </ol> </li> <li>SHIP 3 Report was presented looking at the major accomplishments were highlighted. Members were asked to review and share throughout the community. Don thanked committee and staff that have worked on the SHIP projects to get them accomplished this past year. Information will be included in our annual CHIP report.</li> </ul>

Community Health Services Advisory Committee 90 Plato Blvd. West, Suite 200 Saint Paul, MN 55107 Phone: (651) 266-2400 www.co.ramsey.mn.us



(President), Saint Paul Area Chamber of Commerce.       the Saint Paul Area Chamber of Commerce (SPACC) members.         There are 3 key areas under SHIP 3:       • Business Outreach and Recruitment         • Communications and Promotion       • Self-Valuation         Wellness committee representatives from various organizations came together to work on creating organizational changes within worksite wellness; they completed an assessment, created a plan and implemented organizational changes were needed:         • No formal policy on healthy eating and catering - an internal catering policy was created       • No formal policy on healthy eating and catering - an internal catering policy was created         • No formal policy on healthy lifestyle – Implemented an external catering policy with healthy choices       • No formal policy on healthy eating and catering robicy ebandbook to explicitly call out exercice during the day or before and after work.         • Staff were surveyed - 12 of 15 employees have a standing desk       Things learned during SHIP 3:         • Staying healthy saves money in the future. This challenged us to talk about investment vs. cost       • Breastfeeding support         • Tobacco cessation       • Health eating       • Physical Activity         • Workplace Wellness Toolkit will be created with hotlinks which can be shared with others upon completion       • Continue to find businesses and recruit at least 12 for assessment and technical assistance to make organizational changes         • Workplace Wellness Toolkit will be created with hotlinks which can be shared with others upon completion       • C	Worksite Wellness presentation: Matt Kramer	Matt Kramer provided an evention of the worksite wellness activities being promoted to	
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Community Health Services Advisory Committee 90 Plato Blvd. West, Suite 200 Saint Paul, MN 55107 Phone: (651) 266-2400 www.co.ramsey.mn.us



Active Living Ramsey Communities (ALRC) – Ramsey County-wide Pedestrian and Bicycle Plan: Connie Bernardy and Mike Stralka	Connie and Mike introduced the Ramsey Countywide Pedestrian and Bicycle Plan that was finished and approved by County Board February 1, 2016. This project was developed as a part of the Community Health Improvement plan (CHIP). The plan is a collaborative effort encompassing all the cities within Ramsey County. This plan is a framework to be used as a guide for future investments. Public works are taking the plan and implementing it in various road projects. The plan is intended to be used as a living document that will be updated as needed. Work will continue into 2016. The plan is available on the Ramsey County Website <a href="https://www.ramseycounty.us/your-government/projects-initiatives/countywide-bicycle-pedestrian-plan">https://www.ramseycounty.us/your-government/projects-initiatives/countywide-bicycle-pedestrian-plan</a>
Latino Community Action Plan- Chronic Disease Prevention: Brittany Kellerman, Comunidades Latinas Unidas en Servicio (CLUES) Enrique Olivarez (CLUES) and Carissa Glatt, Saint Paul – Ramsey County Public Health	Brittany and Carissa provided an overview of the Latino Community Action Plan that is currently being developed. Comunidades Latinas Unidas en Servicio (CLUES) staff provided a background of the organization and why the plan was needed. Some of the statistics and disparities in the Latino community were provided and highlights of what led up to the statistics that were presented. Structures and facilities are not in place for Latino community to make healthy choices. There are many opportunities for people to be involved with the plan and how it will be implemented. Interested parties should reach out to Brittany at CLUES <u>bkellerman@clues.org</u>
Future Discussion	Members were provided with a copy of the DVD "Food Justice" and an evaluation form. Members were asked to have people complete the evaluation form following the viewing. In March members will be invited to the community kick off (tentative March 15 <sup>th</sup> ).
SHIP/CHIP – Revised Schedule	Scheduled meetings for 2016 SHIP/CHIP has been revised to 3 meetings per year. Next meeting will be May 4 and November 2.
Public Health Awards	Rina promoted the Public Health Awards reminding members that nominations must be received by February 8, 2016 if anyone is interested in recognizing anyone. Information and nomination forms are available on at <a href="http://www.ramseycounty.us">www.ramseycounty.us</a> .

Minutes taken by: Kaye Ward

Motion to adjourn (7:30 PM) passed by affirmation of the committee.

Next meeting: SHIP Community Leadership Team/CHIP Action Team – May 4, 2016

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