



CREATING BETTER HEALTH TOGETHER Across Ramsey County, MN

Healthy communities create opportunities for all Minnesotans to live longer, healthier lives.

Across the state, communities are working together through the Statewide Health Improvement Partnership (SHIP) to expand opportunities for active living, healthy eating and tobacco-free living

Why SHIP is important

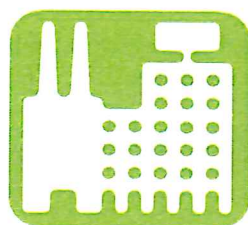
Chronic diseases are among the leading causes of death in Minnesota. SHIP works on preventing chronic disease across the state by strengthening the capacity of local communities to create their own healthy futures.

Good health is created where people live, work, learn and play.

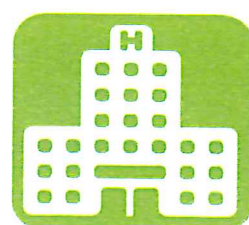
Where SHIP works - 128 sites in 2016



SCHOOLS & CHILD CARE



WORKPLACES



HEALTH CARE



COMMUNITIES

Making progress!

MN ADULT OBESITY RATE
27.6% IN 2014
26.1% IN 2015

Source: CDC Behavioral Risk Factor Surveillance System

MN ADULT SMOKING RATE

16.1% IN 2010
14.4% IN 2014

Source: Minnesota Adult Tobacco Survey

Making a difference!

Schools in Ramsey County are working on Healthy Eating and Active Schools to effect **40** school sites and **27,788** students

28 partner sites focus on healthy eating strategies, like the Twin Cities Mobile Market or other healthy food access projects

22 partner sites are working toward Active Living in our Community; such as to make more walkable communities

16 housing partners are working toward smoke-free housing policies, protecting **2,630** residents from the dangers of tobacco smoke

Workplace wellness strategies are reaching **3,093** employees within Ramsey County

33 childcare providers have been trained and are working toward healthy policies to improve children's childcare environments

2 partner health care sites are increasing culturally appropriate services and to potentially reach **350** patients