

**Food and Nutrition Commission  
Meeting Minutes  
Monday, April 2<sup>nd</sup> 2018  
Hallie Q. Brown Community Center  
270 Kent St., St. Paul, MN 55102**

*The purpose of the Saint Paul-Ramsey County Food and Nutrition Commission is to provide long-range planning and associated recommendations for policy, systems and environmental change at neighborhood, city and county levels with the aim of increasing access to healthy food.*

**Members Present/Representation**

Karen Fangman | County District 1 (Co-Chair)  
John Parker – Der Boghossian | County District 2  
Diane Dodge | County District 4  
Nadja Berneche | County District 5 (Co-Chair)  
Lebo Moore | City of St. Paul  
Metric Giles | City of St. Paul  
Rebecca Mino | City of St. Paul  
Terese Hill | City of St. Paul

**SPRCPH Staff:**

Carissa Glatt | SHIP Grant Coordinator (Staff Liaison)  
William Moore | Health Educator  
Sara Levy | U of MN/SHIP Intern  
Leo Moreno | Child & Teen Check ups

**Guests:**

Kelly Olzenak | Community Health Initiative Consultant  
Kyle Merth | Century College Nursing  
William Oelrich | Century College Nursing  
Brandon Vanderhoff | Century College Nursing  
Alex Voiles | Century College Nursing  
Paige Oase | Century College Nursing  
Amelia Harju | Est Side Eats Well/WSFM  
Amber Ferguson | Community Member  
Donald Warneke | Community Member  
Nick Knighton | KAYSC  
Heidi Affi | KAYSC  
Barb Rose | WSFM  
Melvin Giles | UFGA/RCR  
Janice Rasmussen | SNAP-ED, Extension  
Filsan Ibrahan | TCMM  
Julie Seiber | Community Member

The meeting was called to order at 5:42 pm. Everyone was welcomed to the meeting and introductions were made.

Agenda item:	Speaker/Discussion:
General Information, Updates, Announcements	<ul style="list-style-type: none"> <li>• Welcome &amp; Introductions</li> <li>• Carissa               <ul style="list-style-type: none"> <li>○ By-law update                   <ul style="list-style-type: none"> <li>▪ Most recent version of bylaws and questions to answer provided to members. Due to unanswered questions, not yet ready to vote to finalize.</li> <li>▪ Requested that all members view latest version within google doc, make comments as necessary, or, make a note</li> </ul> </li> </ul> </li> </ul>

	<p>on the doc to acknowledge viewing if have no specific comments.</p> <ul style="list-style-type: none"> <li>○ Co-chair nominations <ul style="list-style-type: none"> <li>▪ Nomination needed for 1 co-chair, currently held by Nadja: Terese Hill was nominated, accepted nomination, and was voted in by a majority support.</li> <li>▪ Karen Fangman will continue as 2<sup>nd</sup> co-chair. Karen’s co-chair position will be up for nominations in May.</li> </ul> </li> <li>○ Ajeet has been officially appointed. 1 additional City spot will be likely opening soon.</li> </ul>
<p>Community Health Initiative Consultants Communication Plan Draft Review</p>	<p>Kelly Olzenak</p> <ul style="list-style-type: none"> <li>• Will send out email on 4/3 for feedback, suggestions, or changes regarding communication plan – feedback requested by Sunday 4/8</li> <li>• Communication Plan includes 3 audiences – general community, elected officials and associates, and internal FNC members. Specific goals/activities aimed at each audience.</li> <li>• Suggestions/feedback – requested that topics discussed in person (below) at meeting also be sent via email to Kelly. <ul style="list-style-type: none"> <li>○ Question: do we need an icon/something visual/symbol? Could this be a student project?</li> <li>○ What platform will be used for the newsletter? Ideas from SPRCPH, something as a PDF on FNC website, or Facebook page.</li> <li>○ Pushback on the biannual newsletter – 4 or 6 times a year suggested instead. Something that educates the community on relevant events relating to food access. <ul style="list-style-type: none"> <li>▪ Suggested: current events page to display what’s happening each month in terms of community food access.</li> </ul> </li> <li>○ Nice to have an electronic “bulletin board” for ideas and resources <ul style="list-style-type: none"> <li>▪ A Listserv?</li> <li>▪ Or platform for self-organizing space</li> </ul> </li> </ul> </li> </ul>
<p>Community listening session follow-up into strategic goals</p>	<ul style="list-style-type: none"> <li>• Set S.M.A.R.T goals for the year/18-24 months based on community feedback</li> <li>• Discussion regarding racial equity lens <ul style="list-style-type: none"> <li>○ Overarching goal of equity <ul style="list-style-type: none"> <li>▪ Who is leading these conversations in this space</li> <li>▪ Group definition of equity</li> </ul> </li> </ul> </li> <li>• Who needs to be involved in these groups who are not here today?</li> <li>• 3 groups formed to set goals surrounding 3 main topics pulled from results of community listening session: <ul style="list-style-type: none"> <li>○ Youth/schools <ul style="list-style-type: none"> <li>▪ Goal: Influence policy changes at the school-level <ul style="list-style-type: none"> <li>• Action Steps <ul style="list-style-type: none"> <li>○ Member of FNC attend School District Wellness meeting(s)</li> <li>○ Student representation at School District Wellness meeting(s) &amp; FNC meeting(s)</li> <li>○ Develop a strategy to recruit and support student</li> </ul> </li> </ul> </li> </ul> </li> <li>○ Hunger relief <ul style="list-style-type: none"> <li>▪ Goal: Increase awareness of racial, economic and social</li> </ul> </li> </ul> </li> </ul>

	<p>barriers that lead to hunger and lack of access to culturally appropriate healthy food in Ramsey County.</p> <ul style="list-style-type: none"> <li>• Convene hunger forum with community advocates to educate leadership/public on resource availability</li> <li>• Mobilizing community for policy changes that help alleviate hunger</li> <li>• Advocate for more welcoming system of County Services</li> <li>• Assess &amp; advocate for healthy foods being served in all city/county institutions.</li> </ul> <ul style="list-style-type: none"> <li>○ Economic development (wages, procurement, etc.) &amp; land access             <ul style="list-style-type: none"> <li>▪ Goal: Make a significant increase in long-term access to good quality soil within city, county and private land for growing food by 2020.                 <ul style="list-style-type: none"> <li>• Action steps                     <ul style="list-style-type: none"> <li>○ Convene a group of active partners in this work to build a platform for change in regional planning (TCALT, RTC, NYFC, MFA, LSP, TPL, IATP, HAFA)</li> <li>○ Bring our shared platform to planners and policy-makers in Ramsey, Dakota, and Washington counties, the Metropolitan Council and the state.</li> <li>○ Educate city officials on the pros and cons of existing strategies for addressing land access.</li> </ul> </li> </ul> </li> </ul> </li> </ul>
Food Network Survey	<p>Nadja &amp; Karen</p> <ul style="list-style-type: none"> <li>• Will be done virtually – 10-minute commitment for each member to look over email from Nadja and do the activity within the email.</li> </ul>
Additional Updates & Announcements	<ul style="list-style-type: none"> <li>• Spring seed distribution at St Paul City school this weekend &amp; weekly free fresh food distribution at St. Paul City school</li> <li>• 2-3 pm 4/3 at Rondo Library seed demonstration</li> </ul>
Follow-Up	<ul style="list-style-type: none"> <li>• Members to view and comment on Bylaws within google doc</li> <li>• Feedback to Kelly Olzenak regarding communication plan by 4/8/18</li> <li>• Food Network Survey to be completed via email</li> </ul>

Minutes taken by: Sara Levy

Motion to adjourn (7:27 p.m.) passed by affirmation of the committee.

**Next meeting:** Amherst H. Wilder Foundation, May 7<sup>th</sup>, 2018 at 5:30

These minutes approved on 5/7/18.