

**Food and Nutrition Commission
Meeting Minutes
September 12, 2016
Hallie Q. Brown Community Center**

Members Present/Representation

Karen Fangman | County District 1
Elizabeth Zalanga | County District 3
Diane Dodge | County District 4
Nadja Berneche | County District 5 (chair)
Paul Ratte | County District 6- *excused*
Rebecca Mino | City of St. Paul- *excused*
Hua Vang | City of St. Paul- *excused*
Metric Giles | City of St. Paul
Amanda Karls | City of St. Paul
Lebohang Moore | City of St. Paul
Lane Rapp | City of St. Paul

SPRCPH Staff:

Carissa Glatt | SHIP grant coordinator, staff liaison
Kathy Hedin | Health Communities Manager
Alex Groten | intern

Guests:

Fernando Burga
Mary Wess
Julie Sieber
Evalyn Carbrey

The meeting was called to order at 5pm. Everyone was welcomed to the meeting and introductions were made.

- Overview of prevention work done through the county and initiatives within departments. Goal is to have people come together and develop goals for the year related to nutrition and wellness initiatives.
- Can be reappointed by the board and/or mayor at the end of your term (3 year term).
- Please email Carissa if you are unable to attend a meeting (first Monday of each month).

Agenda Item #1: Appointee Orientation (members only)

Nadja and Carissa

- Introductions, orientation to materials and information included in folder.
- Member Handbook: Policy, Systems & Environmental change focused vs. program change.
- Terms (3 years) are staggered throughout the years.
- Monthly Meeting times TBD

Purpose of Group

- Long range planning to increase access to healthy food.
- Looking to progress with Vision Statement in the coming year.
 - Is this what the group sees as the vision statement in the coming year?
- Priorities- 5 task forces (food access, food literacy, food infrastructure, economic development & urban agriculture)
 - Social, economic and environmental impact are at the center of all of these conversations
- There are many FNC groups in MN—many people focusing on food but not all are focusing on policy& systems change at this time.
- Community Education, mobilization, Advocacy with decision makers and educating gov. policymakers—this makes this an awesome and exciting time to be working in food policy.

Video: Building Healthier Communities Through PSE Change (minutes 3-8ish).

<http://www.changelabsolutions.org/publications/pse-101>

Easy to think about things from a program perspective because programs are better understood than PSE change.

Action Items:

Action Item #2: Introduction by Hallie Q. Brown Community Center

Jonathan Palmer, Executive Director

- 87-year-old organization. Focuses on the AA community. The city was segregated- HQB was developed to give access to people. This was a New Deal program. Black and whites came together here even in segregation. Current building was built after the other building was demolished with 94.
- 1. Basic needs: clothing closet and household items, food shelf- unique model: client choice- clients pick out what they need. Weekly donations from MM, Trader Joes, etc. Feminine hygiene, pet products. They do family assessments and serve about 11,000/year.
- 2. Early childhood Ed- national accredited, 4-star rated, yearly scholarships
- 3. Youth enrichment Program
- 4. Senior programming

Bring programs together and give them to the community (taxes, Christmas cheer for low-income families, Penumbra Theater Company- started out as an after school program.)

Action Items:

Agenda Item #3: Welcome and Introductions

Nadja

- Networking and Introductions (All) – please bring a skill or highlight for member bios
- *What led you to care about food?*
- *Skill, interest or talent to share with the group?*

- Meeting time and date review (All)
- Vision Statement: spent time working on vision statement.

Action Items:

Agenda Item #4: Ground Rules and Purpose of the FNC

Nadja

- Roles to Fill
 - We need a co-chair with Nadja- planning agendas, working with Carissa, great way to learn this policy systems work. By November if we don't have someone we draw straws.
- Will send out doodle poll to figure out monthly agenda night. Location may also change. HQB is a good place for people from the community to attend to get them involved and "at the table".

Action Items:

Agenda Item #5: Prioritizing Work and Identify Strategies

- Past successes ie. Pollinators, Thrive 2040 feedback, Food Policy Council Successes
- Task Force Review

Action Items:

Agenda Item #6: Updates and next steps

Current opportunities:

- Convening of Food Network Leaders- chance to align policy priorities
- Election- voting guide review for Nov. 8
- Urban Ag Legislation (winter session)
- Local Priorities (Incl. influence comprehensive planning)
- Community Listening Session (Nov ?)
- Oct. 11: Metro Food Access Equity Event

Metric: Sherburne and Dale Garden- Ramsey Cty says we are trespassing/ lawsuit on that lot. Garden has enhanced the property and cleaned it up. Decisions need to be made- give Ramsey Cty a call to support this type of community garden.

Action Items:

Adjourn

Minutes taken by: **Alex Groten**

Motion to adjourn (7:30PM) passed by affirmation of the committee.

Next meeting: Monday, October 3, 2016 (Location TBD)