

# Proclamation

WHEREAS, Healthy aging is vital to maintaining and improving physical and mental health, independence, and quality of life throughout the life course; and

WHEREAS, For three years, everyone lived under the uncertain cloud and threat of COVID-19 that particularly targets older adults and those with underlying conditions; and

WHEREAS, There are racial inequities among this population and the ability to be healthy and function well as an older adult can be affected by racism, historical trauma, environmental factors and genetics; and

WHEREAS, Ramsey County residents ages 65 and older currently constitute 15% of the county's population and that percentage continues to grow; and

WHEREAS, The current population of people who have now reached 55 years of age is growing rapidly and there are more older adults in the county than school-age children; and

WHEREAS, It is essential to promote a positive perception of aging and older adults because communities are stronger when they view older adults as contributors to their communities; and

WHEREAS, This generation's older adults are changing what aging looks like, they are more diverse and active and want to stay in their communities and contribute to society; and

WHEREAS, All residents and communities can advocate for healthy aging by providing education, promoting independence, participating in educational and recreational activities, and providing aging specific services; Now, Therefore, Be It

PROCLAIMED, The Ramsey County Board of Commissioners declares September as Healthy Aging Month in Ramsey County; and Be It Further

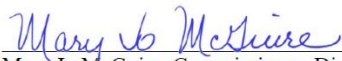
PROCLAIMED, The Ramsey County Board of Commissioners is committed to healthy aging and will continue to support public health efforts for accessible, language appropriate and culturally specific services for all older adults.



Trista Martinson, Board Chair, District 3



Nicole Frethem, Commissioner, District 1




Mary Jo McGuire, Commissioner, District 2



Rena Moran, Commissioner, District 4



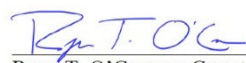
Rafael Ortega, Commissioner, District 5



Mai Chong Xiong, Commissioner, District 6



Victoria Reinhardt, Commissioner, District 7



Ryan T. O'Connor, County Manager