

CULTURAL HEALING SUMMIT

Culturally— Specific | Intergenerational | Community Healing

The Summit welcomes people of all ages and backgrounds to participate in community discussions and activities around healing and wellness.

This is a family event and children are encouraged to come. Breakout sessions led by community healers will promote equitable strategies to achieve positive health outcomes and healing including: Indigenous Self-Healing, Radical Self-Love Meditation, and Sound Healing. Some breakout sessions include movement, so please dress comfortably.

This event is free. Breakfast and lunch will be provided and will include options for all dietary needs.

Saturday, November 16, 2019

9:00 AM – 3:30 PM


**Washington Technology Magnet School
1495 Rice Street, Saint Paul, MN 55117**

Register at: <https://www.eventbrite.com/e/cultural-healing-summit-2019>

Catalyst Initiative
at The Minneapolis Foundation

 **RAMSEY COUNTY**
Saint Paul – Ramsey County Public Health


EAST SIDE HEALTH & WELL-BEING
COLLABORATIVE

How are the Children?

Suburban Ramsey
Family Collaborative