

CLUB DAD

Dedicated to strengthening our village by focusing on the well-being of individuals, families and community.



**JOIN
US**

Every fourth Monday
of the month from
5-7 p.m.

For fathers parenting a
child/children birth to five
years old. Must be at least
18 years of age.



**Club Dad is a monthly
community connection program
designed for fathers.**

WHAT WE DO

Build positive
parenting partnerships

Parent education

Tools for stress
management/relaxation

Strategies to overcome
barriers (*education,
employment, housing
and more*)

Financial workshops

Community activities



LEARN MORE

Club Dad Facilitator

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**Learn more at
[ramseycounty.us/ClubDad](https://www.ramseycounty.us/ClubDad)**