

SOS

Sexual Violence Services

Providing

**Crisis
Support
& Education**

651.266.1000

www.sosramsey.org

Sexual violence can happen to anyone regardless of age, income, appearance, or lifestyle. No matter what the circumstances, sexual violence is **never the victim's fault.**

24-Hour Crisis Services

Crisis information and referrals by experienced and professionally trained staff provided 24 hours a day, 7 days a week.

651.266.1000

Daytime Hours & Location

For non-crisis assistance such as scheduling an individual counseling session, information on support groups or volunteer opportunities, please call during daytime business hours.

Monday - Friday
8:30 am - 5:00 pm
651.266.1000

555 Cedar Street
Saint Paul, MN 55101

Free & Confidential SOS Services

Our services are available for sexual violence victims, survivors, their families, friends and other concerned persons.

Services include:

- 24-hour crisis services, information and referrals (651.266.1000);
- Support and information when reporting an assault or seeking medical care;
- Medical advocacy during an evidentiary exam or while receiving medical care;
- Legal advocacy on filing a police report or other legal issues involving sexual violence;
- Safety planning involving shelter and other considerations;
- Open support group meetings for victims, survivors, their families, friends and other concerned persons;
- One-on-one short term counseling;
- Assisting with financial concerns including reparations and restitution;
- Community education.

What is Sexual Violence?

Sexual violence is any unwanted sexual attention (physical or non-physical contact) with someone who does not, or cannot consent.

Sexual violence can include:

- Rape
- Sexual assault
- Sexual abuse
- Incest
- Sexual contact
(touching, grabbing, fondling)
- Non-contact offenses
(obscene phone calls, exposing, sexting)
- Sexual harassment / textual harassment
- Marital rape
- Pornography
- Prostitution
- Human trafficking
- Internet-related sexual exploitation
- Sexual exploitation by professionals
(anyone in a position of authority or a professional setting)

