

Breathe Easier in a Healthy Home



If you live in Ramsey County and your child has asthma, you may qualify to receive products that help reduce or eliminate your child's asthma triggers at no cost.

Products may include:

- HEPA air cleaner and HEPA filters.
- Allergen vacuum.
- Bed and pillow encasements.
- Cleaning supplies.
- Carbon monoxide, smoke and radon detectors.
- Pest control supplies.

Asthma & Allergy Triggers:



cigarette
smoke



dust and
their mites



mold



pollen



pet dander



unwanted
pests

Find a solution with our free
home assessment program





The Healthy Homes program sends an Environmental Health Specialist and a Public Health Nurse to assess homes for asthma triggers and environmental hazards.

A home assessment includes:

- ✓ Moisture and mold check.
- ✓ Lead check.
- ✓ Pest check.
- ✓ Radon testing.
- ✓ A nurse discussing with parents any issues with allergies or asthma in their children.

GOALS:



Happier,
healthier home



Save money



Fewer missed
school days



Fewer trips
to the
emergency room

CONTACT US

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RAMSEY COUNTY

Saint Paul – Ramsey County Public Health