HEALTH ALERT:
Skin-lightening creams with Mercury can hurt you!

Some skin-lightening products (also called skin-bleaching, brightening, or fade products) sold in our community have poisonous levels of mercury.

**Mercury is toxic and can:**
- Damage the kidneys,
- Affect your brain and nerves,
- Cause pain or rashes.

*Everyone, particularly pregnant women and women of child-bearing age, should avoid being exposed to mercury.*

---

**What Should I Do?**

<table>
<thead>
<tr>
<th>1</th>
<th>Stop Using</th>
</tr>
</thead>
<tbody>
<tr>
<td>There is no way to be certain that ANY skin-lightening product is safe. Products aren't always correctly labeled, or can be counterfeit. The safest step is to stop using all skin-lightening creams unless you get it from your doctor.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2</th>
<th>Find out More</th>
</tr>
</thead>
<tbody>
<tr>
<td>If you have questions, call The Poison Control Center, 1-800-222-1222. It is open 24-hours a day, seven days a week, and has language interpretation services. Your doctor may also be able to answer your questions.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>3</th>
<th>Handle Safely</th>
</tr>
</thead>
<tbody>
<tr>
<td>Do not throw the product in the trash. If it has mercury in it, it can harm others if it gets into the environment. Take the product to a household hazardous waste drop-off site.</td>
<td></td>
</tr>
</tbody>
</table>

Find household hazardous waste collection sites in Ramsey County online at www.RamseyAtoZ.com or call 651-633-EASY.
Skin-lightening creams tested that have unsafe levels of mercury

All products have not been tested: others not listed here may also contain toxic levels of mercury.

- Lemon Herbal Whitening Cream: 33,000 ppm (parts per million)
- Crème Diana C.T.R.: 6,370 ppm (middle box)
- Fasco: 4,600 ppm
- Crème Diana C.T.R.: 4,180 ppm (Jar on left)
- Jiao Li container 1: 1,070 ppm (jar on left)
- Jiao Li container 2: 1,700 ppm (jar on right)
- Savon pour L'acné Diana soap: 31 ppm (left box)
- Savon pour L'acné Diana soap: 4.08 ppm (right box)
- Lulanjina – yellow cream: 16,700 ppm (Jar on right)
- Lulanjina – white cream: 12,800 ppm (Jar on left)
- Qian Mei – white cream: 4,650 ppm
- Milk Cream: 4,600 ppm
- Qian Mei – yellow cream: 3,540 ppm
- Cream Aghader: 135 ppm

(product on right contained no mercury)