

# Cheem Tus Mob COVID-19

## Kom Tsis Txhob Kis Nthuav Dav



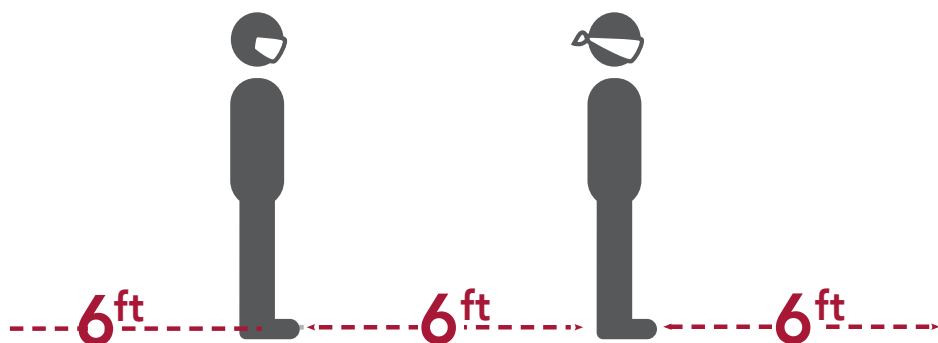
Nyob ze vaj tsev,  
tsis txhob mus  
deb deb.



Siv daim ntaub npog ntsej  
muag thaum mus rau  
tej chaw uas muaj neeg.



Ntxuav koj  
ob txhais tes.



Nyob kom nrug deb lwm cov neeg li 6 feet (2 mev).



### Muaj kev kuaj tus kab mob COVID-19

Yog tias koj mob hu rau ib tus kws kho mob:

Ua npaws, hnoos, txog siav, ua daus no, mob taub hau, mob leeg, mob caj pas, noj mov tsis hnov qab los sis tsis hnov tsw ntxhiab.

651-266-8500

[ramseycounty.us/coronavirus](https://ramseycounty.us/coronavirus)

 **RAMSEY COUNTY**  
Saint Paul – Ramsey County Public Health