

Cov tub rau khoom noj muaj cov khoom noj/cov khoom siv pub dawb rau cov neeg nqa mus tsev tau. Muaj ntau cov neeg tsav tshab tuaj nqa rau thaum lub sij hawm muaj tus kab mob COVID-19. Qee cov tub rau khoom noj tsuas muaj rau ntawm qee thaj chaw lawm xwb, thiab yuav tsum tau teem caij mus nqa, thiab thov ib daim ID, qhov chaw nyob. Thov hu mus ua ntej txog lub sij hawm thiab yog xav paub cov xov xwm tshiab.

Siv cov kev pab tam sim txog khoom noj uas nyob rau cov chaw tsi yog los ua lag luam yuav nyiaj yuav tsi muaj teeb meem rau koj li ntaub ntawv kev tuaj txawv teb chaws tuaj los sis yuav tsi suav ua kev pab los ntawm nom tswv.

Yog xav paub ntau txog kev pab khoom noj thiab chaw nyob mus rau lub vev xaib no:
ramseycounty.us/FoodResources

MN Tus Xov Tooj Hu Mus Nqa Khoom Noj

Muaj cov ntaub ntawv hais txog cov chaw rau khoom noj: SNAP/food stamps, cov tub rau khoom noj, cov chaw noj mov dawb thiab ntau yam. <http://www.hungersolutions.org/find-help/>
 1-888-711-1151

Hnub Monday- Friday | 10 teev sawv ntxov- 5 teev tsaus ntuj

Muaj kws txhais lus

Cov Chaw Nyob Hauv Saint Paul

Concordia University Food Shelf – Comet’s Cupboard
www.csp.edu/student-services/cometscupboard/
 651-641-8261

1282 Concordia Ave, 55104

Pab Concordia cov tub ntxhais kawm ntawv, cov neeg ua hauj lwm, cov tub ntxhais kawm yav tag los, los yog lawv tsev neeg; muaj pab rau Lex-Ham cov tswv cuab zej zog.

Yuav tau teem caij

Franciscan Brothers of Peace
<http://www.brothersofpeace.org/index.php/51-franciscan-brothers-of-peace/apostolates/emergency-food-shelf>
 651-646-8586

1289 Lafond Ave, 55104

Yuav tsum tau teem caij: hu thaum 9 teev sawv ntxov rau ntawm hnub

First Lutheran Church – Food @ First
www.eastsidefirst.com/
 651-247-8926 | pastor.chris@me.com
 463 Maria Ave, 55106

Greater Eastside Community Council
 651- 592-5326 | info@greatereastsp.org
 1380 Rose Ave, 55106

Hallie Q Brown Community Center
www.hallieqbrown.org/site/index.php/programs/basic-needs/
 651- 224-4601 ext. 210
 270 N Kent Street, 55102
 Yuav tau teem caij

Hamline University – Feed Your Brain
<https://sites.google.com/hamline.edu/feedyourbrain>
 651-523-2848 | foodaccess@hamline.edu
 1536 Hewitt Ave, 55103
 Pab Hamline tsev kawm ntawv cov tub ntxhais kawm ntawv

iHelp MarketSquare
 City of Reconciliation Church
 651-488-4463
 900 Dale St N, 55103

Keystone Community Services
 (Kev Pab Cuam Hauv Lub Zos Keystone)- Midway
<https://keystoneservices.org/food-shelves/>
 651-917-3792 ext: 3883

Fruit of the Vine: First Covenant Church
952-595-5980
1280 Arcade St, 55106

Keystone Community Services (Kev Pab Cuam Hauv Lub Zos Keystone)- Rice Street
<https://keystoneservices.org/food-shelves/>
651-487-2792
1459 Rice St, 55117

Merrick Community Services Gustavus Adolphus Lutheran Church
<https://merrickcs.org/>
651-287-2088
1669 Arcade St N, 55106 (Qhov Rooj 2A)

Merrick Community Services-Woodland Hills Church
<https://merrickcs.org/>
651-487-0001
1740 Van Dyke Street, 55109 (Qhov Rooj B)

Mt. Olivet Baptist Church
www.facebook.com/MtOlivet1922/
651-227-4444
451 Central Ave W, 55103

1916 University Ave W, 55104

Neighborhood House Francis Basket Food Market
<http://neighb.org/program/foodsupportprogram/>
651-699-0986
1293 Maynard Dr E, Suite 410, 55116

Neighborhood House Wellstone Center Food Market
www.neighb.org/program/foodsupportprogram/
651-789-3630
179 E Robie St, 55107

Open Hands – Midway
www.openhandsmidway.org/programs
651-646-6549
436 Roy St N, 55104

Salvation Army - East
www.centralusa.salvationarmy.org/northern/EastStPaul/programs-and-services/
651-776-8169
1019 Payne Ave, 55130

Cov Chw Nyob Hauv Greater Ramsey County

Maple Ponds Homes Neighborhood Center YMCA
651-773-2659
1854 Beebe Rd
Maplewood, 55109

North Saint Paul Food Shelf
www.nspafoodshelf.org/visit
651-770-1309
2538 E. Seppala Blvd,
North Saint Paul, 55109

Ralph Reeder Food Shelf
www.moundsvIEWSchools.org/foodshelf
651-621-6280
2544 Mounds View Blvd
Mounds View, 55112
Yuav tsum tau teem caij

St. John the Baptist Catholic Church Food Shelf
www.stjohnnb.com/community-outreach/food-shelf/
651-633-8333
835 2nd Ave NW,
New Brighton, 55112
Pab zej zog pawg ntseeg thiab cov neeg nyob ze thaj tsam ntawm.

Vadnais Heights Lions Club Food Shelf
www.e-clubhouse.org/sites/vadnaishts/page-8.php
651-746-4158
655 East County Rd F
Vadnais Heights, 55127

White Bear Area Emergency Food Shelf
www.whitebearfoodshelf.org/
651-407-5310
1884 Whitaker St,
White Bear Lake, 55110

Salvation Army - Lakewood

www.centralusa.salvationarmy.org/northern/maplewood/programs-and-services/
651-779-9177
2080 Woodlynn Ave,
Maplewood, 55109

Thaj tsam ib puag ncig (tsis yog nyob rau hauv Ramsey County)

Christian Cupboard Emergency Food Shelf

www.ccefs.org/need-help/
651-233-1296
8264 4th St N
Oakdale, 55128

St. Andrew's Community Center

www.saintandrews.org/serve/serve-care-locally/community-resource-center/
651-762-9124 | center@saintandrews.org
900 Stillwater Rd
Mahtomedi, 55115

Hugo Good Neighbors Food Shelf

www.hugofoodshelf.org/
651-528-6224 | info@hugofoodshelf.org
15106 Francesca Ave N
Hugo, 55038
Pab cov neeg nyob rau tus zip code 55038.