

Project Categories & Budgets

Ideas to get you started	Project Category	What is the policy, system or environment change that will be accomplished?	What can SHIP offer?
<p>Do you know a community that likes to garden and would like to have access to healthier foods?</p>	<p>Urban Agriculture</p> <p><i>*Note: if your project involves use of land, SPRCPH will ask for verification of ownership or permission to use the land</i></p>	<p>Focused on housing, religious or community organization to increase food access through environmental change, systems change, or a policy change for the organization to increase healthy food access and consumption for community members</p>	<p style="text-align: center;">Up to \$2000</p> <p style="text-align: center;">In order to:</p> <p style="text-align: center;">Purchase gardening supplies and materials</p> <p style="text-align: center;">AND</p> <p style="text-align: center;">Partner with UMN Extension and pay for engagement supplies and cooking demonstrations to help expand participation and health literacy (SPRCPH can help you connect)</p>
<p>Do you serve food for large communities of people?</p>	<p>Fix Your Community/Industrial Kitchen</p>	<p>Change your policy or procedure to support healthier food options and meal prep. Serve healthier meals to create healthier eating opportunities for a community.</p>	<p style="text-align: center;">Up to \$3000</p> <p style="text-align: center;">In order to:</p> <p style="text-align: center;">Purchase large equipment (like freezers or refrigerators) or small equipment (like dehydrators, display carts, steamers, etc.)</p> <p style="text-align: center;">AND</p> <p style="text-align: center;">Create policy or procedural changes within your organization (SPRCPH can help you figure this out)</p>
<p>Have you ever thought about offering healthier snacks or sugar-free drinks?</p>	<p>Revamp Your Vending</p>	<p>Create policy and environmental changes by supporting access to healthier drinks and snacks.</p> <p>Focus on community organizations that serves a large number of people (faith community, community center, etc.)</p>	<p style="text-align: center;">Up to \$2000</p> <p style="text-align: center;">In order to:</p> <p style="text-align: center;">Upgrade food/drink options in existing vending machines, particularly with water, to reduce the consumption of sugar-sweetened drinks</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Purchase a water filling station for your facility (must have an in-kind match for installation costs)</p> <p style="text-align: center;"><i>(continued on next page)</i></p>

			<p>AND</p> <p>Promote water drinking through a social marketing campaign (like Rethink Your Drink) and/or taste testing or other opportunities to increase healthy sales (SPRCPH can provide the resources)</p>
Do you want to improve your food shelf offerings to help guide people toward healthier options?	Food Shelf Fix	<p>Create policy, systems, or environmental changes at your food shelf/pantry in order to increase access to and consumption of healthier foods.</p> <p>Focus community: people who access food shelves or other emergency food support</p>	<p>Up to \$3000</p> <p>In order to:</p> <p>Purchase supplies like baskets, display items and signage</p> <p>AND</p> <p>Partner with SPRCPH to help tailor your work</p>
Do you want to increase access to alternative transportation?	Alternative Transportation Support	<p>Create policy, systems, or environmental changes supporting infrastructure change in the community, or advocacy for increasing access to alternative transportation in order to increase opportunities for active living.</p> <p>Focus community: schools, community organizations or greenspace in the community</p>	<p>Up to \$3000</p> <p>In order to:</p> <p>Encourage bicycle and pedestrian safety through the use of Walk! Bike! Fun! Curriculum in youth or other education-based programs</p> <p>OR</p> <p>Provide advocacy outreach through recreation centers.</p> <p>OR</p> <p>Engage youth or diverse voices in advocacy and leadership through participation in community advisory meetings, such as district council meetings, pedestrian or bicycling engagement sessions, Safe Routes to School meetings, etc.</p> <p>AND</p> <p>Purchase supplies/equipment for the community to use, such as: bike fix-it stations, bike racks, helmets, paint for pedestrian crosswalks, wayfinding signage or park benches.</p>
Do you have an active and engaged community group ready to start moving?	Active Spaces	<p>Create a healthier environment at your organization that supports your community members in living well.</p>	<p>Up to \$2000</p> <p>In order to:</p> <p>Purchase small exercise equipment in order to promote physical movement; small stipends are</p>

		Target community: apartment buildings, community centers, religious organizations	available to cover start-up costs; paint the stairs to encourage using them, signage, etc AND Create a policy or procedural change within your organization
Are you eager to do community engagement around healthy eating, active living and/or tobacco cessation with a community group, neighborhood, city, etc.?	Community Engagement	Use authentic community engagement to reveal community needs. Focus community: Community organizations, district councils or comprehensive plans at the city level	Up to \$1500 In order to: Purchase food for community engagement events, pay rental fees for meeting space, provide small stipends to cover start-up costs. AND Provide information to the community in the areas of healthy eating, active living and tobacco-free living. SPRCPH can provide the resources.
Ready to make your small market or corner store healthy?	Improve Your Corner Store	Focus on small, corner markets to respond to the menthol tobacco ordinance, and improve access to healthy foods	Up to \$3000 In order to: Improve your facility to encourage healthy food purchasing; signage, baskets, refrigerator displays AND Market healthy products to the community to encourage healthier selections, taste testing, etc.