

Your Body Wants To Move

9

- ter-est ed in talk.____ Don't for - get it or re-gret it. Simp - ly let it move!____

9 A m A m F G A m

Pno.

12

Steps it takes it shim-mies and shakes.____ You got-ta sweat!____

12 A m A m A m

Pno.

15

Feel bet-ter Min-ne-so-ta. Your dai - ly quo-ta cer-tain-ly could im-prove.____ 'Cause your

15 A m A m A m

Pno.

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18

bo-dy, yes your bo-dy wants to move! _____ Dance, bend, lift, sway,

18 A m A m A m A m

Pno.

22

run, reach, stroll. _____ Your bo-dy likes it when it gets to move! _

22 A m A m A m

Pno.

25

_____ Jump, stretch, twist, swing, stride, take a ride! _____ Re -

25 A m A m A m

Pno.

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28

lax... Then jump some jacks. ___

Pno.

28 Am Am Am

31

Take that first step. Do it to-day. ___ Feel bet-ter Min-ne-so-ta. Your dai-ly quo-ta cer-tain-ly could im-prove. ___ 'Cause your

Pno.

31 Am Am Am

34

bo - dy, yes your bo - dy wants to move!

Pno.

34 Am