

Refugee and Immigrant COVID-19 Help line



651-318-0989

Get answers

Multilingual navigators can answer questions in your language about:

- Staying safe during COVID-19
- Changes in the Stay Safe MN plan
- COVID-19 testing
- COVID-19 vaccine
- Quarantine and isolation
- Safety and support when a person has COVID-19
- COVID-19 safety at work.

Get help

Multilingual navigators and the Minnesota Resettlement Network can help you with needs such as:

- Finding and getting COVID-19 testing and vaccination
- Household needs during quarantine and isolation
- Navigating health care services and programs
- Basic needs
- Employment
- Help for kids struggling in school.

Leave a message in any language, at any time, and your call will be returned in your language during help line hours. No personal information is required to get answers to COVID-19 related questions.

Statewide help line: 651-318-0989
Monday through Friday, 9 a.m. to 5 p.m.