"Is there mention in a Parks or Health Ordinance or other rule/law about dumping of waste/recycling in or around parks areas?"

As to a cite that specifically deals with park areas, the answer is no for any of the ordinances that the Public Health Department enforces.

Please see the Solid Waste Ordinance, which does contain a cite that makes it a violation to illegally dispose of waste anywhere within Ramsey County except at an authorized site.

RAMSEY COUNTY SOLID WASTE ORDINANCE Section XII ILLEGAL DUMPING Subsection 1 Unauthorized Dumping. "It shall be a violation of this ordinance for any person to dispose of solid waste within Ramsey County at any place except at a solid waste facility authorized by this ordinance."