

PUBLIC OPEN PROGRAMS and ACTIVITIES January 4 - 10

Date	Time	Program	Facility
Monday - Friday	6:00 - 9:00 am	Walking & Running	Field 1 & 2
7 Days a Week	6:00 - 9:00 am	Fitness Weight Room	Weight Room
7 Days a Week	6:00 - 9:00 pm	Fitness Machines & Excerising	Dome Track
7 Days a Week	Any Dead Fields (Un-Rented)	Drop In Dome Activities	CALL for Availability
7 Days a Week	Any Dead Ice (Un-rented)	Drop In Ice Activities	CALL for Availability
7 Days a Week	Any Dead Fitness Rooms	Drop In Free Weights/Yoga	Weight Room
7 Days a Week	Any Dead Fields (Un-Rented)	Drop In Group/Team (12 person minimum)	CALL for Availability
MONDAYS			
TUESDAYS	9:30 - 11:30 am 11:30 - 1:00 pm 11:30 - 1:30 pm 1:30 - 3:30 pm	Dome Toddlers Home School/Daycare Adult Hockey 16+ Small Games Open Skating (Must have own skates)	Field 3 Rink 2 Field 3 Rink 2
WEDNESDAYS			
THURSDAYS	9:30 - 11:30 am 11:30 - 1:00 pm 11:30 - 3:30 pm 1:15 - 3:15 pm	Dome Toddlers Home School/Daycare Adult Hockey Dome Small Games Skating	Field 3 Rink 2 Field 3 Rink 2
FRIDAYS			
SATURDAYS	6:00 - 7:00 am	Walking & Running	Field 1 & 2
SUNDAYS	6:00 - 7:00 am	Walking & Running	Field 1 & 2
PUNCH CARD PRICING OPEN PROGRAM ACTIVITY PRICING AND RULES			
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Open Dome/Ice	NO ADMISSION ON ANY ACTIVITIES WITHOUT A SIGNED WAIVER ON FILE Onen Fitness /Walking /Running \$2 / nerson (Each wisit includes both walking and fitness workouts)		
\$50.00 = 11 Punches	Open Fitness/Walking/Running \$2 / person (Each visit includes both walking and fitness workouts) Open Dome Activities \$5 / person (Limited to 50 people per field)		
Open Fitness/Walk	Open Dome Activities \$5 / person (Limited to 50 people per field) Open Hockey \$5 / person (Limited to 30 players, Full Equipment Required, No Checking or Slap Shots)		
\$30.00 = 20 Punches	Open Skating/Hockey Lessons \$7 /person - Students & coaches each pay (Limited to 8 students on ice at a time)		
930.00 - 20 Fullelles	Drop In Open Dome/Ice \$7 / person (Unrented Field/Ice, No Organized Team Practices)		
Open Daycare	Drop In Group/Team \$7 / player for 10 +, \$7 / player 20+ (10-20 paid players per 1/2 field required)		
\$30.00 = 20 Punches	Open Public Skating \$3.00/person (Must have own skates)		
Open Dome Toddlers - Home School/Daycare \$2.00			
www.vadnaissportscenter.net - (651) 481-1000 - 1490 Cty Rd E East, Vadnais Heights MN 55110			
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