

Tamarack Nature Center

Backyard Bunch 2017 Newsletter

Welcome to Tamarack...

Communication

We want summer camp to be a great experience for everyone. Please make sure we have your current email and phone numbers (cell, work, home) so we can reach you in case of emergency. Please let us know if your child:

- Has a severe allergy. Please download and complete the Epinephrine and Benadryl Medication Order and Consent Form 2 weeks prior to first camp start date.
- Has any particular fears, allergies or physical limitations that would affect his/her experience.
- Will be carpooling with another family or will be picked up by someone else.
- Has recently stopped taking medication that would affect his/her behavior.
- Is on any medication we should know about.
- Potty-trained with the exception of helpful reminders

We will make every effort to inform you of your child's activities at camp and please do not hesitate to come to us with any concerns or questions.

Activities

All activities are child-centered, child-led unstructured play. What does that mean? The thought behind the concept of nature play stems from encompassing the knowledge of the natural world through the eyes of a child's sense of wonder, appreciation for the beauty &

mystery of the natural world along with the opportunities to experience being close to nature.

As naturalist, we set the stage with loose parts, and the play space that will enhance the theme of the day. From there the kids learn through play!



Drop Off and Pick Up

Check-in/out: Parents are required to check-in and check-out each child every day. The Backyard Bunch officially starts at 9:30 am. Check in/out is located in the My Nature Preschool play area on the right wing (north end) of the building.

Drop off & Pick up Times: Staff cannot accommodate children arriving early or being picked up late, campers may be placed in Before or After Camp Care for a fee. This camp is designed with the busy family in mind with semi-flexible drop offs starting at 9:30 am up to 10:15 am. Snack is at 10:30 am, please pack your child a healthy snack so they have sustained energy throughout the morning.

Pick ups can start as early as 11:15 am. Backyard Bunch is officially over at 12pm. If you need extra time and want your child to be a part of the **Lunch Bunch (free)** the last pick-up time is 12:30 pm. Please pack your child a lunch.

Lunch Bunch: Lunch Bunch is an optional part of the Backyard Bunch for your busy family. If you know that you need extra time that morning and want your child to eat at camp before pick up, please pack a lunch in addition to the small snack. Last pick up is at 12:30 pm.

Check the Lunch box at check-in.

Parking: Park in the main parking lot nearest to the North end of the building. Walk your child to the designated camp on the side of the building by the preschool outdoor play area. We appreciate your cooperation.

Before and After Care: Before and After Care is not available as an add on to this program.

Lunch and Snacks

Due to the increasing frequency and potential severity of peanut/ nut allergies, **please avoid sending any peanut/nut related food items.** We ask that you send food and beverages in a travel safe and insulated container marked with your child's name. Supervision during snack and lunch is provided. Refrigerated storage space is not available.

Snack— snack break begins at 10:30 am. Please bring a healthy snack for your child so they can have energy all morning.

Lunch Bunch – If you are choosing to have your child stay past the end of program and be a part of the Lunch Bunch, please send a substantial lunch, healthy snacks and beverages to keep their energy level high.

NORTH OAKS NORTH

Voted Best Summer Camp by Sun Focus Readers

What to Bring to Camp Each Day

Please mark all belongings with your child's full name and send along in a backpack or bag each day.

- Substantial lunch, healthy snacks and beverages
 If you are staying for a Lunch Bunch
- Refillable water bottle (filled with water)
- Hat to protect from sun and insects
- · Light jacket for cool mornings
- Extra set of clothing including shoes along with closed- toe shoes (no flip-flops)
- Rain gear, if necessary
- Sunscreen, wipes or lotion (no spray)
- Insect repellent, wipes or lotion (no spray)

Insect Repellent/Sunscreen

Please apply insect repellent and sunscreen to your child each day before camp. Please mark your repellent/sunscreen with your child's name (wipes or lotion - no spray). As an extra precaution, we recommend you check your child for ticks every day after camp.

Camp T-shirts Available

Tamarack Nature Center Summer Camp T-shirts are available in youth and adult sizes in multiple colors. Show your camp spirit by purchasing a T-shirt from the reception desk for only \$15.



Tamarack Director, Marcie Oltman, ext. 110 Camp Coordinator, Megan Nysse, ext. 102 Backyard Bunch instructor, Heidi ext 126

5287 Otter Lake Road White Bear Township, MN 55110 phone: (651) 407-5350 fax: (651) 407-5354 www.tamaracknaturecenter.org tamarack@co.ramsey.mn.us

Weather

Nature never stops, so during light rain or wind, activities will continue. During severe weather, children will be moved to a safe location. Children should be dressed in appropriate gear for outdoor fun!

On days when the heat and humidity are high, we bring out the sprinklers, hoses and the slip-n-slide for some old-fashioned summertime fun. We watch the weather forecast and let you know when to send along a towel, swimsuit or extra clothes.

In case of severe weather, children will be moved to the Forest Room of My Nature Preschool inside the building.

