

Updated Respiratory Virus Guidance

INCLUDING COVID-19, INFLUENZA (FLU) AND OTHERS

If you're not feeling well, stay home and away from others.



After symptoms improve and fever is gone for 24 hours, use the prevention strategies below for five days.



WAYS TO STOP THE SPREAD OF VIRUSES:

IMMUNIZATIONS



HYGIENE



STEPS FOR CLEANER AIR



TREATMENT



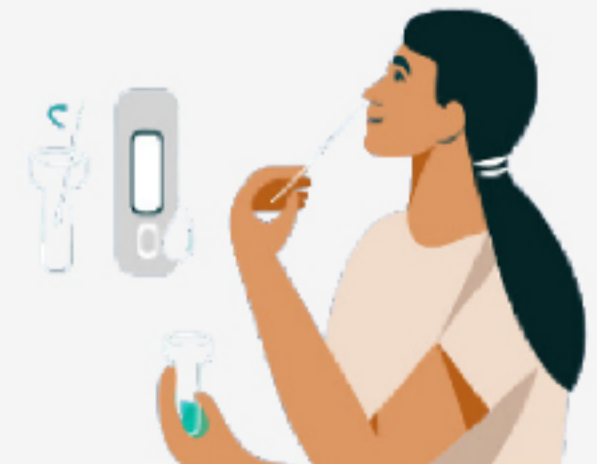
MASKS



DISTANCING



TESTS



Use more than one strategy to stop the spread!