

North Stars

1. **North Stars:** “Co-design alternative law enforcement response with community”

Workforce solutions

Matching people to opportunities to their life journey

Matching people to their development, best job journey, financial self-sufficiency

Job opportunities to gainfully support their well being

2. **North Stars:**

Across-Systems

Working with all of the systems and how they relate to each other

- For example, a young person in foster care is related to how they grow in the foster care system, how they are educated and how skill development happens (workforce systems) and financial assistance and how they provide for themselves.

**County doesn't need to do it all, but they do need to coach and teach

Nancie who works with the 911 team

Has been connecting with community members

Asking community members for their lived experiences with 911 and safety responses so that the county and team can give more appropriate responses in need

Co-development with community on public safety

Matching County residents to their best life journey to gainfully support their well-being

- Enhance employment training & job opportunities
- Make strategic investment in youth employment services

Group felt strongly that more flexible investments in young people is critical. Many need more wrap around services and need to look at system more holistically. We need to make human resource investments and see investing in young people as a path to a better future but also a way to keep people out of systems. Too often the system makes people feel bad to receive services like they are getting handouts. This needs to change. Felt many of the north stars could be wrapped up in the themes of the two above.

3. **The North Star** we identified was: Expand community-based mental health responses to end the criminalization of mental illness.

4. **North Stars.** Divergent Programs. Reduce Pre-conviction custody.

Focusing on shovel ready programs. Decision on bail reform. Get rid of suspended

driver's license problems. Help things be successful, Radical Ideas. New Intentional lens.

Presentencing work reform committee work to TST? Diversion, need more discussion.

Establish Electrical Home Monitoring as an alternative to incarceration or detaining.

5. **Mental Health Well-being; Public Health**

Placeholder Example North Star: Healing and Culturally responsive community-centered wellness services

Resource family focused substance abuse prevention

Co-design emotional, spiritual and mental health support with community

Fund culturally specific substance use services in community

Visiting healthcare professionals

Expanding community-based mental health responses

Mental health services for ACES impacted youth

Mental health services targeted for community corrections

Provide alternative to Jail and ER for mentally ill

Develop culturally specific strategies for mental health

6. Child Protection and Foster Care

133 Areas. 9 different components

Where do they fit?

Barriers where systems are not getting it right?

- i.e. Child Protection & Foster Care
- Public Health
 - Mental Health
 - Well-Being

Reform, Reconstruct, Restore

We want our families intact and well supported. Changing perspectives and thinking more broadly about how we define family. Culturally, the village that it takes to raise a child; is our families and our communities. Being raised by community and the support networks that can, and that loves us.

Re-evaluate mandates and practices.

How's the money being spent? Dollars and other resources to help Foster families vs. using those same dollars to keep families together. Providing culturally specific services.

7. Culture and Mental Health and Well-Being

Kee Vang & Martin Hernandez

North Star selected: Healing and Culturally responsive community-centered wellness services,

Notes

- Dealing with mental health disparities does not mean just throwing money at the issue.
- What is most beneficial to the community?
- Mental health services not culturally responsive
- Community healers is different type of healing
- Community healers needed (like *shamans* in Hmong and Indigenous communities or *curanderos* in Latino communities) rooted in religious and/or other practices.
- What is missing in mental health services is a human connection.

8. Financial Equity and Mental Health Equity