

# Domestic Violence Specialist Training: Day 2

Presenter:  
Abby  
Legal Advocate  
&  
Training Coordinator

# What we will cover today:

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- ◉ DV Quick Review
- ◉ Local Resources for referrals
- ◉ Role of DV Specialist, Advocates, and Employment Counselors
- ◉ DV Scenarios and Exercises
- ◉ Communication and Support

# Domestic Violence Review

# Just One Thing...

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- ◉ One fact you remember
- ◉ One thing that surprised you
- ◉ One thing that made you think
- ◉ One thing you took away from yesterday





# Ellen Pence: The Power and Control Wheel

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# Enough

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- While watching, use the Power and Control wheel to identify the tactics used by Jennifer Lopez's husband.
- Worksheet



# Blueprint and F.L.A.R.E.-U.P.

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# DV Resources & Culturally Specific Referrals



# DV Advocacy Agencies

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## ● **St. Paul and Ramsey County Domestic Abuse Intervention Project**

- Serves St. Paul
- Women's agency
- 651-645-2824

## ● **Tubman Family Alliance**

- Serves suburban Ramsey County along with Hennepin and Washington County
- Family agency
- 651-770-0777

# DV Advocacy Agencies

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## ● **Casa De Esperanza**

- Culturally specific serves for the Latina community
- Shelter
- 651-772-1611

## ● **Women of Nations** (*Eagle's Nest*)

- Culturally specific services for the Native American community
- Shelter: Eagle's Nest
- 651-222-5836



# DV Advocacy Agencies

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- ◎ **Asian Women United** (*House of Peace*)
  - Culturally specific services for the Asian Community
  - Legal Advocacy, Supportive Services, & Shelter
  - 612-724-8823
  
- ◎ **Outfront Minnesota**
  - GLBT specific services
  - Legal Advocacy, Social Justice, & Counseling
  - 612-822-0127

# Male Victim Resources

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## ● **African American Family Services**

- Counseling and support for African American men in crisis
- 612-871-7878

## ● **Cornerstone**

- Shelter for men, counseling, 24 hour crisis line
- 952-884-0330

## ● **Division of Indian Works**

- Support and services for Native American men
- 612-722-8722

# Male Victim Resources

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## ● **La Oportunidad**

- Support and education to address cultural perspectives and factors surrounding patterns of violence
- 651-646-6115

## ● **Men's Center**

- Support groups for men
- 612-822-5892



# Male Victim Resources

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## ● **Outfront Minnesota**

- Serves the GLBT community
- 612-822-0127

## ● **The Men's Line**

- 24 hour phone counseling and referrals
- 612-379-6367

## ● **Tubman**

- 24 hour crisis line 651-770-0777
- Counseling 612-825-3333



# Domestic Abuse Programming

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- **La Oportunidad**

- 612-872-6165

- **Bob Kelly DA Program**

- 651-430-8005

- **My Home Inc: Men's Anti-Violence**

- 651-659-0359

- **Domestic Abuse Project**

- 612-874-7063

# Counseling

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- Couples Counseling **DOES NOT WORK** in couples where there is domestic violence
  - When one partner is using violence and coercion to get what they want they will use the information during the counseling session to continue their control.
  - Couples counseling can only work when both partners feel free to express their issues, concerns and desires freely. If one partner exerts power and control over the other there is no basis for counseling that is free from fear and intimidation.

# Counseling

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- ◎ **Crisis Connection**: 24 hour confidential counseling information and referral
  - 612-379-6363
- ◎ **Breaking Free**: Direct services for prostituted women and girls.
  - 651-645-6557
- ◎ **Chrysalis**: Group and individual counseling and therapy
  - 612-871-0118



# Counseling

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- ◎ **C.L.U.E.S.** (*Chicanos Latinos Unidos En Servicios*): Individual, family and group counseling in Spanish and English
  - 612-746-3537
- ◎ **Face to Face**: Youth Support Group, females ages 11-23
  - 651-772-5555
- ◎ **Division of Indian Work**: Native American women, family and youth groups
  - 612-722-8722



# Counseling

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- ◎ **Domestic Abuse Project**: 24 hour crisis line, counseling, support groups for adults and children
  - 612-874-7063
- ◎ **Family and Children Services**: Counseling and therapy services for children, youth and families
  - 612-339-9101

# Counseling

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- **Sexual Offense Services (S.O.S.):**  
Support groups and advocacy for victims of sexual assault
  - 651-643-3006
- **Wilder Violence Prevention & Intervention Services:** Groups for victims and abusers. Groups for children who have lived in violent homes
  - 651-280-2309/651-287-2400

# Support Groups at SPIP

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## ◎ St. Paul Intervention

- Wednesdays 6:00-8:00pm

## ◎ Latina Support Group

- Thursdays 5:30-7:30pm

## ◎ Older Women's Groups

- 1st and 3rd Wednesdays 1-3pm in Maplewood
- 2nd and 4th Tuesdays 1-3pm in St. Paul

Break



# The Different Roles



# The Roles

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- ◉ Employment Counselor
- ◉ Domestic Violence Specialist
- ◉ Domestic Violence Advocate

# Employment Counselor

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**Goal:** Have participants successfully complete the MFIP Program within in the 60 month time clock.

**Barriers:** Identifying barriers that the participant and their families are facing.

**Plan:** They create an Employment Plan with the participant and track the Participant's progress.

**Execution and Adjustments:** Keeping the participant on track and holding the participant accountable for their progress and growth.



# Domestic Violence Specialist

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**Goal:** To collaborate with the Employment Counselor and the Participant to create an EP that focuses on the safety of the victim and their family.

**Barriers:** Identify obstacles in the participants current EP and what can the EP do to keep the victim safe.

**Plan:** Create and an EP that is safety centered while being a realistic EP.

**Execution:** Continue to reevaluate the EP while the Participant is on the DV Waiver while continuing to focus on safety and independence.



# Domestic Violence Advocate

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**Goal:** To support victims of domestic violence. Provide knowledge of their rights and the choices that are available to them while trusting their decision making.

**Barriers:** Identify barriers through out multiple systems that victims face.

**Plan:** Create a safety plan tailored to the victim and help her to continue changing the plan based on the changing circumstances.

**Execution:** Providing up to date information, options, and support through out the victim's journey to safety along with empowering victims in their choice making.

# Policy and Procedure



# DV/Family Violence Waiver

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## ◉ Who Qualifies?

- A client who has an act or a combination of acts such as: physical harm, bodily injury or assault, the infliction of fear of imminent physical harm, bodily injury or assault, terroristic threats, criminal sexual conduct committed against or committed by a family or household member.



# DV/Family Violence Waiver

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## ● **Family or Household members are:**

- Spouses or former spouses
- Parents and children
- People related by blood
- People who are residing together or who have resided together in the past
- People who have a child in common
- If a woman is pregnant and the man alleged to be the father
- People involved in a current or past significant romantic or sexual relationship



# DV Waiver Plan

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## ● **What does the Waiver do?**

- Stops the MFIP 60-month time clock
- If a client is determined to be eligible they also meet the eligibility criteria for Family Stabilization services

# Requesting DV Waiver

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## ◉ Job Counselor Responsibility

- Once a client reveals to you that they are experiencing DV the counselor must refer client to a person trained in DV if the they are not already working with a DV Advocate.
- Counselor **MUST** ensure that client has that access.
- The counselor and the DV Specialist must assist client in developing an EP.
- Once the plan has been approved the Counselor must inform the Financial Worker.

# Documentation for Waiver

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- The Financial Worker or Job Counselor should advise the client in what documentation they will need for this waiver.
- The county must assist the client if they are having difficulty getting these
- **DO NOT** require the client to comply with the regular Employment Services activities or ES sanctions while client is obtaining documentation.



# Documentation

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- **All are acceptable but the client only needs for verification for the DV Waiver**
  - Police, government agency, or court records
  - Statement from battered women's shelter staff person or a sexual assault or domestic violence advocate with knowledge of the circumstances
  - Statement from a professional from whom the client has sought assistance about the abuse
  - Sworn statement from the participant
  - Sworn statement from any other person with knowledge of the circumstances



# Person Trained in DV

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- A “person trained in domestic violence” is a person who works for an organization designated by the Minnesota Center for Crime Victim Services as providing services to victims of domestic violence, a county staff person who has received similar specialized training or any other person or organization designated by a qualifying organization.

# Person Trained in DV

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- A person trained in domestic violence could also be a county or Employment Services staff person who previously received training as an advocate while working at an organization designated by the Center for Crime Victim Services, or it could be someone from Legal Aid or another agency who has been designated by a qualifying organization. Each county must identify locally trained people in order to ensure access for all MFIP participants

# Person Trained in DV

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- **For information about the DV agencies in your area contact**

- Minnesota Center for Crime Victim Services
  - 1-888-622-8799



# DV Waiver Extensions

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- All waiver participants are eligible for an extension
- The client must verify abuse
- These clients are considered participants of Family Stabilization Services (FSS) and are **REQUIRED** to develop an EP for FSS Participants and follow FSS requirements



# DV Waiver Extensions

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- The main goal is to ensure the safety of the client and the children.
- The job counselor or FSS case manager do have the final approval for the EP.
- The EP must be approved before the extension is approved.
- The client must comply with the plan to continue to receive the extension.

# Non-compliance

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- Meet with the client and a DV Specialist to go over whether the plan is still appropriate and is meeting the safety needs along with the EP
- Make changes if needed to the EP

# Lose of Eligibility

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- If the DV Specialist believes that the EP is still appropriate and the client continues to not comply, client loses the waiver.
- If it is determined that the client is to lose the waiver the financial worker needs to be notified immediately.



# Collaboration





# Collaboration

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## ● **The Process:**

- The participant shares with their Employment Counselor that they are a victim of domestic violence.
  - The Employment Counselor fills out the Family Violence Referral.
- The Domestic Violence Specialist helps with the Waiver and coming up with an employment plan that is focused on safety.
  - The Family Safety Employment Plan is filled out.
- Through a referral from the DV Specialist, the victim/participant is connected with a Domestic Violence Advocate.
  - Provides confidential service and support to the victim.

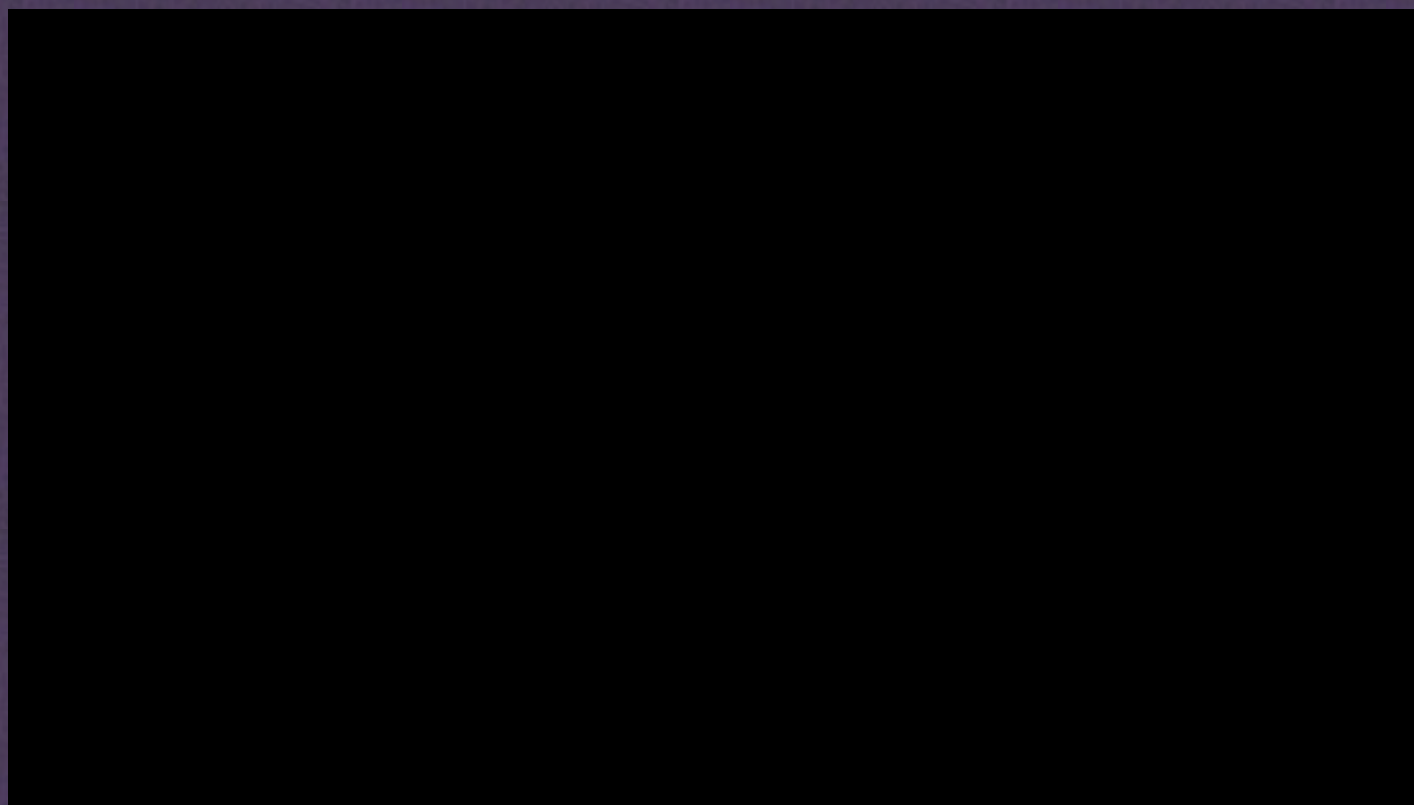
# Collaboration

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- **Employment Counselor:** Focus on the EP and meeting requirements for financial independence.
- **Domestic Violence Specialist:** Focus on safety of the participant and their family while creating an EP with the Employment Counselor. Discussing resources and options to keep the participant safe.
- **Domestic Violence Advocate:** Only with consent from the victim can an advocate give input into this process. Advocates can always provide general guidance and knowledge of systems to the DV Specialist or Employment Counselor

# Jackson Katz: It's a men's issue

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Lunch



# Communication and Support



# What do I say?

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- At first you may not have to say much.  
Listening to the participant and asking open questions about what they have shared.
- Validating their experience.
- Be sincere and honest while listening and asking questions.

# What to say?

## **DO'S**

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- ◉ Openly listen
- ◉ Validate their experience
- ◉ Thank them
- ◉ Express concern
- ◉ Empower and Encourage
- ◉ Be honest about their options

## **DON'TS**

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- ◉ Negatively judge
- ◉ Question if it happened
- ◉ “You’re wasting my time.”
- ◉ Disregard their concerns
- ◉ Discourage
- ◉ Tell them they only have one option



# What if I say something wrong?

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- Being thoughtful in the questions and the support you give will help to avoid this.
- Most participants won't mind you asking if you are sincere and open about in the way you ask.
- Let the victim know that you appreciate that they shared the DV with them.
- Acknowledge that you may not fully understand what they have gone/are going through BUT you are there to help.



# Exercise

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- ◉ Count off
- ◉ Get into groups and reenact the Client scenarios.
  - **Employment Counselors:** Fill out the Family Violence Referral
  - **DV Specialists:** Fill out the Family Safety MFIP Employment Plan
  - **Participant/Victim:** Share input

# Exercise

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- ◉ What went well?
- ◉ What didn't go well?
- ◉ What were some challenges?

# The Story of Rachel

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- ◉ The Criminal and Civil Justice Systems and how it effects the Victim
- ◉ What were some barriers that Rachel was facing?
- ◉ Identify some tactics that you heard by the abuser.

Break



# If the Roles Were Reversed

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## ◉ Scenarios Exercise

- Questions to think about after each scenario:
  - How do you feel about yourself, your family, your children, your relationship?
  - How do you feel about your safety?
  - What would you do or be your next step?
  - Who would you have for support?
  - If this was happening to a friend, family member or a community member, what advice would you give?

# Questions and Comments

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- Thank you for the last two days! It was a lot of learning in a short period of time
- For any future questions please call