

Motivation Driven Practice Core Elements Observation Guide

Facilitate assessment by exploring participant strengths and priorities, not by looking for barriers + Engaging the full family

[Watch the video about these core elements](#)

Facilitate assessment by exploring participant strengths and priorities, not by looking for barriers

Behaviors or characteristics	Observations
What to look for	What I hear and see
Exchange between coach and participant demonstrates engagement	
Focus of the interaction is on the person more than the tool	
Exchange is conversational rather than interview-style	
Coach shows curiosity rather than “fact-finding”	
The assessment process is oriented around drawing out insights, motivation, and goals	

Engage the full family

Behaviors or characteristics	Observations
What to look for	What I hear and see
Uses curiosity and open-ended questions to learn about the participant's definition of family	
Coach is aware of personal values and bias and avoids allowing them to interfere in service delivery	
Broadening service planning with the participant and proactively looking to include the whole family	
Seeks opportunities to connect the participant and their family to meaningful and culturally responsive resources	
Reinforces a parallel process of goal setting through participant modeling in their own family	

Self-reflection:

Strengths: What went well?	Growth opportunity What could I improve?
1. 2. 3. 4.	1.