

Motivation Driven Practice Core Elements Observation Guide

Using a Coaching Skillset to Facilitate Goal Achievement

[Watch the video about these core elements](#)

Behaviors or characteristics	Observations
What to look for	What I hear and see
Demonstrate the Spirit of Motivational Interviewing: Partnership, Acceptance, Compassion, Evocation	
Utilizes OARS (Open Ended Q's, Affirmations, Reflections & Summaries) through accessible language to engage and facilitate goal setting	
Evokes participant motivation to focus on, prioritize, and commit to a goal and visualize the outcome	
Is attentive and responsive to sustain talk and change talk from the participant	
Helps the participant develop their own specific plan, identify potholes and detours and accountability partners	
Strives to be client centered and responsive to social and cultural identities of the participant and their family	

Self-reflection:

Strengths: What went well?	Growth opportunity What could I improve?
1.	1.
2.	
3.	
4.	