Goal4 It!™

My Goal Plan	MY NAME DATE / / MY SIGNATURE
GOAL WHAT DO I WANT TO DO?	REVIEW HOW DID IT GO?
VISUALIZE THE OUTCOME	WHAT DID I LEARN?
PLAN HOW & WHEN WILL I DO IT?	DO
POTHOLE THAT IS WITHIN ME:	REVISE WHAT DO I DO NEXT?
DETOUR:	